

*UNIVERSITY  
FOR  
MAN*

*SUMMER  
1976*

# ABOUT THE ART

In the following pages you will find what we hope are enjoyable examples of the art of rubbing -- the technique of transferring embossed or engraved designs from textured surfaces onto sheets of paper.

Through this departure from recent "Semesters" use of photographs for the "brochure art" we hope to share examples of what we have found to be an inexpensive, expressive and fun leisure activity, in addition to making a more lovely catalog.

People around the world have been making rubbings for centuries. Some of the most beautiful that have recently received international

acclaim are those made from Thai and Cambodian temple decorations. The recent revival of the art in the West has manifested itself on a wide variety of subjects -- from rubbings of old tombstones and historical commemorative plaques to rubbings of manhole covers and doorknobs.

Rubbing enthusiasts use colored chalks, waxes, charcoals, pencils and crayons to capture and emphasize the texture, form, and character of the "rubees". The examples seen here were made with graphite and wax. The types of paper used are as varied and important in enhancing the artistic beauty of the design as the coloring tools, and range from newsprint to rice paper.

## Teachers Wanted

University For Man needs teachers particularly in the following areas for Fall courses:

Basic Plumbing  
American and Foreign Car Repair  
Folk Guitar  
Natural Eye Improvement  
Nature/Outdoor Recreation  
Holistic Health  
Bookkeeping  
Dance (any style)  
Mime  
Gardening  
Pottery  
Graphics  
Languages  
Shiatsu Massage

Relaxation Techniques  
Yoga (any type)  
Meditation  
Interior Decorating  
Low-cost Housing  
Consciousness Raising  
Martial Arts  
How to Build Greenhouses  
How to Build Teepees  
Wilderness Survival  
Harmonica  
Banjo  
Communication Skills  
Assertive Training

If you have any skill, interest, or tidbit of knowledge that you would like to share with others, please give UFM a call at 532-5866 or drop by the UFM House, 615 Fairchild Terrace.



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Returning to College?

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Heritage of Kansas  
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Manhattan in Pictures  
Existing Log Cabins

Manhattan Singles Club  
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Kansas State University is committed to a policy of non-discrimination of the basis of sex in admissions, educational programs or activities, and employment, as required by Title IX of the Education Amendments of 1972. Inquiries may be addressed to: Dorothy Thompson, Director, Affirmative Action for Women, K.S.U., 206 Fairchild Hall, Manhattan, Kansas 66506, 913-532-6220.

# COMMUNITY

## A PERSONAL CELEBRATION OF THE BICENTENNIAL

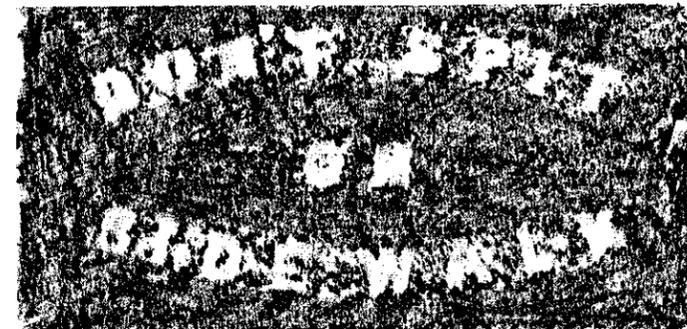
David Fly 537-0593  
Thursdays, 7:30pm  
Length: 4 weeks  
First meeting: June 17  
Location: Baptist Student Center  
1801 Anderson Ave

Bring a photograph of your family together with knowledge about your family's migration to and through this country. Also bring favorite family stories and legends. By examining our own personal roots we will celebrate our own unique involvement in this country's history.  
(David is the Episcopal Chaplain at KSU.)

## LIVING/LEARNING SCHOOL OPEN HOUSE

Dave Hursh 539-1677  
Sue Sandmeyer 776-5339  
Sunday, 2-5pm  
Length: 1 time, June 27  
Location: 709 Bluemont

Manhattan's first community open school is beginning this summer and invites the community to an open house to view the physical structures and spaces, equipment, projects, methods of academic and enrichment scheduling, and evaluation. Staff and parents will be on hand to describe the school and answer questions. Interested people may come and leave as they please. The summer session is June 14 - July 23. The 1976 - 77 school year begins August 26.  
(Dave and Sue and the creators of and teachers in the Living/Learning School.)



## SINGLE PARENTS

Carol Haunschild 539-4800  
Margaret Nordin 532-6432

Monday, 3:30pm  
Length: indefinite  
First meeting: June 21  
Location: KSU Union, #207

In marriage, many solutions to child rearing and simple survival skills are built in. As a single parent, it's harder to find those solutions. Adequate child care, time and energy management, feelings of loneliness, and fears about certain behaviors of children are a very real part of single parenthood. This group will center in on the hassles, using resource people to assist. The first meeting will be on Monday evening, but future meetings will be determined by the group. (Both Carol and Margaret have been involved in starting a single parent's group here.)

## KANSAS 2000

Dave Ayers 539-3859

Tuesdays, 8pm  
Length: indefinite  
First meeting: July 6  
Location: UFM living room  
615 Fairchild Terrace  
Limit: 20

This class will examine the trends and needs of Kansas in the next quarter of a century. This is a speculative topic and any insights by residents of the community will be appreciated.

## PRESIDENTIAL POLITICS 1976

Dave Ayers 539-3859

Wednesdays, 8pm  
Length: indefinite  
First meeting: July 21  
Location: KSU Union, #207

We will reflect upon and speculate about the presidential campaign of 1976. No holds barred. All the major candidates' campaigns will be discussed.  
(Dave will attend the Democratic National Convention and was the 2nd District Coordinator for Fred Harris.)

## MANHATTAN SUMMER CANDIDATE FORUM

Dave Ayers 539-3859

Sign up at registration and you will be contacted as to the time, date, place and first meeting.

1976 is an election year not only on the national level but also on the local and state level. We hope to present a forum with participating candidates for the Kansas legislature and other local elections. This forum could allow Manhattan residents to meet and talk with the candidates. Agenda for the forum will be announced.

WILL THERE BE AN EPISCOPAL CHURCH AFTER SEPTEMBER:  
A STUDY IN INSTITUTIONAL POLITICS

David Fly 537-0593  
Wednesdays, 7:30pm  
Length: 4 times  
First meeting: June 16  
Location: Baptist Student Center  
1801 Anderson Ave

The highly publicized controversy about the ordination of women into the priesthood will be decided at the Episcopal Church Triennial Convention in the fall. We will be focusing our discussions not so much upon the womens' issue itself (as the leader's position is blatantly for the ordination of women) but rather upon the controversy as a political movement within the Church institution. Topics will include history of the women's movement, what is happening in preparation for the Convention, and what is likely to happen to the Episcopal Church after September.  
(David is the Episcopal Chaplain at KSU.)

ECONOMIC DEMOCRACY

Dean Dagg 539-8072  
Wednesday, 8pm  
Length: 1 time, June 30  
Location: 1947 College Heights Rd, #101C  
Limit: 10

We will examine and discuss the reality and/or fantasy of the American Dream. Possible topics for discussion include: how "politics" affect our economic system; who really owns America, and the effects of corporate power.  
(Dean has his M.A. in political science from Ft. Hays State and was active in the Harris campaign.)

TRAFFIC LAWS

Don Weiner 776-6091  
Monday, 7:30pm  
Length: 1 time, June 21  
Location: KSU Union, #206a  
Limit: 25

This class will deal with the hassles involved in "being stopped by the police." Topics to be discussed include bonding, legal rights, and court experience relating to the "accused."  
(Don is an attorney and has been in the community for 4 years.)

ESTATE PLANNING FOR YOUNG MARRIEDS

Henry Otto  
Don Weiner 776-6091  
Tuesdays, 7:30pm  
Length: indefinite  
First meeting: June 29  
Location: KSU Union, #206a  
Limit: 20

This course will include discussions of family financial goal-planning using such legal devices as wills, trusts, etc. The importance and role of joint tenancy will also be explained.  
(The leaders are both attorneys with general practice experience.)

SOCIALIST STUDY GROUP

Lee Flamik 539-3245  
Wednesdays, 7:30pm  
Length: indefinite  
First meeting: June 16  
Location: KSU Union, #207

A group is forming to study a variety of perspectives on socialism, including the ideologies of Marx, Lenin, Mao, and the views of the Democratic Socialist Party as seen by Michael Harrington. The course is intended to provide an open forum for discussion of all socialist viewpoints. One topic for discussion will be socialist perspectives of the 1976 presidential campaign - other discussion topics will be decided by the group. Anyone interested in socialism is encouraged to attend the first organizational meeting.  
(Lee, a graduate student in sociology, along with other KSU students and faculty recently laid the groundwork for this group.)

WHAT IS MONTESSORI?

Kathleen Hursh 539-1677  
Sunday, 7:30pm  
Length: 1 time, June 27  
Location: 503 N. 6th St  
Limit: 15

I would like to share the joys and the magic I feel while working with young children using some ideas and methods devised by Maria Montessori. We will meet in a preschool equipped with Montessori materials and can talk of the early history of the Montessori approach and its growth; the different areas of the classroom environment and the purpose of the equipment in the development of the whole child.  
(Kathleen taught two years in a Montessori school in Omaha, Nebraska. This January she opened a preschool which uses some Montessori materials and methods.)

IMPROVEMENT OF NURSING HOMES

Caroline F. Peine 532-6432  
Mondays, 8pm  
Length: indefinite  
First meeting: June 28  
Location: 505 Oakdale Drive

I would like to meet with persons who are concerned about standards of nursing home care and who would be interested in working as a group towards improving the situation at any of the area facilities. If you are interested, bring your ideas and we will discuss this important issue.  
(Caroline's mother has been in a home for 2½ years and she has continuing concerns.)

CONTINENTAL WALK FOR DISARMAMENT AND  
SOCIAL JUSTICE

Steve Ernst 532-5866  
Walt Lane  
Dave Ayers

The Walk will be coming through Junction City and Manhattan about July 10, and then on to Wamego. We need support, ideas, and walkers! Sign up and you will be contacted by one of the Walk's organizers.  
(Steve and Dave are on the UFM staff and Walt has been active in local political campaigns.)

RETURNING TO COLLEGE?

Margaret Nordin 532-6432  
Wednesdays, 3:30pm  
Length: indefinite  
First meeting: June 16  
Location: KSU Union, #207

Have you thought about starting or returning to college after being out of school for several years? Are you wondering whether you have the time, money, ability or physical energy to do so? What will your family and friends think of you? Come share your hopes (and doubts) with others, including several persons who have returned recently to KSU and survived.  
(Margaret is with the Center for Student Development at KSU and is the faculty advisor to the Women's Resource Center.)



Carol Chelz

# RILEY COUNTY MUSEUM Bicentennial Series

Every Tuesday evening from 8pm to 8:50pm in the Gold Room adjacent to the Riley County Museum, the Riley County Historical Society and the Museum will present a program on the history of Riley County and Kansas, as a part of our observance of our heritage of history during this American Bicentennial year. These meetings are open to the public. Please tell your Friends!

- June 8 - RANDOLPH - This area will be presented in two series of slides collected by Mr. & Mrs. Leroy Hagenmaier and Mr. & Mrs. Arthur Wilhelm.
- June 15 - THE HERITAGE OF KANSAS - A presentation with slides which will include the pioneer spirit, the "good earth," the faith of Kansas (with music), and some writings of Emily Velen Johnson on Riley County. Presented by Doris and Leona Velen
- June 22 - TURBINES WESTWARD - The story of the Union Pacific Railroad and its use of this particular type of engine. The story of Manhattan, and of Kansas is closely tied in with the story of the

Union Pacific. Thomas Lee should have his new book of the same name as the program by this time, and will be willing to autograph copies.

- June 29 - MANHATTAN IN PICTURES, 1859 - 1976 - This presentation will include slides which were not shown at the RCHS meeting where part of the collection was shown. So far, about 100 groups and classes have seen this presentation of slides. Presentation by Jean Dallas, Museum Director & Curator.
- July 7 - EXISTING LOG CABINS IN KANSAS - Prof. William Koch has made a study of structures over a period of several years, and this program will present slides and the story of his findings. This will be the summer dinner meeting of the RCHS. Dinner is at 6:30pm in the Wareham Hotel Terrace Room. Any interested person is invited to attend the 7:30pm program.

#### MANHATTAN SINGLES CLUB

Linda Shapiro 776-6135  
Jim Mitchell 539-7928  
Chuck Jones 537-9288

This is an ongoing group for all singles 22 and older. Our activities have included dinners, parties, trips to plays, picnics, rap sessions, and special activities for various interest groups such as bridge, tennis, etc. You will be contacted by one of the people listed above for specific time and meeting place.

#### COSMOPOLITANS' FRIDAY NIGHTS

Jim Lackey 539-4281

Fridays, 8-11pm  
Length: 7 times  
First meeting: June 11  
Location: United Ministries Center  
1021 Denison Ave

For those International and U.S. students and friends who want an informal evening together - the UMHE Center will be open each Friday night. (Jim is a campus minister with United Ministries in Higher Education.)

#### BIG BROTHER/BIG SISTER

Dick Smith 776-8074  
Mike Dikeman 776-7315  
JoAnn Luerhring 539-9225

Raising a child alone? From the divorce or separation which divides a family, or the loss of a parent by death, it is the child who suffers the most. Children in such circumstances require the utmost in love, understanding and sound guidance. If you are 18 years of age, mature, married or single, and able to give at least a one year commitment to a child in such a situation, we would like to hear from you. Caring, is sharing yourself. The need is great. Helping a child along the road of life is a unique experience. (Dick, Mike and JoAnn have been with the program for quite awhile.)

#### EVENING CHILD CARE

For several years we've heard requests for a quality evening child care center from people who had part-time jobs at night, people who wanted to take or teach UFM classes or simply wanted an occasional night out. We have been working on this project for almost a year and have finally had a breakthrough! We have found a home at the Sunwheel Children's Center, 503 N. 6th, and have applied for our license to operate a child care center for children 2½-12 years of age. We hope to open as soon as UFM's semester gets underway. The cost is 50¢ per hour per child and the times are 6:30-10pm Monday through Friday. Parents may register children for one night or five if they want. Kathleen Hursh is our program director.

#### RAPE CRISIS CENTER

Caroline F. Peine 532-6432  
Mondays, 8pm  
Length: indefinite  
First meeting: June 21  
Location: 505 Oakdale Drive

I would like to explore the interest in or need for a Rape Crisis Center here in Manhattan. If you feel there is a need and/or would be interested in helping establish such a center, plan to bring your ideas and we will discuss the possibilities. (Caroline has been involved in rape prevention and would like to assess the need for additional work in this area.)

#### DROP-IN DRUG CENTER

John Simonis  
Ed Oliver  
Rose Cason

The "Drop-In" Community Drug Center would like to be more effective in providing counseling, crisis hotline, educational presentations, and consulting services to this community. We need volunteers from various backgrounds. Volunteer meetings are Thursday, 6-8pm, and the Center is located at 328-A Poyntz and is open from 3-6pm weekdays. For more information call the Center at 776-6245.

#### COMMUNITY INFORMATION CENTER

CIC is a project designed to link up people and the human services available to them in the Manhattan area. If you are in need of information of any kind of human service, call 776-7776 or stop by the Manhattan Public Library.

#### THE LEARNING EXCHANGE

The Learning Exchange (LX) will not be operating this summer, however, it will provide the names of resource people listed in its file. What is the Learning Exchange? It is a constantly updated "active" file of resource people who are willing to learn, teach, or share their interests in a wide variety of topics. They'll file your name according to what you want to learn, teach or share and then they'll put you into contact with someone already on file. The LX gives people a chance to teach, learn, or share on a one-to-one basis. The LX is a program of the University Learning Network (ULN), which is open weekdays June 7 - July 30, from 9am - 3pm.

#### COUNCIL GROVE BICENTENNIAL CELEBRATION

Historic Council Grove, origin of the Santa Fe Trail, will sponsor a 3-day celebration. Throughout the weekend there will be an arts and crafts fair, antique displays, and free bus tours of historic spots. Individual events include:  
Fri June 11: Opening: tree planting, dedication of museum and dinner; cultural arts presentation.

Sat June 12: parade, entertainment, fireworks, dance

Sun June 13: basket dinner, program of religious music.

# CRAFTS

#### CONTEMPORARY BATIK

Kathleen Hursh 539-1677  
Thursday, 7pm  
Length: 1 time, June 17  
Location: 1022 Kearney  
Limit: 15

I would like to share what I know about this exciting craft. I will show materials used to batik, and pieces in different stages of creation. We can talk of suitable designs, techniques and process. Bring pieces you've batiked...if you've tried this craft! (Kathleen is a beginner who's made several pieces. She is experimenting with the basic techniques to create "interesting" pieces.)

#### SILK SCREENING

Matt Dollar 539-6947  
Monday, 7pm  
Length: indefinite  
First meeting: June 21  
Location: UFM crafts room  
615 Fairchild Terrace  
Limit: 10

I'll go into hand cuts and photo-silk screens and give people a basic understanding of silk screening and materials used. We can do some silk screens if I can get it together. (Matt has been silk-screening almost six months and done several photo-silks.)

#### BEGINNING SEWING

Marsha Murphy 539-5636  
Thursdays, 7:30pm  
Length: indefinite  
First meeting: June 17  
Location: UMHE Auditorium  
1021 Denison Ave  
Limit: 10

This class will begin with the basics...from learning how to thread and operate a sewing machine to construction of a simple garment, such as an apron. Participants should arrange to have a portable sewing machine for their use throughout the course, as well as basic sewing equipment. The difficulty of the garment constructed will depend upon the past experiences of the class participants. (Marsha has been sewing for the past 15 years and was graduated in 1972 with a degree in Home Economics (Clothing, Textiles and Interior Design.)

#### A SEWING SEMINAR

Ruth Merrill 539-8544  
Mondays, 7pm  
Length: 5 weeks  
First meeting: June 21  
Location: To be announced  
Limit: 10

This class is for those who would like to throw away the instructions that come with patterns-- a class in cutting corners. This class is for more advanced, and not recommended for beginners. (Ruth is a tailor by profession and is an experienced alterations person.)

#### INDIVIDUALIZE YOUR CLOTHES

Donna Longley 539-4417  
Thursdays, 1:30pm  
Length: 2 weeks  
First meeting: June 17  
Location: UFM kitchen and patio  
615 Fairchild Terrace

Clothes all start out looking alike, so you may as well make yours express you. Textile painting, embroidery and applique are a few of the ways to do it. Your garment and cloth scraps, embroidery floss, sequins or anything else you can find is all you need. (Donna has been decorating her clothes for a few years and has also done work for other people.)

#### HOW TO MAKE A ROMAN SHADE

Jan Russell 539-1762  
Tuesday, 10am  
Length: 1 time, June 22  
Location: 1719 Humboldt  
Limit: 10

A Roman shade is an effective window treatment that has versatility and adaptability to any decor you desire. I will discuss the basic techniques of making a Roman shade and demonstrate the procedures. (Jan has done interiors for her own home, homes of others and business offices.)

#### HOW TO PLEAT DRAPERY

Marsha Murphy 539-5636  
Wednesday, 7:30pm  
Length: 1 time, August 4  
Location: UMHE Pit  
1021 Denison Ave  
Limit: 15

It isn't as hard as it looks to pleat drapery. Come join me for one short session and I will show you, not only how to pleat your drapery, but also the basic steps in making your own drapery. (Marsha has graduated in 1972 with a degree in Home Economics (Clothing, Textiles, and Interior Design) and has since been employed by a local furniture store as an interior designer.)

LEATHER BRAIDING

Peter Kazan 537-8787

Wednesday, 7pm  
Length: 1 time, June 23  
Location: 93 Redbud Estates

Leather braidwork has many purposes and applications. You can use it to make belts, to cover handles of tools, make leashes, bridles, reins, leather buttons and many other practical items. Since leather braiding is an almost forgotten art, especially in the Midwest, take this opportunity to ask questions and to see some original and traditional braided work. Help will be given for sources of books, tools and materials. (Peter has been working with leather for a couple of years, has taught some--and sold a lot of his work in area crafts shows.)

BASKET WEAVING

Craig and Carlyn Ferguson 776-6475

Monday, 7pm  
Length: 1 time, Section I - June 21  
Section II - June 28  
Location: UFM patio  
615 Fairchild Terrace

This will be a demonstration on techniques of basket weaving. A small amount of supplies will be on hand for those who want to practice. The course is designed to teach you all you need to know to take off on your own. A small fee for supplies used will be collected to offset cost. Resources will be given for your future projects. (Craig and Carlyn have taught several groups of people basket weaving through UFM and a local crafts store.)

WEAVER'S FANCY

Karen Huff 539-5185  
Denise Low 539-7268

Saturdays, 10am-4pm  
Length: 3 meetings: June 19, July 17, August 21  
Location: June 19 - 204 Colgate Terrace  
July 17 - 396-8 Rimrock Terrace  
Ft. Riley  
Aug. 21 - R. R. #1, Riley  
(Patty Mueller's)

Bring your weaving and a brown bag lunch and join us for these weaving workdays. All types of weavers--off-loom, finger, inkle, card, table and floor loom--are welcome. We will be sharing ideas and helping with weaving problems while we work. (This is an ongoing UFM class of weavers who have a wide variety of interests and experiences. New members will be most welcome.)

CROCHETING FOR BEGINNERS

Fran Egan 537-1211

Sundays and Wednesdays, 7pm  
Length: 4 meetings: July 7, 11, 14, 18  
Location: 1500 Hartford  
Limit: 6

We will be learning the basic stitches and combinations needed for making crocheted articles. Materials you will need to bring to the first meeting are a hook between the sizes D-H and healthy scraps of 4-ply worsted yarn. Plan to meet with the class 4 times. After the last meeting the participants should be on their way to finishing a project. (Fran has taught crocheting to many small groups, having learned on her own.)

KNITTING FOR BEGINNERS

Fran Egan 537-1211

Sundays and Wednesdays, 7pm  
Length: 4 meetings: June 20, 23, 27, 30  
Location: 1500 Hartford  
Limit: 6

We will learn to knit, purl, and other basic knitting techniques in this course. Participants should be well on their way to finishing a knitted article by the end of the class. Bring to the first meeting 4-ply worsted yarn and a pair of 10" long knitting needles between sizes 6-8. (Fran is self-taught and has taught several years in 4-H and other small groups.)

KNITTING SOCKS

Betty Banner 776-6562

Mondays, 7:30pm  
Length: indefinite  
First meeting: June 21  
Location: 514 N. Juliette  
Limit: 10

Knit your own socks, for fun or for gifts. We will work on making 4-needle socks, dress or sport, plain or fancy. At the first meeting we will discuss what you want to make, patterns and supplies needed. If you prefer, you may call me ahead of time. This class is for persons who know the basics of knitting. (Betty has made numerous pairs of socks both heavy, sport types and argyles.)

QUILTS

Mary K. Jarvis 537-9735

Wednesdays, 7pm  
Length: indefinite  
First meeting: June 23  
Location: 1638 Osage

The objective of this course is to gather together people who are interested in making quilts. We will work together on creating, finishing or repairing quilts which group members may have. Bring simple sewing equipment (scissors, thread, needles and pins) and quilt pieces. (Mary K. has been sewing for years and is interested in working with quilts and sharing knowledge with others.)

PRESSED FLOWER ARRANGEMENTS

Blake Rimbault 562-2407

Tuesday, 7pm  
Length: 1 time, July 13  
Location: UFM library  
615 Fairchild Terrace

Pressed flower arranging is an easy and economical way to decorate your home. The class will consist of a handed-out instruction sheet, demonstration and a short workshop. Pressed flowers can be turned into bridal bouquets and other sentimental items, bookmarks, paperweights. There will be a small charge for materials used by participants. (Blake is an artist and has done a few arrangements herself.)

PRESSED FLOWER CRAFTS

Mildred Swingle 776-5487

Thursday, 10am  
Length: 1 time, July 8  
Location: 431 Humboldt  
Limit: 10

With a little instruction and imagination, you can design your own original stationery using dried flowers and leaves. Also included will be how to use the dried plants for plaques and pictures. (Pressing flowers, baking delicious bread and growing vegetables on concrete are just a few of Mildred's skills.)

CREATE YOUR OWN STATIONERY

Nancy Lieker 537-2217

Wednesday, 7pm  
Length: 1 time, June 23  
Location: 905 Kearney

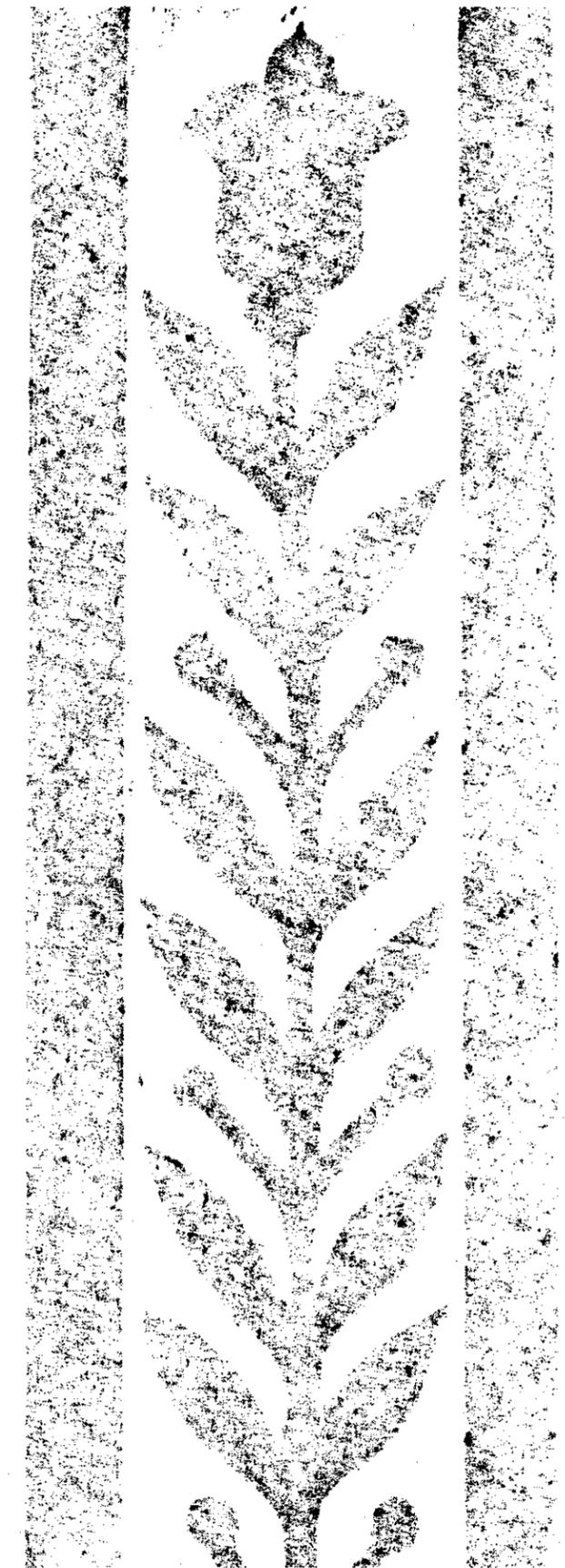
By combining pressed flowers, leaves and weeds with inexpensive materials and simple techniques, we will be creating our own stationery and greeting cards. Bring pressed plants if you have them. All ages welcome. (Nancy has an M.S. in hort therapy and has been collecting pressed flowers for a long time.)

MACRAME AND MOBILE CONSTRUCTION

Connie Schutter 765-3662

Length: indefinite  
First meeting: To be announced  
Location: To be announced  
Limit: 10

Will learn basic and some advanced knots. We will pick out a different project for everyone and see what comes out. Materials will be decided upon, depending on your project. (Connie has sold hangings and taught friends to do macrame.)



Sheila Russell

### SPINNING

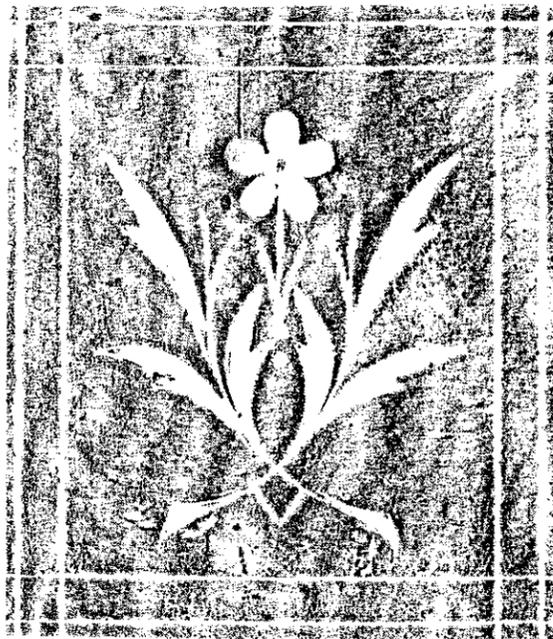
Meredith Lancaster 765-3998  
Saturday, 2pm  
Length: 1 time, July 16  
Location: Wabaunsee Road  
Limit: 10

I will show you the materials used in spinning and how I do it; then, I'll let you do some carding and spinning on your own. We can see what else we want to try after that. Directions to Wabaunsee Road: Go out 177 to I-70. Go east towards Topeka. Take the Wabaunsee exit. Turn right onto Wabaunsee Road. The road will curve to the left. The location of the course is the first mailbox on the right. The name of Charles Geisler is on the mailbox. The house is not visible from the road.  
(Meredith is self-taught for the most part in spinning. She enjoys it and is glad to share what she knows.)

### CHAIR CANING

T. H. (Scotty) Craven 539-4990  
Saturdays, 1:30pm  
Length: 5 weeks  
First meeting: June 19  
Location: UMHE fireplace room  
1021 Denison Ave

Come and learn what caning is all about. Sign up at registration, pick a project, and I will help you select the appropriate cane to use. We'll follow through a project in the remainder of the course. Please expect to pay a small fee for the cane.  
(For years Mr. Craven has taught dozens of people how to cane various projects.)



### BEGINNING QUILTING

Sarah Oblinger 539-8050  
Wednesday, 7:30pm  
Length: 1 time, June 16  
Location: UFM, 615 Fairchild Terrace  
Limit: 10

Learn the basics of quilting and different ways it can be used. How to give the paper coils into patterns and how to follow a pattern for quilting. (Sarah has taught classes before--this is a new interest.)

### PAPER AIRPLANE CONSTRUCTION

Bob Legg 539-6554  
Saturdays, 3pm  
Length: indefinite  
First meeting: June 19  
Location: Under mobile in KSU Union

We will trade designs, ideas and techniques of building paper airplanes. Hopefully, everyone will learn something new. Bring your favorite paper.  
(Bob has been making paper airplanes all his life, but only seriously in the last few years. He hopes to meet other crazy people through this class.)

### POT BUILDING

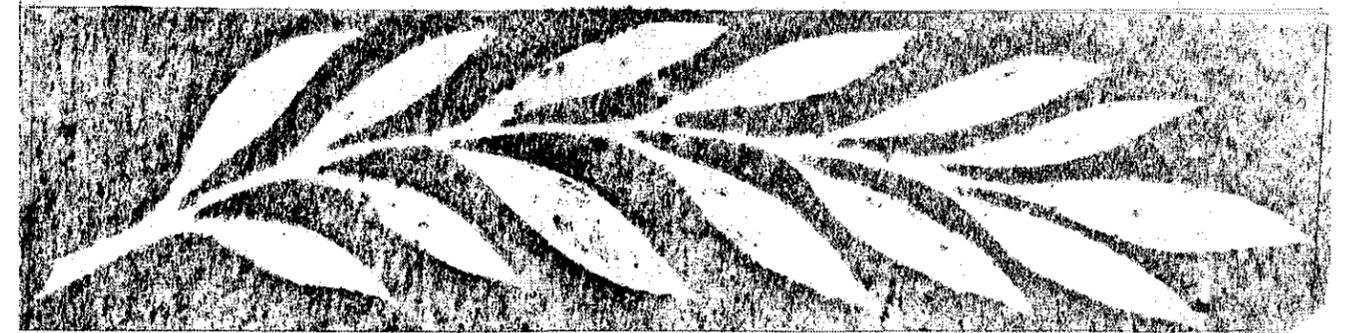
Nina Miley 532-5866  
Saturdays, 9:30am  
Length: 6 weeks  
First meeting: June 23  
Location: UFM crafts center  
615 Fairchild Terrace  
Limit: 10

We will begin with the absolute basics--making our own clay. We will then explore ways of constructing projects such as pinching, coiling, slab, some wheel work and a combination of these. Afterwards, we will fire the pots and make our own glazes for them. Emphasis will be on quality, not quantity. There will be a \$7.00 fee for materials and firing, payable at registration.  
(Nina has worked in all stages of potting, off and on, for the past 10 years.)

### CERAMICS

Jo Blackburn  
Sign up and you will be contacted as to time and date.  
Length: indefinite  
Location: UFM craft center  
Limit: 12

We will learn the basic methods of working with clay such as slabs, coils, and some throwing. The class can decide what projects they would like to undertake.  
(Jo has been working with ceramics, especially throwing, for some time.)



Shella Russell

## Summer Children's Program

### MUSEUM / LIBRARY

A summer children's program planned jointly by the Manhattan Public Library and the Riley County Historical Museum will provide 6 subjects to be delved into in 7 sessions which will meet at the Manhattan Public Library once a week from June 15 through July 20. Elementary school children are eligible to participate. The participants will get to try their hands at some things pioneers did in home crafts. Classes are designed so that each participant will have an example to take home, while having to provide as few materials as possible. Classes are:

**WEAVING:** June 19, 10am -- Come and try your hand at one of the most important crafts of the pioneer household. Spinning thread from the wool of the family sheep, and weaving the thread into cloth was the way that the family got cloth to make their clothes. Katie Carroll, art coordinator for the Salina schools, will show you how and get you started on a loom of your own. Each child is asked to bring scraps of yarn from home.

**POTTERY:** June 15 & 22, 9:30am -- Cindy Alexander a community artist who has worked with children, will demonstrate how the Indians made their own bowls and utensils. She will give you a chance to get your fingers into it. On June 22 we will be finishing our pots and will be talking about Indians and pottery. A film will be shown at this time.

**QUILTING:** June 29, 10am -- We invite you to come and add your artistic talents to a patchwork quilt. This quilt, created by all who attend, will be made and decorated by different methods and in any design you choose. The Riley County Historical Museum will place this quilt on display at the end of the summer.

**BASKETRY:** July 10, 10am--Craig and Carlyn Ferguson will help you create your own basket out of wood and reed; before plastic containers came into being, the basket was a necessity around the house.

**FOLK MUSIC:** July 13, 10am--Bill Koch, historian and folklorist from Kansas State University, will present an hour of musical entertainment in which all will get a chance to participate. We will be having a BYOC (Bring Your Own Comb) gathering (we'll provide the waxed paper), where everyone will get to buzz along with Mr. Koch's old-time instruments.

**RUG BRAIDING:** July 20, 10am -- Doris Hoerman will be showing you how much rug-making has changed over the last century. She invites you to come braid with her and to start your own rug (which the less ambitious may use as a pot holder). Each participant is asked to bring three strips of material, preferably cotton, 2" wide and 4 yards long. These strips can be made by sewing together scraps of left-over materials. Pioneers left nothing to waste and rag rugs were a good way to use up the scraps. We will have some materials for those who, for any reason, are unable to provide their own.

# EARTH

## SUNDIALS

William Fateley 537-1387

Tuesday, 7pm  
Length: 1 time, July 6  
Location: Manhattan Public Library

Have you ever wanted to build a sundial or to understand how one works? Working with sundials can be simple enough to match the budding talents of a twelve-year old; yet we know that sundials attracted the interests of such prodigies as Sir Isaac Newton and Thomas Jefferson. Build a sundial to grace your garden and to find time in other cities or by moonlight. This class will cover the theory and construction of sundials. (Dr. Fateley is the head of the Chemistry Department at KSU.)

## CATFISH IN A BARREL

Bob Kirk 539-8484  
Dan Davis

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

"Why go to the hassle of a fishing trip when all you wanted was to sit by the pesticide-laden waters for the good of your soul?" CATFISH IN A BARREL - Two systems: Almost nature's way and whiteman's Eco-Tech. First meeting will cover available literature, feeding, etc. Possibly one later to discuss progress, disasters, and recipes. Both projects continue through fall. (Dan homesteads in the country and has a stock tank. Bob homesteads in town collecting fish, barrels, useful junk and ideas.)

## WIND ENERGY

Michael Carney, convener 539-4991

Tuesdays, 7:30pm  
Length: 4 times  
First meeting: June 29  
Location: Newman Center  
711 Denison Ave

The engineering departments at KSU will provide a colloquium on wind energy. Some of the latest scientific work and feasibility studies include: a vertical axis windmill, using wind to cook grain prior to feeding animals, and wind as a resource for irrigation pumping in western Kansas. Speakers at the various sessions are:  
1) Gary Johnson - Electrical Engineering  
2) Stan Clark - Agricultural Engineering  
3) Richard Hayter - Mechanical Engineering  
4) Ralph Turnquist - Mechanical Engineering  
(Michael is a member of the Agriculture Research Institute.)

## WILDFLOWERS

Ted Barkley 532-6619  
Ray Keen

Thursdays, 7pm  
Length: 2 times, June 17 & 24  
Location: St. Paul's Episcopal Church  
6th & Poyntz

Do you love to see the prairie in full bloom and hike among its beauties? Join two of the best local experts as they guide you to the flowering plants of Kansas. The first evening we'll have a slide show and talk, while the next week the class will walk the prairie. (Ted is curator of the herbarium for KSU. Ray is a Professor of Horticulture.)

## EDIBLE PLANTS

Max Miller 539-3488  
Sue Maes 539-6609

Tuesday, 7pm  
Length: 1 time, June 22  
Location: 3117 Bermuda Lane

While there may not be "gold in Kansas hills" there is a vast quantity of food. Come stalk the wilds with us as we learn about the vast variety of meals which can be prepared from a fall harvest of the wilds. Abandoned farmsteads, old fields, stream banks, swampy areas and even vacant lots are the finest foraging sites. Bring wild plants you've collected or any that you are in question about. (Max and Sue have been collecting and sharing their edible finds through UFM for three years.)

## HERB GARDEN/SUCCULENTS-CACTUS/HOUSEPLANTS

Peggy Garland 485-2742

Saturday, 10am  
Length: 1 time, June 26  
Location: Stone farm, 9 miles west of Manhattan  
on County 412 (Anderson Ave)

Something for every plant lover is in this informative and exchange class. We will discuss (1) herb gardening--the growing, gathering, and using of herbs for health and cooking and (2) the care and growing of succulents and other house plants. Besides having an herb garden and large succulent collection. Peg is also building a greenhouse for her plants. (Besides all of the above, Peg is a Vet student.)

## HOUSEPLANT APPRECIATION

Mindy Honey

Thursdays, 7:30pm  
Length: indefinite  
First meeting: June 24  
Location: UFM, 615 Fairchild Terrace

This will be a basic class for beginners. We will cover general plant care, pests and plant problems, propagation and containers for planting. (Mindy is a Senior in Horticulture.)

## VEGETABLE GARDENING

Frank Keller 539-8844

Monday, 7pm  
Length: 1 time, June 21  
Location: 2105 Blue Hills Rd

Have you ever stopped in the middle of gardening and wondered what you could do to make your garden more productive? Instead of a lecture and slides, this class will actually meet out in the garden where questions can be raised while you tour -- vegetables -- annuals, perennials, fruit trees, berry bushes and cold frames. (Frank is a member of the Manhattan Men's Garden Club and an advisor to the Community Gardens.)

## CHILDREN'S GARDENING

Pam Williams

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

This will be a class designed to help children raise their own vegetables. Instruction and guidance will be offered for the planting and care of a garden. During the spring a garden was begun which children may now share in the joy of caring for and harvesting the results. Perhaps we will plant a fall garden. (Pam is a Horticultural Therapy student.)

## INSECT APPRECIATION

Hugh Thompson 532-6154

Mondays, 7pm  
Length: 2 times  
First meeting: June 21  
Location: KSU, Waters Hall, #132

Do "Lady Bugs" have whiskers? How long do honey bees live? How is it possible that termites are one of the few insects that can live on a diet of wood? Why don't honey bees pollinate red flowers? Come and explore the world of insects that far outnumber all other animals. (Hugh is a Professor of Entomology.)

## INTENSIVE GARDENING

David Weyerts 539-5087

Saturdays, 9am  
Length: 2 times  
First meeting: June 19  
Location: Community Gardens  
800 Riley Lane  
(meet under the trees in the center)

Intensive Gardening is growing more food on less space by giving the plants optimum growing conditions and planting in patches rather than rows. Last year my brother experimented with intensive gardening at the Community Gardens. This year I am continuing and developing the experiment. It works. (David is an avid plant lover and Organic Gardening Magazine reader.)

## FLOWER GARDENS

Robert McNeil 532-6170

Thursday, 7:30pm  
Length: 1 time, July 1  
Location: Manhattan Public Library

This class will cover how to design a flower bed for your yard, flowers that grow best in Kansas, and the care and growing of healthy plants. (Robert is a Professor of Horticulture.)

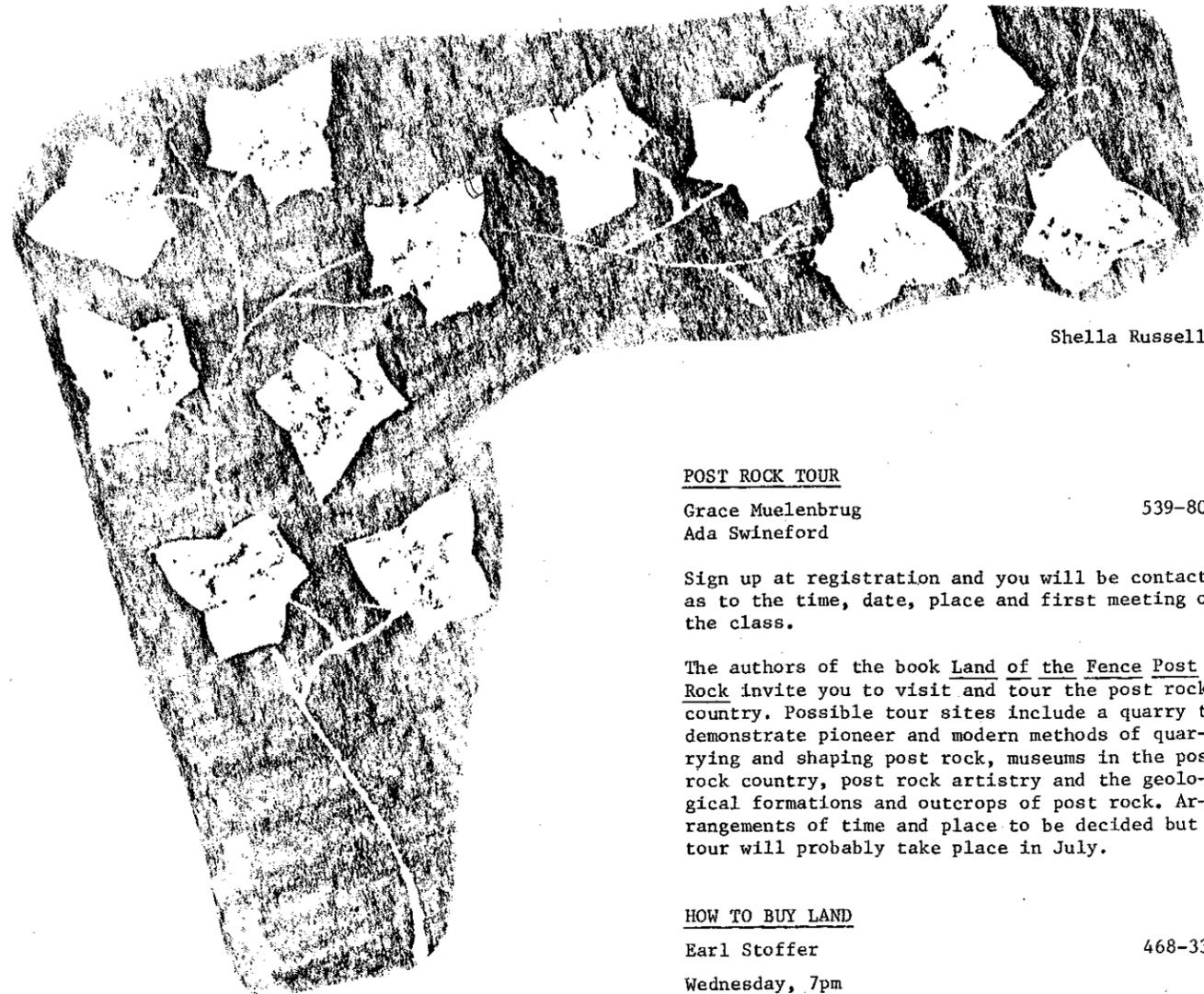
## BEE KEEPING

Dell Gates 532-6154

Monday & Wednesday, 7pm  
Length: 2 times, June 28 & 30  
Location: KSU, Waters Hall, #127

The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. Outings might be possible. (Dell is an Entomology Extension agent.)





Shella Russell

POST ROCK TOUR

Grace Muelenbrug 539-8006  
Ada Swineford

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

The authors of the book Land of the Fence Post Rock invite you to visit and tour the post rock country. Possible tour sites include a quarry to demonstrate pioneer and modern methods of quarrying and shaping post rock, museums in the post rock country, post rock artistry and the geological formations and outcrops of post rock. Arrangements of time and place to be decided but tour will probably take place in July.

HOW TO BUY LAND

Earl Stoffer 468-3385

Wednesday, 7pm  
Length: 1 time, June 23  
Location: KP&L, 501 Poyntz

If you're in the market for buying land, have you taken into consideration some of the important aspects such as where you want to live and what you like to do? Have you checked mineral rights and water rights? Did you know that Pottawatomie county is one of three counties in Kansas that recharges water as fast as it uses it? Maps of water from planning agencies along with other pertinent information will be available at this session.  
(Earl is a land owner, and longtime buyer and seller of land, and the tax assessor for Pott. County.)

ENVIRONMENTAL AWARENESS CENTER

Marty Burke 532-6541

Monday - Friday, 1-5pm  
Length: all summer  
Location: KSU Union, SGA Office

The Environmental Awareness Center is actively involved in paper recycling, environmental education and legislation. If you are interested in environmental issues, able to offer assistance or would like to browse through our files and books please stop by.

DAIRY GOATS

Peggy Garland 485-2742

Saturday, 10am  
Length: 1 time, June 19  
Location: Stone farm, 9 miles west of Manhattan on County 412 (Anderson Ave)

A management clinic will be conducted for persons interested in keeping dairy goats. The clinic will cover the breeding, feeding and management of dairy goats.  
(Peggy is a Vet student and a breeder of goats.)

SALTWATER AND TROPICAL FISH

Eric Asterman 539-9063

Tuesdays, 7:30pm  
Length: indefinite  
First meeting: July 6  
Location: KSU Union #207

This is an interest group on the care, feeding and raising of tropical and salt water fish. The class will also have a chance to view and discuss operating aquariums.  
(Eric has kept tropical fish for 15 years and has a degree in Animal Science.)

# FINE ARTS

WHAT'S WHAT IN COLLECTABLES AND ANTIQUES

Lois Morales 539-8867

Tuesdays, 7:30pm  
Length: 4 times  
First meeting: June 29  
Location: 1010 Bluemont

We will learn about the kinds of things being collected in the Manhattan area and the prices being paid for them. We will visit shops of the area, go to auctions, view private collections and have discussions on areas of special interest. Class will meet alternate Tuesdays. There will be a 25¢ charge for materials.  
(Lois has been interested in antiques for 9 years.)

ART EXPERIENCES FOR THE 3½-4½ YEAR OLDS

Kathy Seltzer 537-4558

Thursdays, 10am  
Length: 6 times  
First meeting: June 17  
Location: UFM craft room  
615 Fairchild Terrace  
Limit: 6

This mini-course will provide simple art experiences for the pre-school child; art as an "end" is unimportant here. Materials to be used include crayons, tempera, clay, chalk, torn-paper and other collage materials. The course-cost will be one dollar and the children will keep their work and their supplies.  
(Kathy has a B.S. in Education (Kindergarten-6th) from the University of Missouri and has a three year old, also.)

THOSE GREAT HISTORICAL NOVELS

Barb Moore 539-3184

Tuesdays, 8pm  
Length: indefinite  
First meeting: June 22  
Location: UFM living room  
615 Fairchild Terrace  
Limit: 8

If you are a Mary Stewart, George Shipley, Richard Adams, and J.R.R. Tolkien fan but never can find a receptive and interested ear for your excited ravings about your newly discovered readings...come to our group.  
(Barbara has spent weeks walking down the roads of Arthur's England, talking with Eleanor of Aquitaine and bopping with Hobbits.)

WATER COLOR PAINTING FOR INTERMEDIATE AND ADVANCED

Gene Ernst 539-4224

Mondays, 7pm  
Length: 5 weeks  
First meeting: June 21  
Location: 357 N. 14th St  
Limit: 15

For those who have dabbled previously or old water painters who are rusty, we will do some still lifes, field trips, and learn some trade tricks. Improved water color techniques come from practice and critique--we will do a lot of both. We are not too choosy about equipment; however, good paintings usually result from good quality paper, paint, and brushes.  
(Gene is a professor of architecture at KSU and a rusty painter who needs an excuse to get out more.)

BEGINNER'S OUTDOOR OIL PAINTING

Mary St. Clair 539-6358

Sundays, 1:30pm  
Length: 4 weeks  
First meeting: June 20  
Location: UFM house, 615 Fairchild Terrace  
Limit: 10

Bring a small sketch book and drawing pencil for the first session.  
(Mary is a fine artist and has led this class before.)

RECORDER GROUPE-ADVANCED ONLY

Vicki Shult 537-0293 or 539-4661

Wednesdays, 8pm  
Length: indefinite  
First meeting: June 16  
Location: 1220 Moro  
Limit: 10

Participants in this group are expected to have two instrumental capabilities: i.e., voice and another instrument--recorder, lute, guitar, etc. (The ability to play both c and f instruments would count for 2, as would the ability to play f instruments in both treble and bass clef; alto at written pitch and "up an octave";) Brass and double-reed embrochures welcome, also keyboard. Participants expected to purchase music as needed. No loans or xeroxing.  
(Vicki studied Renaissance and baroque music, and has taught recorder groups and individuals for four years.)

### MASSAGE

Steve Dietz  
Sundays, 7:30pm  
Length: 4 weeks  
First meeting: June 27  
Location: 1334 Fremont  
Limit: 12

The purpose of this course is to explore massage and its uses to strengthen both body and mind. The first meeting we will discuss and practice some basics. Dress appropriately - swimming suits, 2-piece for women. (Steve has been practicing the art of massage for almost 5 years.)

### BASIC DARKROOM AND PHOTOGRAPHY

Kenny Benedick  
Mark Jones  
Wednesdays, 7pm  
Length: 5 weeks  
First meeting: June 16  
Location: UFM darkroom  
615 Fairchild Terrace  
Limit: 8

We will cover the mechanics of taking and developing pictures. Bring your camera. Expenses will be shared.

### INTERMEDIATE GUITAR

Ted Sistrunk 539-3653  
Wednesdays and Sundays, 5:30pm  
Length: 3 weeks  
First meeting: June 16  
Location: UFM living room  
615 Fairchild Terrace  
Limit: 6

In this class we will learn more complicated chords, some finger picking and some theory. (Ted has played guitar for 6 years and plays in a band.)

### BEGINNING GUITAR

Bill Sanderson 537-8975  
Tuesdays, 7:30pm  
Length: 5 weeks  
First meeting: June 22  
Location: Baptist Campus Center  
1801 Anderson  
Limit: 12

This class is designed for the person who doesn't know the first thing about the guitar. We'll cover basic chords, strums, finger picking, etc. Bring your guitar and patience to practice.

### FRIENDS OF SCIENCE FICTION

Karen Lee Killough 776-6584  
Wednesdays, 7pm  
Length: indefinite  
First meeting: June 16  
Location: KSU Union, #206A

We would like to pull science-fiction fans out of the woodwork and give them a chance to get together and rap about science fiction. If possible we would like to get a group together to go to the MidAmerican world science fiction convention in September. (Karen Lee Killough is an author who has published a number of science fiction stories.)

# FOODS

### HOME DRYING AND CANNING

Bonnie Hansen 539-9286  
Helen Longhurst 539-0406  
Tuesday, 7:30pm  
Length: 1 time, July 13  
Location: Latter Day Saint Church  
Marlatt & Browning

We will be sharing our knowledge of these low-energy ways of preserving foods. Canning of fruit and vegetables will be demonstrated by the cold-pack method and the pressure-canning method. We will also show how you can dry fruits, vegetables and meats at home. (Bonnie and Helen are becoming well-known for their good demonstrations.)

### CANNING AND PRESERVING

Sheila Corn 539-1769  
Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

This class will help take the mystery out of canning and preserving. Processes used, supplies needed, in addition to an actual demonstration, will all be covered. Copies of family recipes will be available for participants. (Sheila has been canning since she was 10 and has also worked with canning in 4-H.)

### SUPERMARKET SHARE

Kathy Seltzer 537-4558  
Doris Hoerman 532-5866  
Wednesday, 7:30pm  
Length: 1 time, June 30  
Location: UMHE conversation pit  
1021 Denison Ave

Kathy spends an average of \$75/month on food for her family of three. Doris averages \$40/month for her food. Both feel they eat very well and would like to exchange with others some smart budget-minded shopping ideas which stop short of buying "cheap" foods. Please bring your favorite money-saving ideas for buying good food, so we can learn from each other.

### BREADMAKING FOR BEGINNERS

Judy Bokelman 539-7264  
Thursday, 7pm  
Length: 1 time, June 24  
Location: UFM kitchen  
615 Fairchild Terr  
Limit: 5

The whole process of breadmaking will be explained and demonstrated--from kneading to baking. Participants will get a chance to "take things into their own hands" and learn the correct way to knead dough. Different varieties of bread will also be discussed. (Judy is a self-taught bread baker and makes some of the best French bread in town.)

### PICNICS IN THE PARK

Lois Morales 539-8867  
Sue Maes 539-6609  
Fridays, 6pm  
Length: all summer  
First meeting: June 18  
Location: City Park, area east of pavillion

Meet with friends for food and fun in the park every Friday evening. Bring a covered dish and table service for yourself to this weekly potluck. For those with excess energy, the UFM "New Games" class will be meeting in conjunction with this group, as is the "Iscream" class. This is one of the best ways to meet new people and old friends.

### ISCREAM

Doris Hoerman 532-5866  
Friday, 6pm  
Length: 1 time, June 25  
Location: City Park

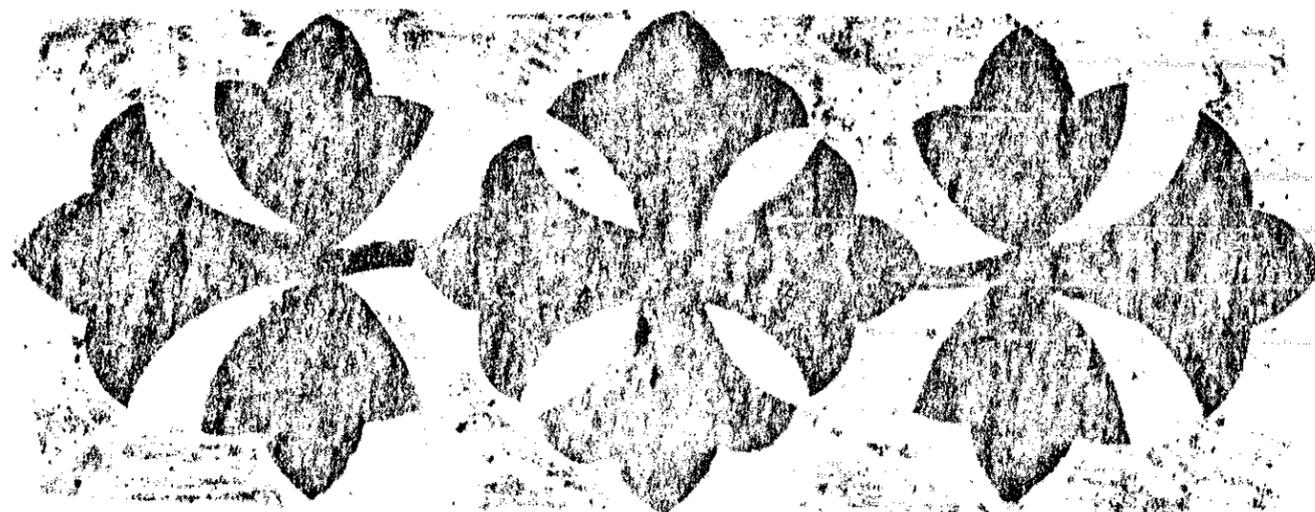
What could be a more enjoyable way of spending a Friday evening than making homemade ice cream? We'll take turns at the crank and also take turns creating gustatory (???) delights. You will be contacted about what to bring to the session. This class will meet in conjunction with "Picnics in the Park" and the "New Games" classes, so bring some food for the potluck and join in the games while the ice cream freezes. (Doris is a devoted vanilla custard freak, but would be open to exploring beyond 31.)

### HOMEMADE ROOT BEER

Rex Slack 539-7194  
Sign up at registration and you will be contacted as to date, time and place of class.

An opportunity to sample the authentic (natural carbonation) variety of root beer and observe the mixing and bottling of a "batch" at the Slack house in the country, west of Manhattan. For those interested, a potluck meal will precede the demonstration.

(The Slacks have been offering classes through UFM for the last 7 years and have a very talented family.)



Shella Russell



BREWING ALES, STOUTS, AND LAGER BEER

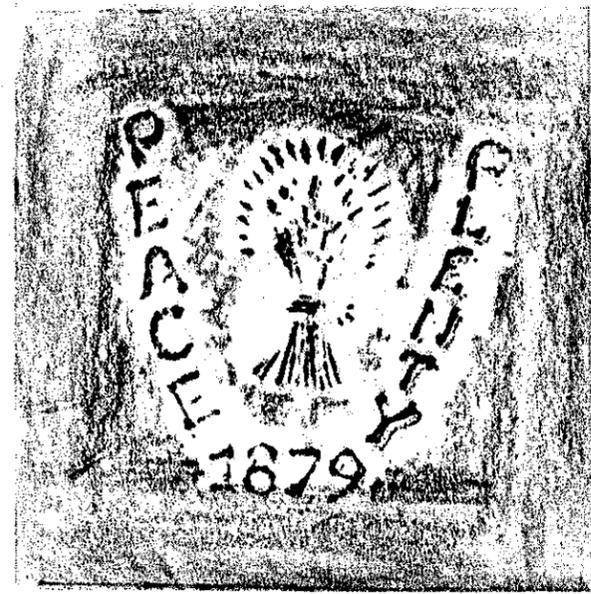
Paul Psilos 539-5559  
 Wednesdays, 7:30pm  
 Length: 3 weeks  
 First meeting: June 16  
 Location: UFM kitchen  
 615 Fairchild Terrace  
 Limit: 10

Home brewing is easy, inexpensive and can produce a wide range of superior beers. In three sessions we will: (1) talk about necessary materials, equipment and basic procedures, (2) brew some beer and (3) discuss problems that can arise, remedies, and some advanced brewing techniques. (Paul has been brewing his own beer for 5 years.)

CHEESE TASTING (AND RELATED ACTIVITIES)

Paul Psilos 539-5559  
 Wednesday, 8pm  
 Length: 1 time, July 7  
 Location: UFM patio  
 615 Fairchild Terrace  
 Limit: 20

Find out what you like in cheese, and why. Comparative tasting of a wide variety of cheese belonging to different "families", such as Swiss, Edam-Gouda, soft-ripened (Brie, Camembert), mold ripened (blue), and cheddar. Also, some interesting crossed varieties: Edam-cheddar, Swiss-Tilsit, blue-cheddar. I'll provide crackers and fruit. Bring your own wine, if desired (a hearty red would be best). A \$2.50/person charge will be collected at registration. (Paul is owner and manager of a local cheese shop.)



VEGETARIAN POTLUCK

Anna and Neal Climenhaga 537-7937  
 Tuesday, 7pm  
 Length: indefinite  
 First meeting: June 22  
 Location: 210 S. 10th St

We'll meet and feast weekly or bi-weekly, whatever the group is into - bring one of your favorite dishes to the first meeting and we'll go from there.

(Anna and Neal like food, especially natural and vegetarian. They also like people and would like to get the two together.)

VEGETARIAN RESTAURANT

Carol Toburen 539-6020  
 Monday, 7pm  
 Length: ongoing  
 First meeting: June 21  
 Location: UFM house  
 615 Fairchild Terr

We are forming a conspiracy. We are looking for good people who would be interested in helping us get a vegetarian restaurant started in Manhattan. We personally are tired of eating blasé, pre frozen, plastic products disguised as food in atmospheres out of "clockwork orange" and feel that there should be an alternative available for dining in the Manhattan area. We are not asking for money (at least not yet)--we must first be sure of our support in the community. If you've been thinking along similar lines, or if you are just interested in getting involved in a humane enterprise, sign up at UFM registration and you will be contacted.

# MIND \* BODY \* SPIRIT

## BODY and SPIRIT

JUGGLING

David Fly 537-0593  
 Length: indefinite  
 First meeting: June 16  
 Location: front of the KSU Union

Juggling is more than a trick to amaze friends. For those willing to work conscientiously, it can tone and strengthen various parts of the body, teach coordination even take off pounds while reaching over to pick up the balls you drop! It can also have a nice healing effect on the psyche. Besides that, it's fun to teach yourself a new skill! Beginning June 16, we will meet every Wednesday and Thursday at noon in front of the KSU Union. The balls will be furnished to begin with. Then you can get your own. Beware: No one is ever quite the same after an encounter with juggling! (Dave is the Episcopal Chaplain and has taught juggling and clowning for UFM previously.)

STRESS MANAGEMENT IN A NUTSHELL

Dale Patterson 537-8611  
 Monday, 7pm - 10pm  
 Length: 1 time, June 21  
 Location: KSU Union, #209C

The concept of "stress" will be examined both physiologically and psychologically. A number of techniques designed to neutralize the effects of stress will be briefly introduced and discussed. Included will be progressive relaxation training, behavior therapy, meditation, open focus training, autogenic training, controlled psychedelic therapy and biofeedback training. Participants will undergo a progressive relaxation exercise" and a volunteer will illustrate biofeedback training via demonstration. In general, the physiological correlates and benefits upon acquisition of the low arousal, hypometabolic state will be emphasized. Participants are asked to wear loose-fitting clothing and to abstain from eating at least one hour prior to the meeting. (Please note: this is not a training or therapy session.) (Dale is completing his Master's in psychology and has 4 years experience in biofeedback research. Later this summer, he will become director of a clinical and research biofeedback lab in Bloomington, Indiana.)

ASSERTIVE TRAINING

Sonya Hildreth 494-2758  
 Tuesdays, 6-9pm  
 Length: 6 times  
 First meeting: June 22  
 Location: to be announced at registration

Assertive Training provides an opportunity to learn an alternative approach to dealing with people. Accepting criticism, being able to say "no", handling those awkward situations we all occasionally find ourselves in, and being able to accept compliments gracefully are all part of the program that will be offered. (Sonya is a graduate student in the College of Education at KSU.)

ACUPUNCTURE

Dr. Les Wisby  
 Length: 1 time  
 Sign up at registration and you'll be contacted as to time and place

Acupuncture, the ancient Chinese method of pain relief and curing illness, is gaining more and more acceptance in the medical professions. In this session, Dr. Wisby will discuss the variety of uses of acupuncture, along with some history, theory and scientific findings. (Dr. Wisby, a chiropractor in Junction City, uses acupuncture in his practice with great results.)

RE-EVALUATION COUNSELING: COUNSELING FOR THOSE WHO DON'T NEED IT

Norma Parker 539-4739  
 Wednesdays, 9:30 - 11:30am  
 Length: 8 times  
 First meeting: June 16  
 Location: 825 Harris Ave  
 Limit: 16

Learn to become an effective counselor by discharging emotions, working on distress patterns and setting directions. The goal is to become free of distress and move towards optimum intelligence, zest and love. Required books cost \$7.50. (Norma has taught two series of classes, and received a teaching certificate from the founder of Re-evaluation counseling.)

### HATHA YOGA -- BRINKER

Joel Brinker 537-9735  
 Wednesdays, 5pm  
 Length: 6 times  
 First meeting: June 23  
 Location: Newman Center bsmt.  
 711 Denison Ave  
 Limit: 8

We will practice and discuss some of the basic Hatha Yoga postures and breathing techniques, our goal being to achieve a discipline of body and mind and physical health. Loose clothing or leotards and an empty stomach are appropriate for the class.

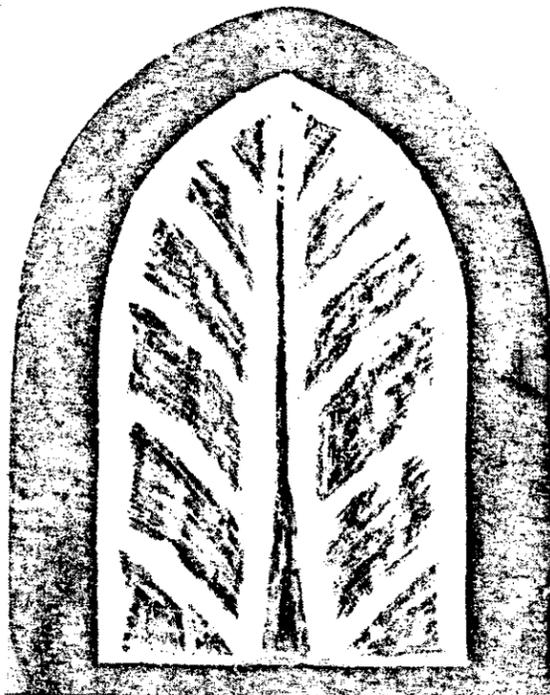
(Joel is a former student of Dr. Franklin and has been practicing Hatha Yoga for about 3 years now.)

### HATHA YOGA -- FRANKLIN

Bert Franklin 539-0495  
 Thursdays, 5pm  
 Length: 8 weeks  
 First meeting: June 24  
 Location: Newman Center bsmt  
 711 Denison Ave  
 Limit: 8

An eight week introduction to classical Hatha Yoga as taught by Prof. Sri T. Krishnamacharya and his predecessors for over 2000 years. Emphasis on asanas, with correct breathing, and postures for meditation. Each student will be shown the path to complete mastery of the body/mind, leading to physical and mental poise, freedom from minor ailments, long life.

(Bert has practiced Yoga for 23 years, six of these years under the guidance of Prof. T. Krishnamacharya, one of India's greatest Yoga teachers.)



Shella Russell

### YOGA AFTER 40

Bert Franklin 539-0495  
 Tuesdays, 5pm  
 Length: 8 times  
 First meeting: June 22  
 Location: Newman Center bsmt  
 711 Denison Ave  
 Limit: 8

Hatha Yoga for those who initiate Yoga practice in the middle of later years. Emphasis is upon breath control, meditation and a basic series of asanas.

### THE BASICS OF MASSAGE

Chuck Jones 537-9788  
 Sunday, 6pm  
 Length: 1 time, June 27  
 Location: 2625 Kimball Ave  
 Limit: 15

The class will briefly cover the basics of massage back rubs, complete massage, self-massage and oils. Participants should wear bathing suits and bring a towel.

(Chuck has been practicing massage for several years and his expertise has been confirmed by several UFM staff members.)

### GUIDED AFFECTIVE IMAGERY

Paul Hart 537-2835  
 Monday, 7pm  
 Length: 1 time, June 21  
 Location: KSU Union, #212  
 Limit: 20

Guided Affective Imagery is a method of altering one's consciousness through the means of a semi-music controlled environment. The class will explain and touch on some of the uses of GAI as well as take the individuals through a GAI experience themselves.

(Paul is the former director of the Drug Education Center and has experience studying and doing GAI.)

### FAMILY LIFE FILM SERIES

Leslie Schindler 776-6566  
 Wednesdays, 8pm  
 Length: 4 weeks  
 Location: Family Resource Center  
 611 Poyntz - above the Encore Shop  
 All films are free, and everyone is welcome.  
 June 30: Sylvia, Fran and Joy (Three women choose very different life styles.)  
 July 7: Bridging the Gap (Dr. Gordon's three principles of Parent Effectiveness Training.)  
 July 14: Ivan and His Father (A high school student expresses resentment toward his father through role playing.)  
 July 21: One Year A.D. (Divorced parents come to realize how their continuing relationship is effecting their son.)

# WOMEN

### SCIENCE, SEX AND SOCIETY

Jan Sloan 539-2843  
 Ann Kammer 532-6646  
 Cherry Granrose 532-6615

Thursdays, 7:30pm  
 Length: indefinite  
 First meeting: June 17  
 Location: 322 N. 17th

Informal discussion of selected articles dealing with the contributions of women scientists and barriers raised against women entering scientific careers by socialization. As a case study, special attention will be given to medicine as a field in which women may experience biases as practitioners, subjects of research, and recipients of service.

(All three are biologists. Jan is particularly interested in historical aspects; Cherry is concerned about how people make career and family-planning decisions; Ann is interested in encouraging women to pursue careers in science.)

### WOMEN'S RAP GROUP

Wednesdays, 7:30pm  
 Length: ongoing  
 First meeting: June 16  
 Location: 1022 Kearney

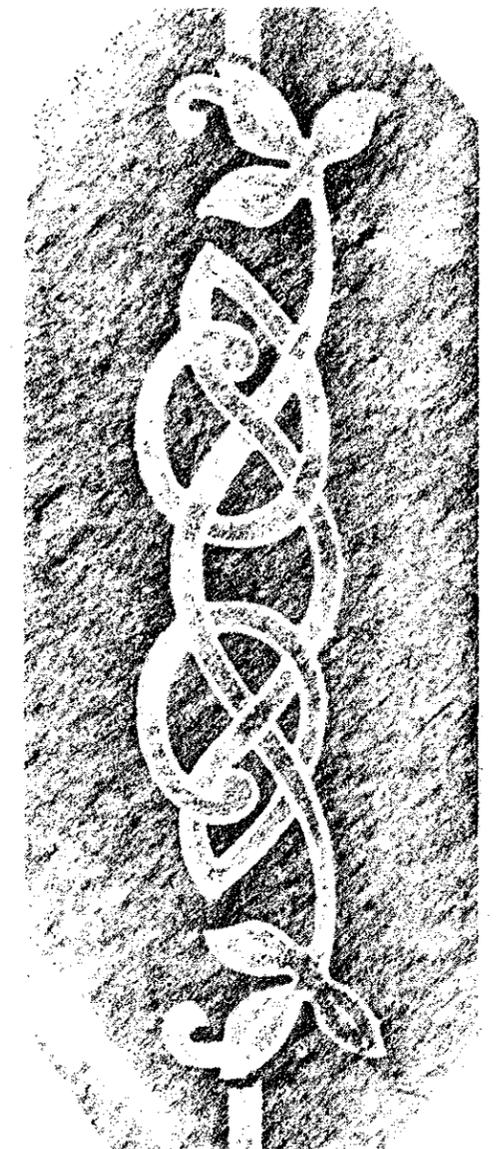
We are a group of women who have been meeting for several months. We came together having realized a need to regain contact with other women and to share our thoughts on who we are and what we are becoming. We'd like to invite other women to join our group. We'll rely on various forms of the media (literature, journals, films) to give direction.

### AUTO COMMUNICATIONS FOR WOMEN

Norman Peck 537-9883  
 Wednesday, 7pm  
 Length: 6 weeks  
 First meeting: June 16  
 Location: KSU, Ackert, #106  
 Limit: 20

Very few women have had much practical mechanical training, especially about cars. Since at one time or another everyone has an automobile, it seems appropriate that everyone should have an opportunity to learn something about them; how to take care of them so they last longer, how to cope with their problems, how to do some work on them yourself.

(Norm is one of our favorite leaders and continues to meet again and again the need for this class.)



Shella Russell

### WOMEN'S COOPERATIVE BOOK REVIEWING

Meg Keely 532-6541  
 Margaret Nordin 532-6432

Mondays, 12 noon  
 Length: indefinite  
 First meeting: June 21  
 Location: Women's Resource Center  
 KSU Union, SGA Office

Have you been reading any of the many current articles or books on, about or by women? Come share your reactions with other interested readers. If you are confused with all the new titles and are wondering where to start reading, come with your questions to the Cooperative Book Reviewing sessions in the Women's Resource Center (bring your own lunch). (Meg is the director of the Women's Resource Center, and Margaret is the faculty advisor.)



Shella Russell

## PHILOSOPHY and THEOLOGY

### PIERRE TEILHARD de CHARDIN

Dr. Theodore Barkley 539-4281  
Sundays, 9am  
Length: 6 weeks  
First meeting: June 13  
Location: UMHE  
1021 Denison Ave

Pierre Teilhard de Chardin... a man of the world ... a man of the church... a Jesuit... a scientific evolutionist. A Sunday morning study group will begin to look at the life and thought of this scholar who died April 10, 1955. Focus: his major work - The Phenomenon of Man. (Dr. Barkley, a professor of biology at KSU, has taught courses in evolution and has led other discussions about the contributions of de Chardin)

### THE ETHICS OF JESUS - INTERPRETED AS REVERANCE FOR LIFE

Jim Lackey 539-4281  
Wednesdays, 3:30pm  
Length: 6 times  
First meeting: June 16  
Location: UMHE  
1021 Denison Ave

One of my heroes was/is Albert Schweitzer. Saint Albert is dead now, so they say. I guess I believe it; but his interpretation of Jesus' ethics as being Reverance for Life is alive for me. It leads me where I do not always have the courage to follow.  
(Jim is a campus pastor with UMHE.)

### PIPE CLUB (AAUPP)

Jim Lackey 539-4281  
Wednesdays, 7:30pm  
Length: 3 times, June 16, 30 & July 21  
Location: UMHE  
1021 Denison Ave

If you are a pipe smoker -- you may enjoy our (usually) quiet bullsession carried on leisurely between puffs and re-lights.  
(Jim is the keeper of the matches.)

### SOCRATES - BUDDHA - CONFUCIUS - JESUS

Jim Lackey 539-4281  
Sundays, 5pm  
Length: 6 times  
First meeting: June 13  
Location: UMHE  
1021 Denison Ave

Karl Jaspers lumped these four together. He called them "four paradigmatic individuals." Each, he said, has been the "only crucial individual for large parts of mankind."

### METAPHYSICAL STUDY GROUP (RELIGIOUS SCIENCE, UNITY, NEW THOUGHT)

Dorothy Leonard  
Sundays, 11am  
Length: indefinite  
First meeting: June 20  
Location: 325 N. 14th

This is a continuing meditation group working toward satisfactory relationships between man and god and between men and women. The group will note the principles of the Unity Institute and study the science of mind.  
(Dorothy has attended the Unity Institute.)

### ASTROLOGY

Neal Climenhaga 537-7937  
Mondays, 7:30pm  
Length: 4 times  
First meeting: June 21  
Location: 210 S. 10th  
Limit: 10

We'll learn how to cast horoscopes and interpret them. I'll get about as detailed as the class wants.  
(Neal has been involved and interested in astrology for about 10 years as a past-time.)

### MONDAY NIGHT BREAK

Jim Lackey 539-4281  
Mondays, 7:30pm  
Length: 6 sessions  
First meeting: June 13  
Location: UMHE  
1021 Denison Ave

Particularly for students of United Methodist, Presbyterian, Disciple, United Church of Christ, and Brethren persuasions -- and their friends. Supplement weekend study and sunbathing, weekday class attendance and sunbathing, with an evening at your UMHE center. Free coffee and tea. Free study of 23rd Psalm, Lord's Prayer; free meditation; free discussion of faith and knowledge; free thought about the future; free study of talking God-talk. Leaders: Dr. Ted Barkley, professor of biology, KSU; Rev. Kelly Bender, College Avenue United Methodist Church; Barbara Steward, graduate student, College of Education; and Jim Lackey, campus minister, UMHE.

### A NON-LITERAL APPROACH TO CHRISTIAN SCRIPTURE (focus--the Sermon on the Mount)

Jim Lackey 539-4281  
Tuesdays, 7:30pm  
Length: 6 sessions  
First meeting: June 15  
Location: UMHE  
1021 Denison Ave

...this study will consider interpretations of this classical biblical statement for twentieth century life. One point will be: the possibility of applying the sense of scripture raises questions about its limitations to its own times.

### A RATIONALE FOR LIBERAL THEOLOGY

Jim Lackey 539-4281  
Wednesdays, 6pm  
Length: 6 times  
First meeting: June 16  
Location: UMHE  
1021 Denison Ave

Liberalism is often a naughty word. It can be separated from traditional rigid orthodoxies. Openness to change, freedom and worth of persons mark it. Liberal theology underscores these matters with certain understandings of God, Faith, and Scripture.

### COSMIC CONSCIOUSNESS

Wednesdays, 8pm  
Length: ongoing

This is a continuing group of those interested in mysticism based on the insights obtainable through parapsychology and occultism. The format of meetings is group reading of a book of common interest, followed by group meditation. The book currently being studied is The Medium, the Mystic and the Physicist by Lawrence LeShan. Meetings will be held at members' homes, and you will be contacted as to place. For more information, call Doris at 539-7864.

### INTRODUCTION TO ISLAMIC STUDIES

Mohammed Ganjidoost 539-5994  
Fridays, 7:30pm  
Length: 8 weeks  
First meeting: June 18  
Location: UMHE fireplace room  
1021 Denison Ave

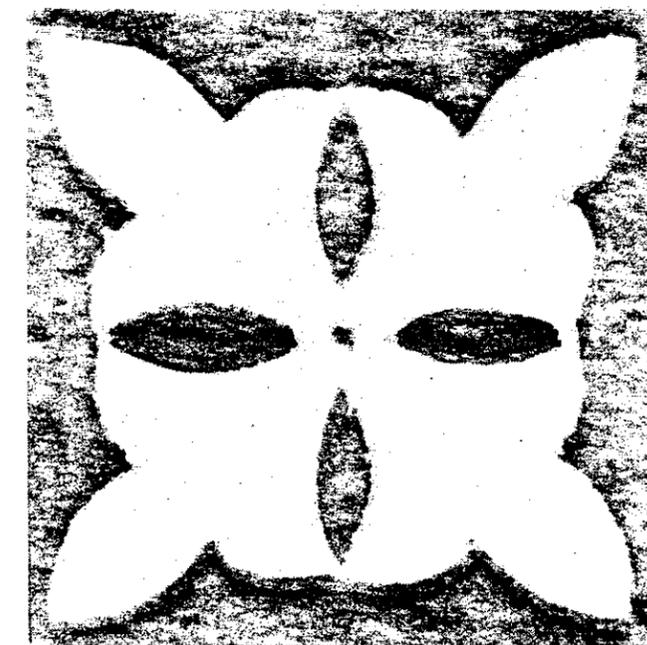
This group will discuss the essential beliefs of Islam, life of the Prophet Mohammed, the Holy Quran, and Islamic world view.  
(Mohammed is from Tehran and a member of the Islamic Association.)

### MEET THE MORMONS

Casey Parker 537-8839  
Wednesdays, 7:30pm  
Length: 1 semester  
First meeting: June 16  
Location: LDS Institute of Religion  
1820 Claflin Rd

Films and informal discussions on topics including:

- Where did you come from?
- Why are you here?
- Did Christ visit ancient America?
- What caused the Dark Ages?
- Does God still speak to men?
- Eternal marriage, eternal families



Shella Russell

# PLAY

## HOW TO LOVE YOUR BODY

Nina Miley 539-7086  
Saturdays, 11am  
Length: indefinite  
First meeting: June 26  
Location: 1st Congregational Church bsmt  
700 Poyntz

Our bodies are the keys to all our mortal delight, and the more functional they are, the more beautiful they become. In loving our bodies, we will concentrate on exercise for our whole body, healthy food plans for achieving desirable weights, and group encouragement for those who would like to quit smoking. We will have a few sessions on mental relaxation and massage techniques. There will be ongoing support of ourselves as lovable and capable individuals. (Nina has been jogging for 4 years after giving up smoking and many pounds.)

## FAMILY WEEKEND BIKE TOURING

The Schlotts 539-5633  
Wednesdays, 7:30pm  
Length: 6 weeks  
First meeting: June 16  
Location: 3017 Conrow Drive

We are planning for short weekend day trips structured for, but not confined to, couples and family groups. We hope to do some scenic leisure biking in the nearby countryside. The first meeting will be an evaluative and planning session. (The Schlott family has been into touring a short time and would like others to share this sport.)

## BACKPACKING WITH KIDS

Erma and Bill Riley 539-6802  
Saturday, 10am  
Length: 1 time, July 17  
Location: 1st Presbyterian Church bsmt  
801 Leavenworth

We will cover specialized equipment needed for children from infants (diapers and all) to adolescent, in addition to techniques for getting along with children. We will share our knowledge of areas that are particularly good for children. Tips on various types of food will be included. (Bill is in charge of 4-H camping in Kansas. He and Erma have been backpacking with their 2 small children for 3 years.)

## FISHING FOR KIDS

Jerry Dishman 539-0211  
Wednesday, 6:30pm  
Length: 3 times  
First meeting: June 16  
Location: 1st Presbyterian Church bsmt  
801 Leavenworth

We will cover the essentials of different baits, lines, poles, etc. We can fish lakes, ponds, and the river. We'll make at least 2 fishing excursions. Parents should be prepared to go with children on the trips. Equipment needs will be covered in the first meeting. (Jerry is a Master Instructor for the State Fish and Game Commission.)

## INTRODUCTION TO THE SAILING EXPERIENCE

Walt Bunge 776-4340  
and Blue Valley Yacht Club members  
Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

The Blue Valley Yacht Club would like to extend an invitation to those who are serious about getting into sailing to join them in this group. If you have a sailboat, bring it; if you don't, that's O.K. There will be some dry land lessons, discussions of sailing techniques, and we'll try to give everyone a chance at sailing. (Walt is the commodore of the Blue Valley Yacht Club.)

## NEW GAMES

Jim and Nina Miley 539-7086  
Fridays, 6pm  
Length: indefinite  
First meeting: June 18  
Location: City Park, east of Pavillion

There are several new games we would like to try to play. Some people already know Infinity Volleyball—a noncompetitive version of the old standby. There is also New Frisbee, Yogi Tag, Stand-off, and Circle Football. Depending on how many people sign up, we can try out any or all of these. We will combine this with picnics in the Park, so if you'd like, please bring a covered dish and service for your family. (Jim and Nina enjoy exploring new ideas and having fun sharing them with others.)

## SOFTBALL FOR ALL

Randy Ward 537-9608  
Dave Ayers  
Ann Swegle  
Sundays, 2pm  
Length: indefinite  
First meeting: June 20  
Location: KSU Intramural Fields

Here's a chance for everyone not already involved with a softball program to get together and have a lot of fun. Hopefully, we'll have enough people to form a few teams, but if not, a Sunday afternoon softball game is a great way to have fun. (Randy is a recent graduate of KSU and is very interested in this softball program. Dave and Ann are his enthusiastic cohorts.)

## RACQUETBALL, HANDBALL AND TENNIS FOR FUN

Dave Ayers 539-3859  
Saturday, 2pm  
Length: 1 time, June 19  
Location: UFM front lawn  
615 Fairchild Terr

This group is designed for people who would like to be involved in recreational activities like these but know a limited number of people who also enjoy the sport. Please sign up and give your name, address and phone number - the sport you are interested in, and your skill level. We'll compile this list and give it out at the first meeting. (Dave is a UFM staff member.)

## AEROBIC DANCE

Enell Foerster 537-0977  
Monday, Wednesday & Friday, 7:30am  
Length: indefinite  
First meeting: June 28  
Location: UMHE  
1021 Denison Ave  
Limit: 40

This event will provide exercise to train and strengthen the heart, lungs and vascular system. Like other aerobic sports, Aerobic Dancing is a desirable and beneficial form of exercise for it meets three of the most important exercise needs: 1) strengthens heart and lungs, 2) tones skeletal muscles, and 3) it provides mental and emotional release. Added benefits are agility, co-ordination, balance and flexibility. (Enell has taught swimming, rhythmic exercises, and attended the Aerobic Dancing Certification Clinic in 1974 and 1975.)

## BEGINNING TENNIS

Greg Ketchum 539-9228  
Fridays, 3:15pm  
Length: 6 times  
First meeting: June 18  
Location: Jr. High Courts  
Limit: 25

Bring yourself, a racquet, and a can of balls and we'll have a general orientation to the sport of tennis the first time. We will work on the basic forehand and backhand and the serve. We will also practice some swings. (Greg has taught tennis for 5 years and has played in competition.)

## LEAGUE VOLLEYBALL

Vic Boltes 776-9201  
Mondays, 7pm  
Length: indefinite  
First meeting: June 21  
Location: City Park Pavillion

We are interested in forming a couples' or mixed league for June and July for people who aren't already involved in leagues. We will play at City Park and have an organizational meeting at the Park Pavillion on Monday, June 21 at 7pm to decide on a regular playing time. (Vic works with Big Lakes Developmental Center and has been into volleyball for a long time.)

## GOLF FOR BEGINNERS AND BEYOND

John Harrison, Jr. 539-4925  
Sundays, 7:30pm  
Length: 5 weeks  
First meeting: June 20  
Location: Stag Hill Golf Course  
Limit: 12

This class is for beginners and more experienced players as well. You will need one iron for the first class (any one #5-9) and later, a putter. We will work on the basics such as swing and then move into different shot-making, chipping, putting, etc. A guest professional will demonstrate for the last class meeting. There will be a cost of \$1/session for use of balls. (John played golf throughout high school and works for a golf professional.)

## BASIC BACKPACKING AND EQUIPMENT

Tim McGrath 539-5639  
Thursday, 7pm  
Length: 1 time, July 8  
Location: 1111 Moro  
Limit: 15

This will be a beginning class on the equipment and skills needed to get into the outdoors. We will be able to discuss any aspect of outdoor sports from day hikes to living in the wilderness. We can also talk about local trails and camp areas. (Tim has been backpacking and skiing for four years.)

## WEIGHT TRAINING FOR WOMEN

Richard Felton 539-3826  
Mondays, Wednesdays, & Fridays, 6pm  
Length: 8 weeks  
First meeting: June 16  
Location: Ahearn Fieldhouse, weight room  
Limit: 30

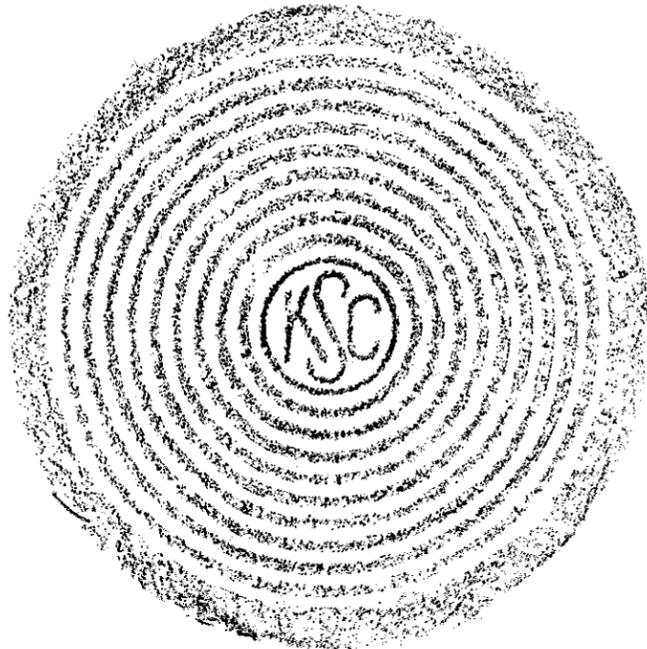
The course will introduce information to facilitate critical thinking about intake (Tab, beer, candy), weight and "fat." Principles and routines of weight training will be used to tighten flabby arms, waists and thighs, with some achievement of weight loss. There will be a \$1.25 facility use fee payable at registration. (Richard is an ex-KSU wrestler who has wrestled for 8 years and used weight control and weight training to achieve muscle strength and firmness without gaining in size.)

## SOCCER FOR FUN

Ted Socolofsky  
Tuesday and Thursday, 7 pm  
Length: 4 times  
First meeting: June 17  
Location: Small field south of old stadium

I will talk about the basic rules, skills and strategy of soccer. We will spend a little time on drills and more time with scrimmages. Anyone is welcome. We will try to get teams which will be co-ordinated with the Recreation Commission's Soccer League. (Ted has been playing and teaching soccer for several years.)

# SKILLS



Sheila Russell

## WHAT YOU CAN DO TO PREPARE FOR 1976 TAXES

Jim Stambaugh 296-7776  
Friday, 10am  
Length: 1 time, June 25  
Location: Manhattan Public Library

Prepare now and avoid those April 15th blues next year. Included in this presentation will be new law changes affecting income tax, how to accumulate necessary tax data, and preparation of some sample forms. We'll go through the short form for both state and federal taxes and discuss both standard and itemized deductions. At least 15 registrants are needed for this class to be held.

(Jim is the assistant chief auditor for the Kansas Income Tax Bureau.)

## COLLEGE CREDIT WHERE CREDIT IS DUE

John Steffen 532-5566  
Wednesdays, 7:30pm  
Length: 2 weeks  
First meeting: June 23  
Location: KSU, Umberger, #312

This is a "how to" course on building portfolio's which document non-sponsored (life experience) learning for presentation to college faculty members who might award credit. It includes some background on the Non-Traditional Study Program at KSU. We'll start building portfolios the first week, and look them over the second week. (John is the director of the Non-Traditional Study Program at KSU.)

## HOW TO HIRE YOURSELF AN EMPLOYER

Bill McCutchen 776-8790  
Dennis Maack  
Saturday, 9am - 4pm  
Length: 1 time, July 17  
Location: First Christian Church, Koller Hall  
115 N. 5th St  
Limit: 50

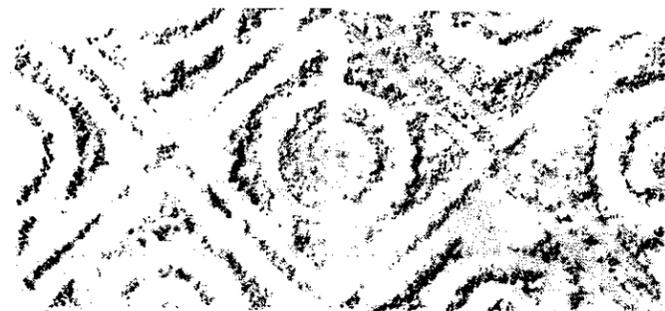
Searching for a job? Have fun that works, too! In this workshop you will identify what you like to do and what you do well. You will learn how to write resumes and where to send them -- and where not to send them. You will learn how to interview a prospective employer, how to select from your many choices which one you will hire and how to negotiate the salary you are worth. You need not be at the mercy of an employer - you can turn the table on him or her. A fee of \$5 will be collected from each participant at registration. Leaders will then order a copy of What Color Is Your Parachute? for you. Travel expenses for one of the leaders traveling from Lawrence will be prorated among the participants.

(Dennis is a communications and organizational development consultant. He's also a United Methodist minister, accredited with Consultant/Trainers Southwest and does a variety of consulting with government, schools, churches and businesses. Bill is the associate minister of the First Christian Church and is experienced in pastoral counseling and human interaction. He is an intern member in group development in Consultant/Trainers Southwest.)

## MOTORCYCLE MAINTENANCE (HOLD THE ZEN)

Bob Gregor 776-9441  
Mondays, 7:30pm  
Length: 4 times  
First meeting: June 21  
Location: 210 Poyntz (backdoor)

This course will be a basic one on motorcycle repair and maintenance. Anyone who can operate a motorcycle can repair it. Members of the class will help decide its direction. (Bob works at the local motorcycle parts store and says he was born with a wrench in hand.)



## GETTING THE MOST OUT OF YOUR BICYCLE

Jay Wood 537-9391  
Thursdays, 6pm  
Length: 4 weeks  
First meeting: June 17  
Location: 1111 Moro

We'll cover how to choose, maintain and most importantly, what to do or not to do with your bicycle. We'll talk about simple maintenance procedures and riding for recreation and health. This class is aimed at beginning bicyclists. Commuting, touring, bike camping and racing will be discussed briefly. We'll try for some short rides each evening after the session and possibly a couple of Saturday afternoon tours. (Jay works at a local sporting goods store and has raced and toured for several years. He's also on the Bikeways Committee.)

## HOW TO BUY A BOAT

Ron Burk 776-7818  
Thursday, 7:30pm  
Length: 1 time, June 17  
Location: UFM living room  
615 Fairchild Terr

We will discuss what is involved in the selection of a pleasure boat, sport boat, or recreation boat in terms of construction, equipment and use. (Ron worked at a boat dealership for several years.)

## GARAGE SALING

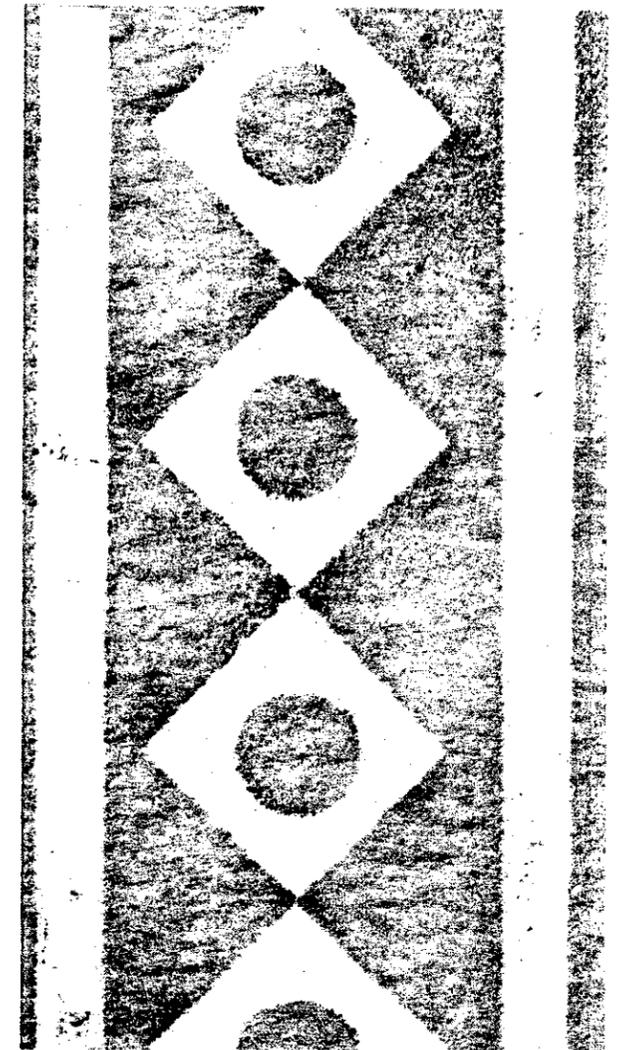
Rosemary Deininger 539-8019  
Wednesday, 7:30pm  
Length: 2 times  
First meeting: June 23  
Location: 1309 N. 10th  
Limit: 6

Strictly for the beginning garage sale seeker. Learn the how-to's of giving your own garage sale, techniques of bickering, personal appearance, and mapping out a garage sale route. We'll meet twice, first on Wednesday to go over the techniques and then on the following Saturday to hit the garage sales! (Rosemary is a professional weekend garage sale goer.)

## BARTENDING

Jim Kelly 539-3859  
Sundays, 7pm  
Length: 3 weeks  
First meeting: June 20  
Location: to be announced  
Limit: 12

Here's a chance for interested people not only to learn how to mix the basic drinks but also to develop a skill for unusual and exotic drinks. A fee of \$5 will be collected at registration to cover mixes, ice and booze for the three sessions. Class will be limited, of course, to those over age 21. (Jim is a student at KSU and has been a bartender for 3 years.)



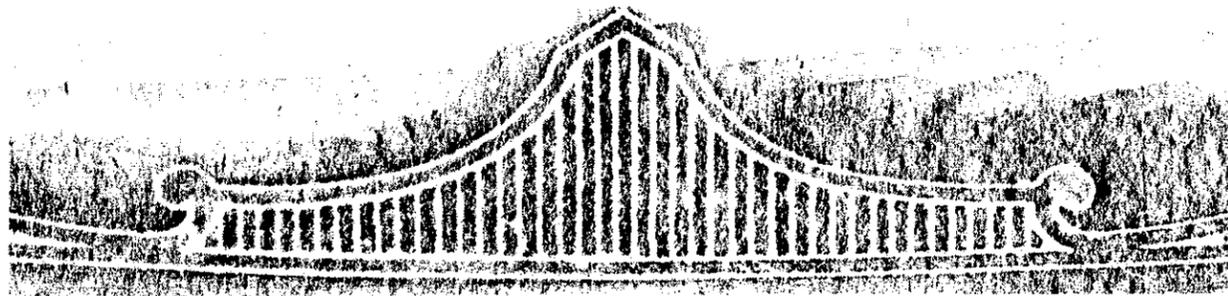
## BEGINNING SIGN LANGUAGE

Ed and Wendy Schiappa 537-0905  
Sundays, 3pm  
Length: indefinite  
First meeting: June 27  
Location: Jardine Terrace, Apt V-5  
Limit: 10

This is a basic introductory class to American Sign Language for the deaf and hearing-impaired. No materials are necessary but a small purchase of a manual is suggested. The class is for anyone interested in learning basic sign language. (The class leaders are both hearing persons who have had training in sign language and are both interested in further studies in deaf education, both for the hearing and the hearing impaired.)

## BEGINNING ARABIC

Bruce Keeler  
Sign up at registration and you will be contacted.



# ABOUT US

## WHAT A NAME!

Back in 1967 everyone we met said, "Isn't the name University for Man unique and clever!" In 1976 the staff spends more time explaining to people why our name contains the word Man, when obviously our classes are open to all people, than we do telling them about community education. Our name appears to be a remnant of the issues that hamper women from obtaining an equal place in society. Could you help us? Do you have name change suggestions for us, or thoughts on the issue that you could share with us?

## COMMUNITY GARDENS

According to Doris Hoerman, the Gardens Coordinator, 88 families and individuals have their gardens underway. With support from the City Commission, a new water system was installed and an additional quarter block of land was converted into gardens. Roy DeHoff, Pat Jorns, and John Means have been helping out at the gardens through the work/study program. Martha Tomacek, a hort therapy student, has worked closely with the boys to help maintain and develop the gardens.

## FREE UNIVERSITY NETWORK

In addition to UFM there are approximately 200 other free universities across the country. A national network has been established with an office located in Manhattan. Bill Draves, who was coordinator of the Milwaukee Free University, is serving as the national coordinator and Shella Russell, a UFM staff member, is editing the newsletter. If you know of other communities or people wishing to begin a community education program the network would be glad to provide assistance.

## FIPSE

UFM expanded to six smaller Kansas communities last fall. After three successful brochures the communities are now initiating ways to continue the programs locally, while our staff begins the first steps of selecting six new communities for next year.

## CAMPUS-FREE COLLEGE

CFC is a new college that grants AA, BA, & MA degrees. Students may tailor their education to their own lives and learning patterns, interests and goals, to become self-directed learners. Learners are free to draw upon a wide range of learning opportunities -- apprenticeships, on the job learning, and individually designed learning projects. Campus-Free College learners work with Program Advisors who are located throughout the U.S. The two Program Advisors in this area are David Hursh and Sue Maes, 532-5866.

## STAFF MEMBERS

Steve Ernst	<u>High School Staff:</u>
Doris Hoerman	John Bode
Sue Maes	Miriam Shaheed
Nina Miley	
Shella Russell	<u>Senior Citizen Work:</u>
Sue Sandmeyer	Nadine Burch
Ann Swegle	
	<u>Rural Kansas Projects:</u>
<u>Welcome to New Staff:</u>	Steve Abrams
David Ayers	Jim Killacky
Velina Houston	Joe Rippetoe
Kathy Seltzer	
Melody Williams	

Leaving us for the East West Center in Hawaii is Owen Wrigley.

## WITHIN

The UFM house's furnishings are getting old. Couches are threadbare and the chairs have outlived their lives. The UFM staff would like to give the house a face-lift over the summer. Donations of patio furniture, couches, pillows, desks, lamps, etc. are needed to make the house a comfortable place.

## CRAFT STUDIOS

A kiln, two new potter's wheels and a darkroom are all available for your use. A schedule of available times is posted at the UFM house. Studio rates for the summer are 50¢/hour with a limit of six hours per week. Please sign up for the hours you would like to use the studio and pay your fees at registration.

## A FILM

For over three years it has been University for Man's dream to make a film about our program. Thanks to support from the Fund for the Improvement of Post Secondary Education the project is now underway. Dennis Lofgren and Jani Sherrard are in the process of writing the script with filming starting this fall.

## THANKS FROM US

University for Man is financially supported by the KSU Division of Continuing Education, the Student Government Association at KSU, the Manhattan Chapter of the United Way, The Fund for the Improvement of Post Secondary Education, and the Emergency Jobs and Unemployment Act-Title VI.

The concerns and assistance of these groups enable UFM to provide a learning network of high quality, available for free to all participants.

Personal thanks are also extended to those private individuals who have made contributions of money, time and energy. UFM is a non-profit, tax exempt organization.

## CRAWLING INTO THE WOODWORK

John Schnittker 776-9721  
 Wednesdays, 7:30pm  
 Length: 6 weeks  
 First meeting: June 23  
 Location: UFM basement  
 615 Fairchild Terr  
 Limit: 20

This class will be geared towards general carpentry techniques as related to home repair, remodeling and maintenance. Topics to be covered will be dependent on class participants' needs and interests, but can include such things as hanging doors, pouring cement, woodworking, etc. (John has worked in the construction industry for about 4 years and would like to share his knowledge with others.)

## DO'S AND DON'TS OF BUYING AND SELLING A HOUSE

Richard Hill 539-2309  
 Wednesdays, 7:30pm  
 Length: 2 times  
 First meeting: June 30  
 Location: First Presbyterian Church  
 801 Leavenworth

The ins and outs of buying and selling a house will be discussed along with such practical things as electrical carpentry, heating systems and plumbing with respect to purchase or sale. We will probably visit a house and consider how to judge it. For those interested, there will be a question and answer period about buying older homes.

(Richard is a local realtor.)

## THE OWNER BUILT SOLAR HOME

Randy Pierce 537-0421  
 Nina Miley 539-7086  
 Thursday, 7:30pm  
 Length: 1 time, July 15  
 Location: KSU, Justin Hall, #109

Are you interested in building your own home? If so, join us for an evening of slides and discussions about one that we built. We hope we can answer any questions you may have about new materials, solar energy and building codes. (Randy and Nina co-designed the Miley home and the Miley's built it.)

## MODERN WALL COVERINGS

Brooke Scott 776-9435  
 Monday, 7pm  
 Length: 1 time, June 28  
 Location: 310 Poyntz

Types of wall coverings, including estimating and selecting for the job and application techniques will be covered. A discussion of common application problems and solutions, in addition to a material-application workshop will be presented. All materials furnished. (Brooke was an independent decorating contractor for 2 years and has spent 4 years in sales and management.)

## DECORATING WITH FLOOR COVERINGS

Brooke Scott 776-9435  
 Wednesday, 7pm  
 Length: 1 time, July 7  
 Location: 310 Poyntz

Covered in this session will be types of floor coverings, estimating and selecting for the job, application techniques. There will also be a discussion of common application and solutions. A material-application workshop. All materials furnished.

## EXTERIOR HOUSE PAINTING

Brooke Scott 776-9435  
 Monday, 7pm  
 Length: 1 time, July 12  
 Location: 310 Poyntz

We'll show how to inspect and evaluate the existing paint system, prepare the surface, and select and apply primers and finish coats. Causes and corrections of paint failures will be discussed. A material-application workshop. All materials furnished.

## INTERIORS COATINGS AND FINISHES

Brooke Scott 776-9435  
 Tuesday, 7pm  
 Length: 1 time, July 13  
 Location: 310 Poyntz

What to use, how to prepare for use and the proper application of finish will all be presented. Oils, latexes, varnishes, stains and specialty texture coatings will be discussed. Tools and maintenance items will be described and used. All materials furnished.

# REGISTRATION

Every year some poor UFM staffer gets the chore of writing registration copy. Some approach it positively like -- "We love you, we know you're committed to alternative education, but you just forget to go to your classes sometimes after registering for them. Your leaders have prepared goodies for you and they'll be disappointed if you don't show. So this year, please remember to go to your classes, okay?"

Some are not so gentle -- "Listen, buddy, the leaders and we at UFM have broken our backs getting this brochure together and if you don't

attend your class, after registering for it, we're going to track you down and.....!"

Well, this year we've boiled it down to a cryptic comment: About 90% of the people who sign up for our classes go and help make the classes unique experiences for all of us. We think you're beautiful and we love you. About 10% who register never show up or let us know they aren't coming. We think you're nerds. So if you register, please show up or call your instructor if you can't.

All registration will be on Monday and Tuesday, June 14 and 15 at the following places:

KSU Union (by ride board)	9am-4pm
Public Library	9am-8pm
UFM house	9am-5pm
UFM phone	9am-4pm
532-5866*	

\*If calling by phone, please limit call to 4 class enrollments.

*University For Man  
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Manhattan, Kansas 66502*

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