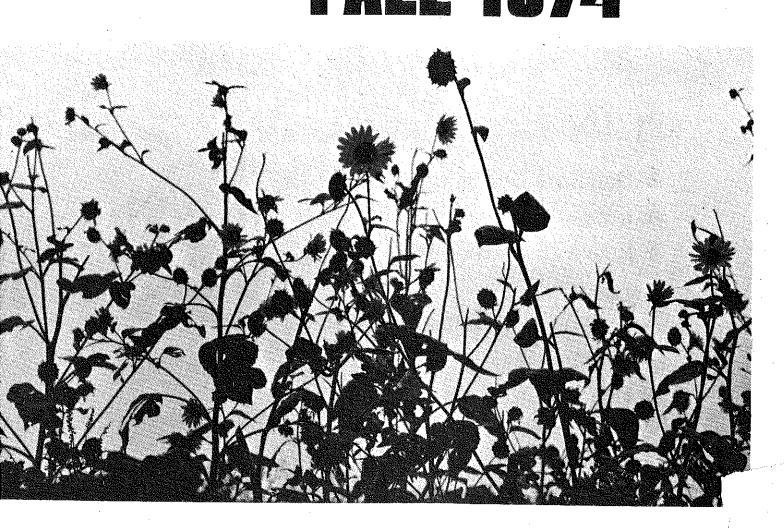
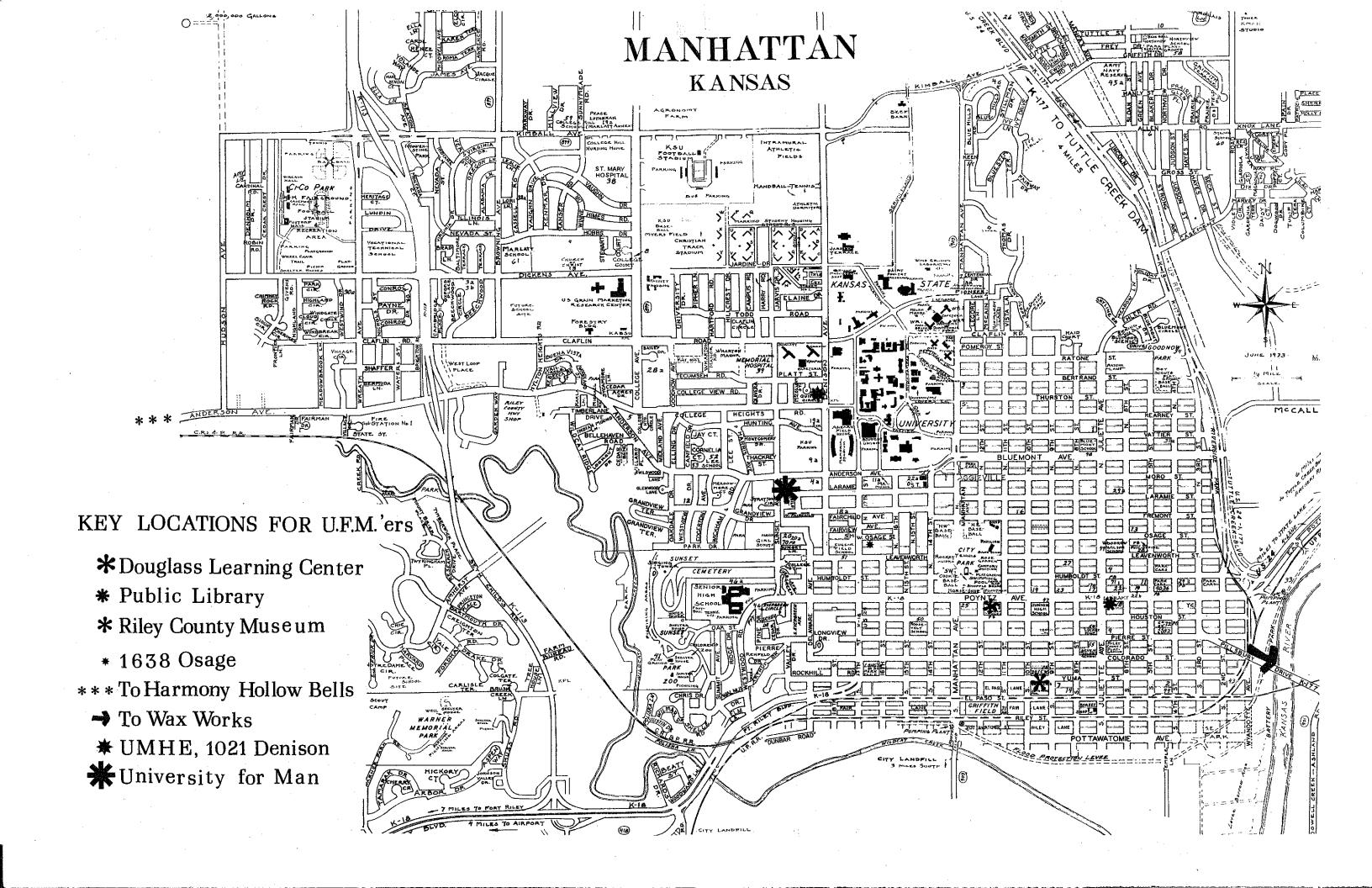
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# \*\* \* \* Guide To UFM Events \* \* \*

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# MANHATTAN IN TRANSITION:

# EXPLORING HUMAN VALUES AND PUBLIC POLICY

It's the business of the humanists to help us see the full
range of choices, to set our
sights on those things that
enlighten the human condition,
that lift and strengthen the
human spirit, and thus to extend people's capacities to
live together peacefully, compassionately, and with understanding. (Robert Goheen)



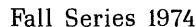
To ask the hard question,
as W.H. Auden put it, is
easy. But to ask the right
question is not. Perhaps the
simplist of all the right questions, and the most difficult to
answer, is the question at the
heart of humanistic study: not
how or when or where...but Why.
(William Shaefer)

### The Kansas Committee for the Humanities

The Kansas Committee for the Humanities (KCH) is an independent group of citizens working in cooperation with the National Endowment for the Humanities, a federal agency created by Congress in 1965 and supported by public appropriations and private contributions.

The KCH state-based program provides an opportunity to bring together citi-

zens, public officials, and college and university teachers and other specialists from the fields of history, literature, philosophy, ethics, religion, law and related humanities perspectives to articulate values, priorities, cultural attitudes and traditions so that communities may be able to maintain and strengthen a sense of identity in the midst of inevitable growth and change.



SPACE, TIME and GROWTH:
Community Responsibility for Elementary & Secondary Education

October 10 & 17 7:30 p.m. - Fisher Hall

First Presbyterian Church

8th & Leavenworth

Parents, students and interested citizens will join the panelists on two successive Thursdays for open discussions of the types of educational programs we expect in our schools and what will best realize these programs in terms of the November School Bond Issue.

Panelists will include:

Joseph Hawes, Chairman, History Dept. Kim Spurgeon, Asst. Prof., Arch. & Design Richard Marzolf, Manhattan parent Jack Carpenter, Assoc. Dean, Arts & Sciences James Hamilton, Asst. Prof., Philosophy Kay Olson, Manhattan parent

THE IMPACT OF POWER IN SHAPING PUBLIC POLICY:
"Star Power" - A Game for Community Players

...a stimulating, provocative and meaningful simulation game to help citizens get a 'handle' on how we get power and how we use it in a competetive society.

Peter Sherrard, Director, KSU Counseling Center Jim Killacky, UFM Co-ordinator Grace Schroer, Attorney Murt Hanks, Manhattan City Commissioner

October 24 -7:30 p.m.-Fisher Hall, First Pres. Church

THE CONSEQUENCES OF GROWTH: Junction City, 1890-1915

...an in-depth discussion of a film which raises questions about the human impact of the transition of a small community into a large city.

Homer Socolofsky, Professor, History
George Griffin, Spencer Research Library, creator
of the film
Roy Gridley, KU English Dept., Writer and narrator of the film
Eldon Hoyle, Mayor of Junction City

November 7 -7:30 p.m.-Manhattan Public Library

CULTURE AND COMMUNITY: Cultural Awakening Under the Manhattan Arts Council

...an evening of assessing the value of cultural amenities to our community's well-being from the vantage of the humanist, the artist, and the citizen.

Robert Coon, Chairman, Modern Languages Dept, KSU Mary Knecht, Exec. Director, Manhattan Arts Council Artists from the Loretto-Hilton Mime Company

November 12 -7:30 p.m.-Manhattan Public Library

RUNNING FOR PUBLIC OFFICE: Its Costs and Rewards

...a first-hand account from local politicians who will share their own experience and probe with the audience the hazards and rewards of running for public office.

Robert Linder, Professor, History Martha Keys, Congressional Candidate, 2nd District Richard Seaton, Attorney Russell Reitz, Mayor of Manhattan

November 21 -7:30 p.m.-Manhattan Public Library

# CRAFTS

### BASIC NEEDLEPOINT

Sheila Sapienza Wed, 7:30pm 539-6629 First Meeting: Oct 2 Location: 1617 Leavenworth

Limit: 15 Familiarization of materials, stitches and methods of creating your own designs. We will learn how to transfer and enlarge designs, block and finish pieces. Projects will include stitch sampler, bargello and curvelinear design. A \$5 fee will cover the cost of materials to begin the course.

(An art major in college, experienced at needlepoint 3 years while working in a needlework store.)

### T-SHIRTS AND SEQUIN DESIGNS

Jane Hutchison Sun, 1:00pm
537-8759 First Meeting: Oct 13
Length of Course: One time
Location: 332 Twykingham
Limit: 10

This is a fun and creative craft that anyone can learn to do. It is very popular and inexpensive contrary to magazine ads and local fashion shops. We will do fantastic designs with sequins and beads. This craft will turn ordinary t-shirts into creative works of art. Bring one t-shirt and all other supplies will be furnished.

### TOLE PAINTING

Ruby Wendling Tues, 2:00pm
539-6403 First Meeting: Oct 29
Length of Course: 1 time
Location: Creative Crafts,
1127 Moro

A demonstration on the art of tole painting and different brush techniques for the finished effect of tole.

### PINCHING OUT POTS

David Weyerts Sat, 1:00pm 539-5087 First Meeting: Oct 12 Location: Douglass Center Limit:15

We will learn the basics of pottery using the slab and pinching method. I would like to focus on grade school children. Pots will be glazed & fired. (David has taught UFM courses in pottery before.)

There will be a \$2 fee for the clay.

### MAKING BODY COVERINGS

Dorothy Koepsel Thurs, 7:00pm 539-5589 First Meeting: Sept 26 Length of Course: approx 3 Location: Newman Center, 711 Denison

Body coverings are any clothes that have been designed to make a statement for the wearer. Taking new or used clothes or materials & enhancing them by paint, embroidery applique or other techniques is how its done. For first meeting, bring your idea or problem for a body covering.

(Dorothy is a local Manhattan artist)

### CORN HUSK DOLLS

Ruby Wendling Wed, 2:00pm 539-6403 First Meeting: Oct 16 Length of Course: 1 time Location: Creative Crafts, 1127 Moro

A demonstration on the construction of corn husk dolls with variations in costume and technique.

### MAKING A GOD'S EYE or OJO DE DIOS

Dorothy Koepsel Wed, 7:00pm 539-5589 First Meeting: Oct 2 Length of Course: 1-2 times Location: Newman Center, 711 Denison

How to construct a god's eye. What type of yarn, what colors, and variations of weaving.

### STRING ART

Margie Hedgecock Tues, 7:30pm 537-2834 First Meeting: Oct 1 Length of Course: 3 weeks Location: Douglass Center

String Art is a type of abstract art made with readily available materials. The materials you will need will be discussed at the first meeting. Patterns will be provided.

(Margie has an avid interest in string designs. She has used various materials and methods.)

### BEADING

Diane Dollar Tues, 7:30pm 539-6947 First Meeting: Oct 29 Location: UMHE,1021 Denison Limit: 10

The application of beads as decorative treatment, use of a loom — if we can find a couple more — jewelry making if that seems like a good idea. Bring your beads or come decide what you want to do. Materials cost: \$1 or more. (General art-type person — university instructor — all round nice person.)

### BEGINNING KNITTING

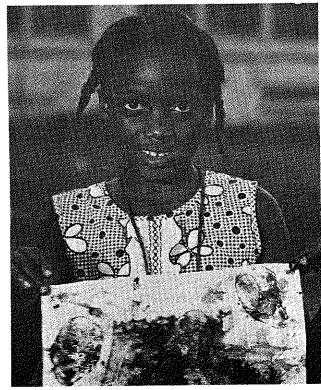
Eva Beckom
539-0323
First Meeting: Oct 17
Location: 310 N 14th, Ogden
Limit: 12

Beginning knitting will include basic skills & reading patterns. Choose a simple project to complete in 4 weeks. Materials not required for first session.

### BACKSTRAP WEAVING

Sherrie Robbins
537-0397,
after 6:00pm
First Meeting: Oct 16
Location: UFM House,
615 Fairchild Terr.

Construction and principles of weaving on a backstrap loom. Please bring a cloth belt to tie the loom around your waist while weaving. Bring 25-50¢ for loom.



G. Kren

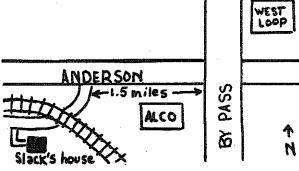
### SPINNING

Martha Slack 539-7194

Mon, 7:30pm First Meeting: Oct 21 Length of Course: 1 time Location: See map

There is no way to prick your finger on my spinning wheel and sleep for 100 years, or even spin straw into gold, but it is easy to spin and lots of fun ....I'll show you how it's done.

(Martha's a many-talented local artist)



### CANDLE MAKING FOR BEGINNERS

Claude & Sherri Robbins Mon, 7:30pm
537-0397 First Meeting: Oct 14
Length of Course: 2 times
Location: The Wax Works, Rt.2
(1-1/2 miles So. on K-177)
Limit: 30

Make your Christmas presents! We will demonstrate how to make a variety of candles and the proper techniques involved. This class will meet only twice. The first meeting will be a demonstration. The second meeting will be for you to show us what you have done. We have a great deal of experience in most types of candlecrafting.

### BEGINNING MACRAME

Steve Hawks Wed, 8:00pm
776-4373 First Meeting: Oct 16
Length of Course: 4-6 weeks
Location: 619 Moro
Limit: 12-15

This course is organized for those who know little or nothing about macrame, but have the desire to learn. We will begin by making flower potholders from a couple of basic knots and then move on to perhaps pendants and possibly more involved wall hangings. Materials cost: between \$5 and \$10.

(Steve's enjoyed doing macrame for one year, making wall hangings and flower pot hangers.)

### THE NAKED T-SHIRT

Beth Spurlock Tues, 7:30pm
539-6774 First Meeting: Oct 1
Length of Course: 4 weeks
Location: Douglass Center
Limit: 10

Would you hang a totally blank canvas in your living room? Then why are you wearing a stark raving naked t-shirt? There's something you can do about that, you know. You don't? All you need is an unadulterated t-shirt (preferably without pocket) & about four tubes of fabric paints. Come learn how to open your mind and put it on a shirt.

### BASIC POTTERY

Mary Clare Brandt Mon, 7:00pm
539-5072 First Meeting: Oct 28
Length of Course: 10 weeks
Location: Douglass Center.
900 Yuma
Limit: 15

I will show how to work up clay to prepare it for use & illustrate the coil, slab, and pinch techniques of pottery. We will meet one a week the second half of the semester and we will have time and facilities to make many great finished pots. Glazing and firing will be included. Materials cost: approx. \$2 (BA in Art, great interest in pottery)

## crafts

### BELL FOUNDING & SANDCASTING

Sat, 10-12noon Jeff Cross First Meeting: Nov 9 Length of Course: one time

Jeff Cross, folk bell founder, will open his studio for an explanation of bell founding and demonstrations sand casting and patern making. There will be hundreds of Christmas bells in various stages of completion observe. Light refreshments will be served by the Heart of American Chapter of the American Bell Assoc. Afterwards Jeff and his apprentices will hasten to the task of completing the bells in time for Santa's helpers to fetch them for the grand journey down the chimney. Harmony Hollow Bell Works is located 9 miles west of Manhattan on Anderson Ave. which turns into County 412. TIE DYING

Vicki Tyler

537-8978 Wednesdays, 7:00pm First meeting: Oct. 2

Location: UFM, 615 Fairchild Tce. Limit: 20

Bring a t-shirt, pillow case, or whatever you want to tie dye - one, two or however many colors of Rit (powdered) dye, and rubber bands (lots of 'em). If you have any large pots or rubber buckets or tubs (at least 12in. in dia meter) bring them along, too. Vicki took an art class that covered tie-dying very extensively and she has done a lot on her own.

### BEGINNING SEWING

Jean Willis

539-1419 Mondays, 3:00pm First meeting: Oct 7 Length of course: 8 weeks Location: Douglass Center, 900 Yuma Limit: 12

Course will include information on fabrics, equipment, pattern selection, and basic construction techniques. time will be divided between demonstrations and sewing construction. Fabric and basic sewing equipment will be provided by students, but do not purchase until after first meeting.

### BEGINNING CROCHETING

Vicki Tyler

537-8978 Thurs, 7:00pm First meeting: Oct. 3

Location: Putnam Hall basement (KSU) Limit: 20

Bring a large (preferably G through K size crochet hook, one skien of yarn (any kind, any color, etc.) and if you want, a pattern (fairly simple) of something you would like to make has been crocheting afghans, scarves and shrinks for seven years.)

### DOUGH ART

Ruby Wendling 539-6403

Tues , 2:00pm First meeting: Oct. 22 Length of course: 1 time Location: 1127 Moro

We will demonstrate the art of shaping dough with the hands and a minimum of tools for decorative ornaments plaques.

### EMBROIDERY ORIGINALS

Ann Carter 539-3312

Wed., 7:30pm First meeting: Oct 2 Location: 1638 Osage

You don't need a kit to make crewel pillows or pictures, or to embroidery jeans or workshirts. Whether you've ever sewn or not, we can make some neat creations by getting togeth er with some thread and needles and a little imagination. Also bring some material or clothing to sew your design on.

### SILK SCREENING

Captain Farblossom Saturdays, 10:00am First meeting: Dec 7

Silk screening can be intricate, precise, and difficult. However, I have devised quick and easy ways to reproduce beautiful Christmas cards. Every one will make some cards using various techniques. Please bring some nice heavy paper. If you already have a screen, bring it. Otherwise I will advise how to make and use them. It is simple. Class will meet at the Harmony Hollow Screen Works, 9 miles west of Manhattan on Anderson Ave. which turns into County 412.

### SAFETY PIN JEWELRY

Ruby Wendling

539-6403

First meeting: Oct. 8 Length of course: ( 1: time Location: Creative Crafts 616 Poyntz

Tuesdays, 2:00pm

We will give a free demonstration of this craft in our workshop.

# RILEY COUNTY HISTORICAL MUSEUM

This fall the Riley County Historical Museum is offering a series of courses in Pioneer Skills. This will be the fifth consecutive series of such classes offered by the Museum, New offerings include Loom-building and Corn Husk with eight other titles which have been popular in the past. All classes will meet at the Museum, which is located in the Memorial Auditorium Building at 11th and Poyntz. Instructors

Many individuals would like to try their hands at weaving, but have no looms. Looms are hard to come by at present. So why not make your own? Simple types will be stressed, with more complex models being available for the ambitious. Following completion of the looms a simple instruction weaving will be given. During the spring term a more extensive course in weaving is being planned.

INSTRUCTOR: Barbara McFadden. First session: Friday, Sept 27, 2:00pm. This session will be for discussion of the materials needed, etc., prior the actual work. Four sessions are planned. Thanks to the KSU Dept. of Clothing & Textiles and the KSU Extension Home Economics staff.

### CORN-HUSK CRAFTS

Dolls for children in the "olden days" had to be made from materials which were at hand. One type was corn-husk dolls. Come and make your own corn-husk. Other corn-husk projects include door mats. A source of corn-husks has been found, thanks to the KSU Agronomy Dept.

INSTRUCTOR: Lucile Wolf

First session: Saturday, Oct 26, 9:30am. 2 sessions.

### SOAP MAKING

The basic technique will be demonstrated, with discussion of various additives which will improve the appeal of the basic product. INSTRUCTOR: Jean Dallas First session: Saturday, Oct 5, 10:00am One session. Thanks to KSU Dept. of Animal Science and Industry for materials.

The art of making lace with a small hand shuttle can be a nice pastime. Help keep this art alive! INSTRUCTORS: Mrs. Earl Ray & Mrs. A.B. Sageser. First session: Sunday, Sept 29, 2-4pm. 6 sessions.

are volunteers. There is no charge for the classes, but a contribution to the Museum will be gratefully accepted. The student will need to provide materials or pay the instructor.

For further information prior to the beginning of

please call the Museum (537-2210). Registration may be made any time at the Museum or at the regular UFM registration.

### PATCHWORK & QUILTING

Individual attention will be given to students wishing to make small patchwork items, such as pillows, place-mats, potholders, in addition to those wishing to make bed quilts from baby to king-size. INSTRUCTORS: Barbara Poresky & Mrs. Henry C. Miller

First session: Thursday, Sept. 26, 2-4pm. 6 sessions.

### FURNITURE REFINISHING AND UPHOLSTERING

Provide your own piece of furniture, antique or not, preferably one that is portable so that you can work on it at home. The group will go through the complete process of stripping, sanding, and applying the finish. Bring: 1. an old paintbrush 2. a small non-dissolvable wide-mouth container 3. a scraper 4. rubber gloves 5. \$2 fee for materials provided INSTRUCTOR: Dr. Robert Groble

First session: Saturday, Sept. 28, 9am to noon. 6 sessions.

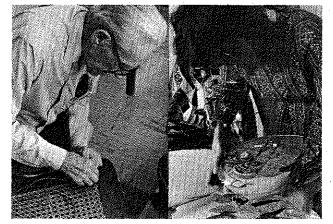
### CHAIR CANING

We are repeating this popular class under the aegis of our instructor: T.H. "Scotty" Craven. Bring your own chair or stool to be caned. Mr. Craven has the other materials. First session: Saturday, Sept. 28, 1-3pm. Through Nov. 2.

### SPINNING

Practice will be given on spindles w/ additional instruction in the use of the wheel. Discussion will include types of fibers, dyes, etc. Materials fee is \$5. Class limit: 10. INSTRUCTOR: Martha Slack. First session is Wed, Oct 16, 2 pm. 3 sessions.

"Memory isn't a bondage or an uneasy servitude, but the most durable or our pleasures and the one that brings us the most solace across the years."



S. Lewis

# FINE ARTS

### MODERN DANCE

Janelle Davidson 539-3927

Wednesdays, 7:00pm First meeting: Oct. 2 Van Zile dorm, KSU

Basic exercises——muscle toning—study dance movements of all types: pheasant dance, square dance, round dance, and then on to individual creativity. (Janelle has a year's experience in all the basics of modern dance and public performances).

### BALLET

Barbara Jeffcott Tues, 6:00pm 537-0233 First Meeting: Oct 2 Length of course: one semester Location: Ahearn, Rm. 304

Exercises for beginning ballet techniques to develop a sense of balance and confidence in movement. Also, methods of achieving grace with strength.

### GLASS BLOWING

Mitsugi Ohno Mon, 7:30pm First Meeting: Oct 21 539-5013 Length of Course: One Time Location: Cardwell Hall, Rm. 101, KSU Mitsugi Ohno, a glass blower Japan, will put on a demonstration showing how glass is worked. This will include ornamental and technical glass pieces. He has contributed pieces to Eisenhower and Nixon. Presently, he is working on a model of Capitol Hill for the bicentenial. is one of the best glass blowers the world and this demonstration should not be missed.

### CHINESE PAINTING

Sue W. Hu 539-6192

Fri, 9:30-11:00am
First meeting: Nov 8
Length of Course: 4 weeks
Location: 925 Mission Ave
Limit: 5

Fee: \$2.50 each

A simple introduction to Chinese painting in general terms. I will show you some examples of different methods of Chinese painting, the relation between the chorograph and Chinese painting, how to handle the brush and how to write several basic strokes, and how to paint the bamboo. (Sue Hu took a one year private course in Calligraph and a one year course in painting.)

### CHINA PAINTING

Mrs. Mildred Spiers Wednesday 2:00 pm 539-3600 First meeting: Oct 9 Location: 2321 Timberlane Dr Enrollment limited to 10-12

A one-hour demonstration in my home. I will demonstrate and describe the process involved in painting and firing fine china, which I do in my home. Tole painting, china painting and ceramics painting, which I have done, will be on display throughout my home. (Experience in painting china 3-4 yrs.)

### DRAWING

David Norton Thurs, 7:30pm 537-7683 First Meeting: Sept 26 Location: KSU, Justin. Rm345

"Good art, wonderful art." Bring something to draw with for first meeting. We'll go from there.

### PHOTOGRAPHY

Lyle Dawson Limit: 10 239-5857 (after 6pm) Monday eve.

If you want to learn the basics of photography and/or go on to developing prints in the darkroom and/or proceed to make a portfolio, we'll meet and go from there. Location and time to be announced. (Lyle has 15 yrs. experience in photography.

### PHOTOGRAPHY--ADVANCED

Paul Chubbuck Wed, 7:30pm
537-9077 First Meeting: Oct 2
Length of Course: 13 weeks
Location: 816 Leavenworth
Limit: 8 participants

A sharing, bragging, and critique session for active and good or very good photographers. We'll each show some samples of our work every meeting and share tips, opinions, and resources. Any style of creative photography is welcome and professionals as well as students are encouraged to enroll.

### ADVANCED COLOUR PHOTOGRAPHY

Rick McGuire Sunday 1:00 pm 537-8559 1st meeting: to be announced Length of course: indef Location: to be announced Enrollment limited to 25

Field trips to shoot colour slides or prints. Developing of slides/ prints. Critiquing of work by students. Lessons in lighting, modeling, processing, printing. Enrollee must furnish supplies.

# MUSIC FUNDAMENTALS AND /OR BASIC HARMONY

Alan Lueke 539-8953

Mon, 8:00pm First Meeting: Sept 30 Length of Course: 6 weeks Location: UFM House

Note reading and scales to basic harmony. Course will be tailored to class knowledge and interests. An explanation of guitar chord symbols in terms of the keyboard will be included.

### MAKING STRINGED INSTRUMENTS

Harold Slinkman Tues, 7:30pm 539-8832 First Meeting: Oct 15 Length of Course: one meeting Location: Douglass Center 901 Yuma

Basically the materials for making all stringed instruments are similar. This one-evening class will describe the materials and methods necessary to construct a stringed instrument. Slides will be shown and construction forms will be demonstrated. (Harold has made 3 guitars, a harp, and 2 dulcimers over the past five years).

### FINGER-STYLE GUITAR

Steve Coulson 776-6726

Limit: 10 Tuesdays, 7:00pm First meeting: Oct. 1 Location: 1021 Denison

Like everyone else, you've probably always wanted to play like Leo Kottke, Mississippi John Hurt, or John Fahey, but figured you just couldn't do it, right? Well, maybe you can't. But you might come close..with hard work, practice, and a little help! Participants should have a classic-type guitar or something comparable, strung with nylon strings. We'll study the basics of music (scales, melody, chords and chord structure, harmony, rhythm) as well as elementary guitar techniques for left and right hands, then go on to more advanced finger-picking and other accompaniment styles as we make more progress. Some previous knowledge and ability would be helpful. (Steve has been an amateur guitarist for the past 15 years).

### QUILLING

Ruby Wendling Thurs, 2:00pm 539-6403 First Meeting: Oct 24 Length of Course: one meeting Location: 1127 Moro

We will demonstrate the art of quilling and the various techniques and tools used.



# fine arts

### LISTENING TO KENNETH PATCHEN

Joel & Anna Climenhaga Thurs, 8pm 537-7937 First Meeting: Oct 3 Location: 210 South 10th

We'll be listening to records of Kenneth Patchen reading; both his poetry to jazz, and a short novel. We will look at his poem-paintings, reading his poetry out loud, generally exploring his work. The Climenhagas have been personal friends of the Patchens for about 12 years. Joel has read Kenneth's poetry in public many times, both with and with out jazz.

### BEGINNING GUITAR

Kendall Casey Mon, 7:30pm 539-7207 First Meeting: Sept 30 Location: 1638 Osage

This course is strictly for beginners. We will learn a few fundamental chords and concentrate on developing the basic Right-handstyles used in American folk music. Although we will consider accompaniment techniques, the emphasis will be on solo playing. Students should buy a copy of TEACH YOURSELF GUITAR by Harry Taussig (Oak Publications, \$3.95) KSU Bookstore will have these.

### DULCIMER

Janice Turner

Wed, 7:30pm First Meeting: Oct 2 Location: UMHE, 1021 Denison, back room

People with dulcimers wanting to get together to share knowledge and music. Not a beginner's course.

### DECOUPAGE

Elsie Colbert 539-5624

Thurs., 7:30pm
First meeting: Oct. 3
Length of course: 5.weeks
Location: 2418 Buena Vista Drive
Limit: 20
Cost: \$8-10 or less

We can preserve pictures, some photos, announcements, prints, etc. Bring a notebook and pictures to the first meeting and we'll discuss using the pictures and explain the materials.

### PLAYER PIANO FUN

Frank Keller 539-8844

Wed, 7:30pm First Meeting: Oct 2 Length of Course: 4 wks Limit: 12 participants

We will focus on do-it-yourself repair and renovation for the amateur, but we will also enjoy playing old and new tunes on some of Manhattan's players. Exchange of experiences and rolls and perhaps a P.P.Club will result. Everyone welcome.

### WORKS, WISHES, AND WRITERS

Russell Laman Thurs, 7:00pm 539-3930 First Meeting: Sept 26 Karen Killough Location: 1st meeting-539-5030 Meet by Forum Hall in Union to set up car pool

If doing your thing means writing, come do it with us. We meet at the home of Russell Laman, Professor Everitus and author, looking out over Tuttle Lake, and read our fiction and non-fiction efforts for critique by the rest of the group. The bigger the group, the better the critique, so join us even if you aren't writing right now but are willing to act as critic. Maybe we can inspire you.

### POETRY WORKSHOP

Helen J. Williams Thurs, 7-9pm 539-6670 First Meeting: Sept 26 Location: 1641 Fairchild

The workshop will consist of we ekly group discussion of your poems. Please don't sign up unless you are really interested in working at the craft of poetry; by that I mean working at the tyrannical instrument of language until you can use it precisely and richly to say what is yours to say. Helen is an assistant professor to English at KSU, and has previously taught creative writfor 2 years at the University of Denver.

# FOODS

### BASIC SOYBEAN COOKERY

Chris Banner 457-3715 Mary Clarke

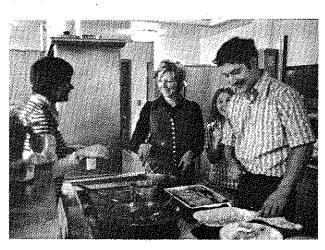
Sat, 2pm First Meeting: Oct 19 Length of Course: 1 time Location: 1638 Osage

A discussion and demonstration of the practical aspects of basic soybean cooking. Discussion of nutritional aspects. Sampling of a few dishes. Handouts of recipes and related literature. A donation will be asked to cover cost of materials and will depend on size of class. (Mary has a Ph.D in nutrition and works at Extension. Chriz cooks one soybean meal a week.)

### INTERNATIONAL\_COOKING

Barbara Parvis Wed, 7:30pm
776-7055 First Meeting: Oct 2
Length of Course: 9-10 times
Limit: 10-12
Location: 615 Fairchild Terr

Are you interested in learning to cook foreign foods, the authentic way? With the help of members of the international community of Manhattan, we will learn how to make exotic dishes as they are prepared in the countries of their origin. There will be a short organizational meeting to decide the direction of the class. The cost will be from \$1.00 to \$1.25 per person per meal.



MEXICAN COOKING CLASS

### HOME BREAD BAKING

Roger Townley 539-4641, Rm 307

Section I: Tues, 6:45pm Section II: Thur, 6:45pm First Meeting: Oct 1 or3 Length of Course: 6 sessions Location: Shellenberger Hall, Rm 109 Limit: 12 each section

A baking practicum, offered exclusive—
ly by the members of the Bakery Sci—
ence and Management Club, will meet in
the Grain Science and Industry Dept's
Experimental Bakery. Common principles
of bread, roll and sweet dough making
and cake decorating will be explored
by participants, who will be able to
take home each night's work. A course
outline with recipes, ingredients, and
a 9-piece decorating kit are included
in the \$15 fee. Please bring an apron.
Class will run 2-3 hours.

### BASIC COOKING

Pam Hogan Tues, 7pm 537-9174 First Meeting: Oct 8 Location: UFM House Library Limit: 6

A cooking class for those with little or no experience in cooking. Learn to fix breakfasts and main dishes that are quick, practical and nutritional. At the first meeting, we decide on a convenient day and place for class.

### MEXICAN COOKING

Mrs. Garibay Fri, 7:30pm
776-5155 First Meeting: Oct 11
Mary Lou Jaramillo Limit: 15
Length of Course: 1 time
Location: UMHE, 1021 Denison

We have some ideas on casserole dishes with a Mexican flavor that we would like to share with you. For those of you who want to learn how to make flour tortillas, please bring a rolling pin and we will show you how. Cost will be shared by members of the class.

### WINE MAKING MADE EASY

Bill Kellstrom

539-7654

Mon, 7:30pm
First Meeting: Oct 28
Length of Course: 1 time
Location: 615 Fairchild Terr
UFM Living Room

Now you can learn to make all types of wine - from vintage wines to the less expensive ones made from the things in your own yard. The course covers all aspects of winemaking, including equipment, ingredients, bottling and storage. You too can find out that drinking the wine is only half the fun. (Bill has three years experience in winemaking.)

### WINETASTING

Ken Shultis 539-2036 Weds, 8pm First Meeting: Oct 2 Location: 116 Dartmouth Limit: 20

By means of comparative tastings, we will attempt to broaden your appreciation of wines. We will dispel some of the myths of wine snobbery, discuss the proper serving and storing of wine, how to decipher a wine label, how to recognize a good wine purchase, how to discriminate between a poor, good, and great wine, how to order wine in a restaurant. In general, we will attempt ot make you a more educated and knowledgable wine consumer while uncorking and enjoying a few bottles of wine along the way. Must be 21 to join. Charge of \$10 per person for wine.

### MAKING COLD DUCK

Richard Hohly 539-6248

Sat, 7:30pm First Meeting: Sept 28 Length of Course: 1 time Location: 1215 Poyntz

Come and discover the versitile nature of Welch's grape juice in making wine and champagne.

(Richard's been making wines for about 2 years, 25-30 varieties.)

### STORING OF VEGETABLES

Charles Marr
532-6170
First Meeting: Oct 15
Length of Course: 1 time
Location: KSU Union, Rm 205C

Learn what to do before the first frost leaves you with 4 bushels of green tomatoes and you can't face another jar of green tomato mincemeat. A discussion of storage and preserving methods for vegeta bles for winter use.

### PRESERVING AND CANNING

Pat Tubach Fri, 7:15pm 776-4781 First meeting: Sept 27 Location: Manhattan Public Library

A discussion of the proper methods of canning. (Pat works for Riley County Extension in Expanded Foods and Nutrition.)

### GARLIC WITH GOLDBERG

Harvey Goldberg Thurs, 7pm
539-7124 First Meeting: Sept 26
Length of Course: Continuing
Location: 417 N. 17th
Limit: 5

Harvey told us that the title was self-explanatory; now we would like to tell you that Harvey is one of the finest cooks in town, even though he is addicted to garlic, and what he has to share and say about garlic and cooking would make those who listen culinary experts. You could have a beautiful affair with garlic.

### *ঽড়*

### PAROLE AND PROBATION VOLUNTEERS

Caroline Peine
532-6432
Georgia Pursley
776-4854
Robert Paulus
539-8928
Tues., 3:30pm
First meeting: Oct. 1
thru November
Location: Holtz Hall
(103)

Looking for a chance to do a real job on a volunteer basis? Join us as a parole and probation volunteer. Clients will be from the municipal and/or county courts. Upperclass status preferred.

# TOUR OF THE BOYS OR GIRLS INDUSTRIAL SCHOOL

### Don Weiner

If there is sufficient interest and official approval can be obtained, there will be a ½ day tour of the Boys Industrial School in Topeka or the facility for juvenile girls located in Beloit. Don Weiner, K-State's student attorney will be conducting the tour, probably in late fall. If interested sign up at UFM registration.

AAUPP or AMERICAN ASSOCIATION OF UNITED PIPE PUFFERS

Jim Lackey

539-4281 Wed., 7:00pm First meeting: Sept. 25 Location: 1021 Denison (UMHE)

This group is for those who can endure smoke filled rooms, endless joys of huffing and puffing, sampling varieties and blends of tobaccos, and undirected pursuit of questions of large and small importance. Jim and friends have been puffing for years and know all there is to know.

### HOMEMADE COTTAGE CHEESE

Harriet Ottenheimer Tues, 4:00pm 532-6889 First Meeting: Oct 1 Length of Course: 1 time Location: UMHE,1021 Denison

Learn how to make your own home-made cottage cheese from raw milk. If the group is interested, we can also discuss yoghurt making and cheese making. (Now that Harriet makes her own cottage cheese, her family won't settle for any other.)

### VEGETARIAN POLTUCK

Carolyn Cloud Sun, 4pm 537-5]33 First Meeting: Sept 29 Doris Hoerman Location: UFM Kitchen 776-7500

Whether you're into meatless meals by choice or involuntarily, here is a chance to enjoy good food, conversation, and maybe learn a little about nutrition in the process. Carolyn has been a vegetarian for several years and Doris enjoys periodic vegetarian meals.

### YOGURT MAKING

A.C. Weyerts 539-5087 Fir

Sat, 10am First Meeting: Oct 12 Length of Course: 1 time Location: 303 N. 16

Learn a very simple and easy way to make yogurt in an ice chest. Class will also include how to prepare an East Indian recipe for Yogurt Rice. (Mr. Weyerts has been making yogurt for several years and has always had good luck with it.)

# good luck with it.) COMMUNITY

### TOASTMASTERS

Toastmasters 539-5949 537-0383

2nd & 4th Tues. 7:30pm Basement, K-State Bank Westloop

Toastmasters prepare you for today's communication and leadership demands and put you up front in your occupation and community. Our programs improve your ability to say what you are thinking and to think about what you are saying. You learn to evaluate the ideas of others and learn what you listen to. You will learn to overcome the nervousness which everyone initially faces when talking to an audience. We particularly welcome students and younger people to participate.

### LANDLORD-TENANT RELATIONS

Cathy Butts
532-6541

Paul McKenna
532-6453

First meeting: Sept. 30

Location: KSU Union, 204

One of people's basic needs is shelter. But in communities with a dense populace and a limited supply of housing — such as Manhattan — it can become a major social issue. This session will discuss how a tenant can survive in the often dog eat dog world of landlord tenant relations and will cover these issues:

How and why to use contracts and checklists.
How to handle landlord problems.
Services available to tenants.
Cathy is head of Consumer Relations
Board and Paul is the in the K-State
Housing Dept.



# HOMEMADE ICE CREAM CLASS MANHATTAN FOOD CO-OP

The Food Co-op was established 3 years ago with the help of UFM, students, and various people in the community. The Co-op now deals mainly with grains, powdered milk, honey, spices, and eggs, produce, and cheese when available. There is a \$1 membership fee and a work requirement. Food is sold at cost plus 10%. Stop by Saturday mornings from 10am to 1pm, UFM house, 615 Fairchild Terrace for more information.

### COOKING OUT OF DOORS

Marcia McClanahan Thurs, 7:30pm
5370461 First Meeting: Oct 3
Length of Course: 4 times
Location: 615 Fairchild Terr.
UFM House, basement

Learning to cook out of doors over a fire might be easier than cooking on a stove. You will never know unless you come and try. We '11 talk about the right types of fire, cooking equipment and, of course, exchange recipes and sample the food. We will have a special section about dutch ovens, too.

# <u>୍ଷ୍ୱରଙ୍କର ଓ ବ୍ୟବସ୍ଥର ସହର୍ଷ ବ୍ୟବସ୍ଥର ସହର୍ଷ ବ୍ୟବସ୍ଥର ସହର୍ଷ</u>

### PEOPLE'S BICENNTENNIAL COMMISSION (PBC)

Carmen Chirveno Tuesday, 7:30pm 539-4281 First meeting: Sept. 24 Location: 1021 Denison (UMHE)

The American BiCentennial should mean more than commercial boundoggle and superficial public relations campaigns. If you are interested in joining us in our effort at rededicating ourselves and our country to the democratic principles of the Declaration of Independence; if you are curious about Freedom Park and the 280 mm cannon slated to decorate I-70, then come and meet with us.

### LOW-COST MEXICO

Warren Remple 539-4281

Ninth annual "Mexican Life Seminar." We will cover the advantages of lowcost group travel, with do-it-yourself explorations in the most exciting and diversified areas of Mexico: Guanajuato, Guadalajara, Patzcuaro; to explore the things most interesting to you. Sign up for further information and you'll be contacted when costs etc. are ready. Warren has led this seminar and trip on many occasions in the past.

### AIDES IN TRAINING

If you would like to know how a museum is run, come in. You can dearn and help at the same time. You will spend time in the Museum working at the many tasks which will be discussed as part of routine museum operation.

INSTRUCTORS: Jean Dallas, Martye Groble and Barbara McFadden. First Session:

Sat., Sept. 28, 2pm. 5 sessions.

# community

### THE MEDICAL SERIES

Various members of the medical community have graciously agreed to take part in our medical series (formerly known as the Doctors Series). We are especially pleased to welcome, for the first time members of the Nursing Profession who will present two programs in the series. All meetings are on Tuesdays, at 7:30pm in the K-State Union. Please sign up at registration.

October 1 The Care and Treatment of (Rm 204) Breast Cancer George Bascom, M.D.

October 8 Antique & Modern Nursing (Rm 204) Jean Thompson, R.N. Connie Hawkinsmith, R.N.

October 15 Opportunities and Local Ser-(Rm 204) vices in Nursing Judy Schrock, R.N. Dana Hughes, M.A., R.N. Judy Lutackas, R.N.

October 22 Caesarian Section and Hys-(Rm 207) terectomies Rex Fischer, M.D.

Nov 12 The Effects of Mental Stress (Rm 207) On Women's Physiological Functioning

Nov 19 What It Means to Be A Woman (Rm 205A) Doctor

This Series is co-sponsored by the KSU Pre-Nursing Club and we welcome & acknowledge their support.

### TRIO PROGRAM

The TRIO Program has two major components: Upward Bound and Special Services Upward Bound is a program to help the economically disadvantaged achieve secondary educational chances of which they are not aware. Special Services is a program in the University which assists students in becoming better acquainted with and adjusted to the university-community and its structures. This is done through counseling and a wide range of innovative programs carried out by the TRIO staff, volunteers and support personnel. If you would like more information, call the TRIO office or stop by Holtz Hall on the KSU campus. 532-6432

### CORNER COP

Inspector Al Myers 537-2990

Police officers are willing to arrange group or individual sessions to discuss concerns. Please contact Inspector Myers if interested. He has held these discussions for years.

### LAWYER SERIES

University for Man is pleased to offer another new program which we hope will be of interest and benefit to all sectors of the K-State-Manhattan-Fort Riley community. Several members of the legal profession have kindly donated their time so that we may better acquaint ourselves with various aspects of the law as it could and does effect our lives. Sessions are free, open to everyone and audience participation is strongly encouraged. All sessions will be on Wednesdays at 7:00p.m. in the auditorium of the Manhattan Public Library. Please sign up at registration.

Oct 9 - "So All the Cops Should Get Together - Or Should They?" Riley Co. Police Consolidation James Morrison

Oct 16 - Henry-I Never Want To See You Again—EVER!!!" Divorce and Marriage—The Legal Issues Richard Seaton

Oct 23 - Due Process and the Rights of the Defendant Paul Miller

Oct 30 - 'You' re Never Too Young To Die' or Preparation of Wills and Estates the Do's and Don'ts Don Hill

Nov 6 - "So You Were Ripped Off.... Or Were You?" Consumer Laws, Protection & Credit Robert Littrell

Nov 13 - What Your Landlord Can & Cannot Do. Landlord-Tenant Laws Don Weiner

Nov 20 - "Here Come De Judge" (But What Happens Before?) Preparation for Civil Law Suits John Peck

This Series is Co-Sponsored by the KSU Pre-Law Program, Department of Political Science, and we are grateful for their support.

### COMMUNITY AND FUTURE PLANNING

Larry Greenbank

539-3312

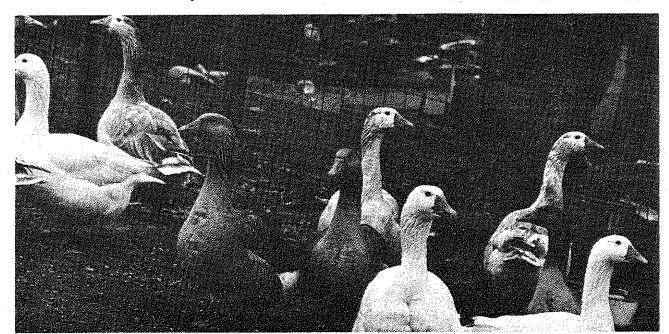
Thurs., 8:00pm First meeting: Sept. 26 Location: 1638 Osage

We live our lives within the structures of communities. Can changing these structures change the structure of our What is the shape of a comlives? munity that realistically deals with the needs of people and the needs and limitations of the land? Let's get together and talk about human structures.

### HISTORY DEPARTMENT SPECIALS

1.....Free showing of the brilliant series "America" by Alastair Cooke. Alternate Tuesdays - beginning Sept. 3 at 6 pm in Denison 215.

2.....Free showing of the critically acclaimed "Civilization" film series. narrated by Sir Kenneth Clark. Alternate Mondays beginning Sept. 9 at 6 pm in Denison 218.



G. Kren

### VETERANS NETWORK

Are you interested in getting changes made? Would you like to contribute energy or ideas in respect to changes which are needed?.... or new directions and possibilities? Are you interested in: alternative media, lifestyles, behavior, living groups new approaches to learning and experiencing, setting up a nation-wide network of veterans and others with similar interests, skills, ideas (new friends)? If you are, get in with me.

Lawrence Morgan P.O. Box 865 Lawrence, Kansas 66044

### ALCOHOL SUNDAY

No, this is not a move to make Kansas wet. Rather, we would like on Sunday, Nov. 10 to present in co-operation with the National Council on Alcololism, The Guidance Center and the Fort Riley Drug and Alcohol Center, a day long program featuring talks and workshops on the various aspects of alcoholism as it effects each of our lives. This is the NUMBER ONE DRUG PROBLEM in the nation and possibly the least understood. To plan this program IT IS ES-SENTIAL THAT WE HAVE AN IDEA OF HOW MANY PEOPLE WILL PARTICIPATE. fore if you are at all interested in such a program, please sign up at registration.

### TATS

Tax payers Agains Throwaway Schools is a group composed of citizens from all over Manhattan in opposition to the cur rent school bond issue. The group is not opposed to spending substantial amounts of money on education. However it feels that the present bond proposal is an unwise one for expenditure of public funds. If you would like further information please call any of the folowing:

John Exdell 539-6076 Roberta Folson 776-6637 Barbara Hanks 539-4242 Bill Michel 537-1244 Chuck Thompson 537-0685 Carol Barnes 776-7738 Michael O'Neil 539-9239

### POTLUCK FOR NEWCOMERS AND OLD-TIMERS

Margaret Smith 532-6571

Friday, 5:00

Length of course: one time First meeting: Sept. 27 Location: City Park, by Pavillion

If you are new in town and would like to meet others in the same boat, then wander over to the city park - on the appointed day and bring a dish. We'll have volleyball, a football, a frisbee or two-and an atmosphere that we hope will be of use for you to break down some of the isolation you may be feeling now. Margaret is a newcomer, with the Union Program Council who will be working with UFM to make this a big happy affair for all newcomers.

### ELECTION YEAR '74 CANDIDATE FORUMS

532-5866 KSU Union Program Council 532-6571

Meetings dated: Oct 21, 22, 24, 29 Location: Forum Hall, KSU Union The Union Program Council and University for Man will sponsor a series of forums during October featuring candidates from all parties who are running for political offices in the November elections. Schedules are presently being arranged. Watch the Manhattan Mercury and the Collegian for further details.

# EARTH

BEES

Dell Gates 532-6154

Tues., 7:00pm First meeting: Oct. 15 Length of course: 1 time Location: Waters Hall, rm. 132

The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. With the change in temperature taking place it will be too dangerous to work around a hive however, when the temparature stabilizes an outting is possible. (Dell is an Entomology Extension agent).

### NORTHERN FLINT HILLS AUDUBON SOCIETY

Mike Wood

537-8841

Third Thursday, monthly First meeting: Oct. 17 Location: Rm. 212 KSU Union

Nature and conservation enthusiasts will find a friend in the local Audubon chapter. KSU students and community members will meet this fall for programs and field trips covering the Bird Population Institute, the Kansas Prairie, Predator control, and local archeology. 4 films and their respective photographers have been scheduled through the Audubon Film Tour Series.

### RAISING WILD PETS (WILD OR OTHERWISE)

Charlotte Doyle

485-2759

Tues., 7:00pm First meeting: Oct. 22 Length of course: 1 time Location: 615 Fairchild Tce.

I have raised rabbits, skunks, bobcats, goats, calves, horses, ducks, raccoons, opossums, etc., and I am willing share any knowledge I have. (Charlotte is a Manhattan High School teacher).

### WILD BIRD POPULATIONS

Steve Fretwell

532-6650

539-5425

Wed., 7:30pm First meeting: Oct. 2 Location: 201 Ackert Hall

The Bird Populations Institute is trying to learn how we can best use bird feeders, bird baths and bird houses to bring a lot of pretty birds into our town and into our yards. Would you like to get involved? We want to test designs for special feeders, by different methods of discouraging excessive numbers of Starling, Blue Jay, and Sparrows. We need yards and watchers. We also do other experiments, and go out trapping, and banding. (Steve is Director of the Bird Population Institute and a KSU bioligist).

### RECYCLING FAIR

Connie Hoerman 539-1709

Oct. 31-Nov. 1 10am-6pm KSU Union Ballroom

What do your old blue jeans, used egg cartons, bottles and empty beer cans They can be made all have in common? into something useful or decorative and displayed at the Recycling Fair, sponsored by the Family Economics Professional Section. Come and display your creative talent. Prizes will be given for the best entries in each category.

### TROPICAL FISH AS A HOBBY

Art Barnett 537-9204 Judy Gress

Wed., 7:30pm First meeting: Oct. 2 Location: 524 Edgerton

This class will be for beginners and those wishing to share their experiences in breeding and raising fish. We will also discuss aquarium care. Come and exchange ideas about fish-keeping. (Art and Judy have kept fish for severalyears and work in aquarium shops).

### HERBS

Mon., 7:00pm Betsy Baldwin First meeting: Oct. 14 Length of course: 1 time Location: UFM, 615 Fairchild Tce.

Exploring use of herbs for health and just simple enjoyment - (facts and love). Bring a tea pot and cup if possible. We will be tasting a variety of herbs. For more information contact the Plant Shoppe. Betsy has been collecting and using local herbs for years).

### FALL GARDENING TIPS

Max Miller

539-3488

Thurs. 5:00pm First meeting: Oct. 3 Length of course: 1 time Location: 3117 Bermuda Ln.

A variety of tips for your yard andgarden...learn which bulbs, shrubs, and ornamentals to plant-how to start a compost, how to winterize your garden, how to store green tomatoes and Kieffer pears so they ripen through the winter. Bring your questions and problems.

### RAISING RABBITS

Crystal Leasure

776-5638

Sat., 10:00am First meeting: will notify Location: UFM, 615 Fairchild Tce. Limit: 10

Rabbits for pets...learn how to select cages...how to detect ilnesses.... which illnesses to watch for...how to carefor the mothers...this is a course to getyou started in rabbit care.

### MUSHROOMS

Elizabeth Moses 539-3050

Thurs., 7:30pm First meeting: Oct. 10 Location: 801 Leavenworth 1st Presbyterian Church Length of course: 1 time

Become acquainted with mushroomslearn which are good and bad, edible and not so. These are fascinating creatures of the earth. Emphasis will be on varieties in Kansas and neighboring farmlands. If you wish bring any mushrooms for identification. (Elizabeth has helped folks in Manhattan identify mushrooms for years).

### ENVIRONMENTAL AWRENESS AND ACTION

Environmental Awareness Center 305 Ackert Hall, KSU 532-6628

The Environmental Awareness Center is forming committees dealing with recycling, bikeways, alternative energysources, population, and local environmental problems. An energy seminar dealing with nuclear power and various sources of energy is being planned for early November. If you care about the future of our environment - come, give a hand. Drop by Ackert Hall or sign up at UFM's registration and we'll contact you as to time and place of our next meeting.



EDIBLE PLANTS CLASS

### HOUSE PLANTS

Barbara Umbach

537-1403

Sat., 2:00pm First meeting: Oct. 5 Location: KSU Union, rm. 203 Limit: 15

A broad course for beginners and hobbyists with exchange of ideas (and maybe cuttings) on such topics as: innovative containers, artificial lighting, adapting your house for house plants, general care, trimming, propagation, sick plant treatment, forcing bulbs, plants tolerant to gas heating, house plants poisonous to pets of children, building a growth chamber, terrariums, artistic arrangements, etc. We will have practical demonstrations and maybe a field trip or two. First meeting to decide definite topics and meeting times.

### STARS

Sharon Swihart

539-3364

Tues., 8:00pm First meeting: Oct. 1 Location: Cardwell Hall, rm. 132

General discussion of astronomy with emphasis on a study of the night time sky. Will include a visit to the planetarium, constellation location, and work with telescopes. Speakers are being planned.

### POTPOURRI - AN EXPERIENCE IN ORGANIC ODORS

Tues, 7-7:30pm Peter Kazan First Meeting: Oct 1 537-8787 Location: 93 Redbud Estates

Limit: 11 Now is the time to be thinking about making pleasant odoriforous Christmas presents for your friends that really mean something; for you will be remembered for months and even years to come. Rose petals, lavender flowers, oil of lemon, spices, meas, sachets, bath herbs, and even dry spice pomander balls to hang in the closet. There will be a \$3 donation to help defray the cost of materials and you can also bring your own. Again we ask NO SMOKING.

### RECYCLE POINTS

### NEWSPAPERS

TOWN POINTS

Blue Hills Shopping....Dutch Maid on Poyntz....

Alley by Mercury office..Walmart. CAMPUS .POINTS

Union...Library....Cardwell.... (green cans in front)

MAGAZINES, WHITE BOND PAPER, COMPUTER

CALLEnvironmental Resource Center 532-6628 - 213 Ackert Hall, KSU.. ALUMINIUM

Douglass Community Center

### 900 Yuma CARDBOARD

Safeway....

OLD CLOTHES & HOUSEHOLD TIEMS, TOYS Encore Shop Mon-Sat, 1:00-4pm. 611 Poyntz Home & School Shop

716 Colorado Mon-Sat, 12:30-3:30 Dutchmaid on Poyntz Blue Hills Shopping Center

# PLAY

### BACKPACKING

Frank Barthol T Kevin Jones Firs Location

Tues, 7:30-8:30pm
First Meeting: Oct 1
Location: Eisenhower 126
Limit: 20

Basic backpacking course. First of all, we want to learn the basic fundamentals of backpacking, what to look for in equipment, boots, packs, type of foods stuffs, etc...We plan to include trips to nearby areas (ie Tuttle Creek). We may possibly plan a trip over Thanks—giving vacation to the Ozarks, or to Colorado. This class will be aimed to aid the beginning backpacker, but any experienced backpacker is welcome to add his knowledge to the class. Frank and Kevin have backpacked in the Colora do Rockies, the Ozarks, and in b cal areas.

### TENNIS

Mona Marrs 539-9245 Gail Mauthe 537-0188

Sat, 11-12noon First Meeting: Sept 28 Location: High School Westwood & Sunset

This class will cover the basic fundamentals of tennis: forehand, backhand and the serve. You must bring one can of balls, your own racket, and be sure to wear tennis shoes. If it rains there will be no lesson on that day. Mona has had 5(+) years of teaching tennis.

### FLINT HILLS EQUESTRIANS

Kathy Winkel
776-5359

Edie Kirk
539-5613

Mon, 7:30pm
First Meeting: Oct 7
Location: 122 Westwood

Our purpose is an effort to bring together people with interest ortalents predominently in English horsemanship, but also Western. Horse care, training showmanship, breeds, illness, and personal experiences are shared in bimonth ly programmed meetings on the first and third Mondays. Twice yearly we put on schooling shows in Weber Arena. Kathy has ridden hunters for several years, and owns a 3-year-old thoroughbred.

### HIKING

Prof. Wilson Tripp Wed, 7:30-8:30pm 537-7758 One Meeting: Oct 9 Location: Union 206 A

Of interest to hikers, old and new, Prof. Tripp will share his hiking experiences with you and you with him. He is able to advise you on where to hike in the Manhattan area, and how to obtain information on areas of your interests. Prof. Tripp is a very experienced hiker.

### RUN (JOG) FOR FUN & FITNESS

Robbin Lawrence Mon, 7:00pm 537-0188 First Meeting: Sept 30 Location: Manhattan City Park -Johnny Kaw Statue

Running (Jogging) is one of the best exercises for attaining physical fit ness, and can be fun. Join this group in the cool of autumn to maintain or build a good physical condition. We will learn appropriate calisthenics and form programs to suit individual needs. I am interested in physical fitness for my-self and my community.



G. Kren

### WHITEWATER CLUB

Dan Stoops 539-5301 248 Marlatt Hall

Interested in getting together with other canoeists to learn how to float streams, and just being able to getwith others to go canoeing, this for you. You should watch the Collegian Bulletin for meetings. Cost - membership dues only.

### SPELEOLOGY

Rick Wenger 539-7712

Procedures on spelunking will be covered, and equipment will be discussed or demonstrated. Plans for a caving trip in October will be made. Interested people should contact me. I have been caving for over three years.

### ADULT BEGINNER SWIMMING

Deb Dudley Sat, 10am-11am 539-4641 First Meeting: Sept 28 Rm 329 Location: KSU POOLS Limit: 15

Our objectives are to 1) overcome all fears of the water, 2) learn to save ourselves, and 3) learn basic swim strokes. Deb is a WSI instructor.

### SENIOR LIFESAVING

Cory Williams Sat, 9am-12noon
532-3329 First Meeting: Sept 28
Location: KSU POOLS
Limit: 20

This course is set up to teach water safety and lifesaving in waterfront areas. The course is a Red Cross course and you will be certified as such upon successful completion. Bring the Lifesaving and Water Safety text, pencil, paper, and a swim suit. There will be a fee for the use of the pools — to be determined at the first class meeting. (Cory has taught many times before, so she knows how to work you all!)

### FENCING CLUB

Dick Hayter Tues-Thurs, 7:30pm 776-7037 First Meeting: Sept 26 Location: KSU Men's Gym 303

Are you plagued with the Zorro Syndrome? Then the KSU Fencing Club is your thing. The club provides instruction in foil, eppe, and sabre. Its practice sessions are open to all who are interested whether you're a fencing master, or do not know which end is sharp. The first UFM meeting will be an informal orientation session.

### BICYCLE REPAIR (see Practical)

### POINTING DOGS FOR HUNTING AND PLEASURE

Dick Swanson Wed, 7:00pm 537-1427 (7-9pm) First Meeting: Oct 2 John Gilman Location: 208 S 17th 1539-5790

We will go through the various steps necessary to make that young dog into one you can be proud to hunt with. The course is open to any one who loves a good bird dog. No age limits on dogs or students. Anyone interested in forming a field trial is urged to come. You will need to bring a 50ft clothes line with snap on one end, and one pointing dog — any breed. We will continue to meet as long as interest holds, & meet wherever we can find quail.

(After the first meeting we will meet on Sunday afternoons. Do NOT bring your dog to the first meeting.)

### FAMILY CANOEING

Bob Poresky
539-2967

First Meeting: Oct 2
Location: 3016 Claflin

We will try to get out this fall on alternate weekends to float some of the nearby streams. Trips will be on Sunday afternoons. The exact schedule will be created at the first meeting. Participants will have to provide their own canoes, paddles, and lifejackets. Information on whereabouts of canoe rentals will be explained at the first meeting. Bob has led this class for U.F.M. several times.

# O PRACTICAL - INTELLECTUAL O



MIXING DRINKS & THE MEDIUM FOR MOTIVATION

Fri, 7:30pm Jim Killacky First Meeting: Oct 4 539-8304 Phil Althoff Location: To be announced 539-7363

The writings of Burroughs, Kerovac, Ginsberg, et. al. were to a large extent the medium of motivation in the 50's, as was the music of Dylan, Hendrix, Zappa and others in the 60's. What about the 70's? So far nothing is clear. We would like to look at these times-and to help us along we'll learn to make a different drink each week like Irish Coffee, Pims Cordials, Mai-tais, Martinis, etc. there will be a small charge for materials. The medium of motivation for all 3 conveners covers the 50's, 60's, &70's and their drinkmixing knowledge is equally broad.

### HANDWRITING ANALYSIS

Miriam Field Mon, 7:30pm First Meeting: Sept 30 539-5586 Location: KSU, Eisenhower 122

Introduction to basic principles of graphoanalysis - the scientific study of the strokes in writing which reveal personality & character traits. Graphoanalysis is used as a test in determining aptitudes, social traits, learning methods, emotional response, fears, and defenses. (Ms. Field is a certified Master Graphoanalyst. She has studied 7 years & has lectured and taught classes on the subject many times.)

### STOP SMOKING

Length of course: 1 week Judy Gerdis October 20-25 539-3541 (Ex. 220) Limit: 100 Cost: \$3

A five day series Stop Smoking Clinic will be sponsored by St Mary's Hospital and will be given by the Seventh Day Adventists. The class will run 5 consecutive days and is only for people who really want to kick the habit. This program has been highly successful and has been given all over the world. Judy is the Director of Development Services at St. Mary's.

### THE ART OF GRANTSMANSHIP

John Murry 539-2496 532-6191

Tuesday, 7:30pm Length of course: 1 session First meeting: Oct. 1 Location: KSU Union 204 Limit: 20

This course is offered to provide assistance in the diverse field of grants and contracts with federal agencies and foundations primarily to graduate students and faculty, but it may be helpful also for those connected with city and county governmental agencies. The thrust of the course will be to review the many resources available for identifying potential federal and foundation support for various projects. Class is open to everyone, including undergraduate and graduate students who might be interested in special projects but need funds to carry them out.

### DEFENSIVE DRIVING

Delbert Ekart 537-2261

Sign up and you'll be contacted

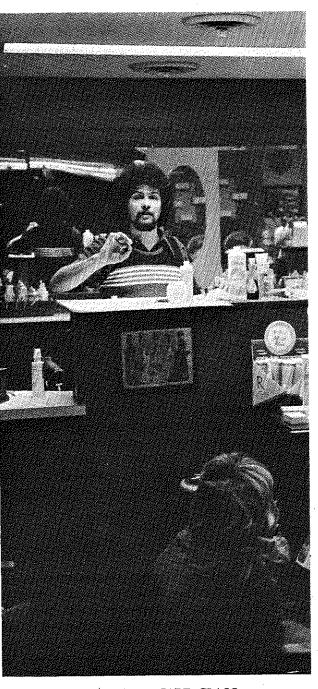
This is an 8-hour course, designed to combat the mounting traffic death toll. It is developed by the National Safety Council, and qualified instructors from the Kansas Farm Bureau will teach techniques of defensive driving. The course is in class rather than in-car-instruction. Materials will cost \$1.

### HAIR

Rick McClanahan 776-5222

Mon, 1:00pm Section I — Oct 7 Section II - Oct 21 Length of Course: 1 time Location: 404 Humboldt Limit: 20 per section

How to test products at home and tell whether products that you buy are beneficial or not; why hair is in bad condition; how to understand the use of conditioners; haircare in general.



RICK'S HAIR CARE CLASS

### THE ART OF HOUSE PAINTING

Larry Coffmann 537-8101

Mondays, 7:30pm First meeting: Sept. 30 Location: UFM, 615 Fairchild Tce.

This will be a mainly informative ses sion on the do's and don'ts of house painting. We will cover indoors, out doors, weather proofing, kinds of paint brushes and the most economical way to do it yourself.

### ADULT BASIC EDUCATION CENTER

2031 Casement Rd.

776-4511

Hours: Mon-Fri 9am-12 am Mon-Thurs 6:30pm - 9:30pm

Open enrollment and instruction is available for an adult 16 years and older not enrolled in high school. Tutoring for GED tests is available in reading, math, grammar, studies, science and literature. Specialized help in remedial reading and math is also available. Classes also include English for foreing born people and preparation for US citizenship.

### EVERYTHING YOU WANTED TO KNOW ABOUT STEREO (BUT NO ONE COULD ANSWER)

Bob Pletcher Wed, 7:00pm First Meeting: Oct 2 Bob Keeler Sid Shirwise Length of Course: 3 times Dave Winter Location: Sound Engineering 413 Poyntz Limit: 20

This will be a consumer oriented course in methods of evaluation stereo components. The course willbe presented from a musical and low-level technical point of view. There will be a lot of listening and discussion will be encouraged.

### CONVERSATIONAL SPANISH

Ladie Hernandez 532-6432

Thursdays, 7:00pm First meeting: Sept. 26 Location: Holtz Hall

Limit: 15,

Just as there are many differnt forms of English (as it is used in America and England), so also with Spanish. In addition to covering the basics of Spanish conversation, this course is designed to give a little insight into the different dialects within the languages, as used in Spain, Mexico, Puerto Rico, Cuba, etc. and some of the cultural characteristics which go along with these differing uses. First meeting will be organizational and then off we go! Ladie is director of the TRIO program and a Spanish speaking Chicano.

### FRENCH CONVERSATION

Christine Friesen

537-9369

Wed., 8:00pm

First meeting: Oct., 2 Location: UFM, 615 Fairchild Tce. Limit: 10

Participants should be able to speak basic French. This course is designed primarily for those who want to brush up on their speaking ability or

just enjoy French and want to get together with people who have a similar interest. Ms. Friesen is a native France.

### GERMAN CONVERSATION

Wed, 12:30pm Heinz Bulmahn First Meeting: Oct 2 539-5759 Location: Union Stateroom 532-6760

Each week a group of folks interested in learning how to chat in German get together for lunch. If you would like we will form a spin-off evening group to do some more chatting. Watch the Collegian Daily Bulletin for the room number in the Union cafeteria. Heinz is from Germany and teaches in the department of Modern Languages.

# practicalintellectual

### SECRETARIAL TECHNIQUES

Our courses are specifically designed to train persons interested in a secretarial career. We give job counseling and placement assistance to students completing some of all of the classes. Enrollment is open to everyone. We suggest that you enroll early as we must limit the number of students in our classes. All classes are held in Calvin Hall on the KSU Campus. Classes begin Sept 30 and will continue until semester break. This semester we may have to ask for a \$1 fee for use of materials. To enroll sign up at UFM registration. The tentative schedule of classes is given below.

CLASS	ROOM		T	ME
Typing (beginning and advanced)	217	Mon, Tues, Wed,	7-9	рm
Office Theory and Machines	217	Mon,	8-9	рm

Bookkeeping 202 & 208 Thur, 7-9 pm (beginning and advanced)

202 & 208 Mon, 7-9 pm Shorthand (beginning and Wed, 7-9 pm advanced

It is suggested that all typing students enroll for at least two nights of class.

### IF YOU CAN'T LICK 'UM...JOIN US

Mrs. Tom Hagan Tues, 7:30pm 537-9645 First Meeting: Oct 15 Location: 831 Humboldt

Come learn the basics of stamp collecting; how to start collecting, how to select, and methods of trading stamps without using money. Foreign students are encouraged to come, to find out about American stamps and to share knowledge af their native stamps. (Ms. Hagan started the Manhattan Stamp Club and has had exhibitions at the library and post office; she also does stamp appraising.)

### DOLL COLLECTING

Donna Storey Wed, 8:00-9:00pm 539-8519 First Meeting: Oct 9 Length of course: One time Location: UFM Library Limit:10

We will be talking about the dolls that I've collected, their costumes what they mean, and where the dolls came from. (Donna has been collecting dolls for 7 years and has dolls from many European countries.)

### FIRST AIDE MULTIMEDIA

Monica K. Kahl Sat, 8am-12noon 539-8960 Two Meetings Location: Oct 5, Men's Gym 301 Oct 19, Union Rm. K Limit: 20

The American National Red Cross instructional system that features filmed de-monstrations, guided practice sessions, and programmed workbooks. The student is certified as a standard first aider upon successful completion of the course. There is a course fee of \$6.00, which covers materials, workbooks and texts. Please bring it to the first meeting.

### BASIC AUTO TUNE-UP

Rick McGuire 537-8559

Saturdays, 1:00pm First meeting: Sept. 28 Length of course: twice or as needed Location: To be announced Fee: parts for own tune-up

Elementary auto tune-up procedures. How to tune-up cheaply. Designed for the non-mechanic. All cars.

### BICYCLE REPAIR

Bill Jacoby Tues, 7:00pm 537-1510 First Meeting: Oct 1 Location: Bill's Bike Shop, 1207 Moro

We will be teaching the fundamentals of bicycle care and repair. Class will decide its own direction and how to make the most effective uses of time. Bill has led this class for a couple of years, owns his own store, and is enthused about this class.

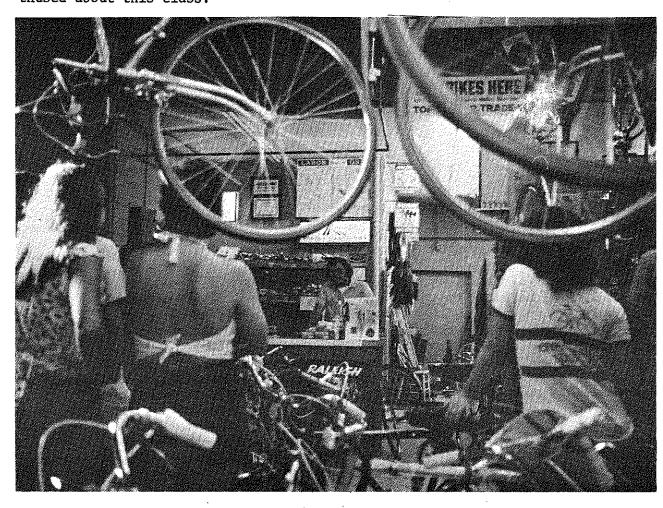
### INTERNATIONAL FILM FESTIVAL

An informal course in criticism of the contemporary film, conducted by various film critics. Directors films shown include I. Bergman, Bertolucci, lini, Mei Sterling and others. the International Film Festival starting Oct. 13. Tickets available at the Little Theatre. First meeting Oct. 13 at 7:30. Convener: Harold Schneider 539-4756.

### INTERVIEWS, FIELD PLACEMENTS & RESUMES

Bruce Laughlin Mon, 7:30pm 532-6506 One Meeting: Oct 7 Location: Anderson Hall Rm 10

This one session will deal with communications in job seeking by the college senior and some related career planning topics. Mr. Laughlin is the Director of Career Planning and Placement at K-State.



BIKE REPAIR CLASS

### LONG AND SHORT LOOKS AT LITERATURE

Lyman Baker 539-4214 532-6716

Wed., 7:30pm First meeting: Oct. 2 Location: Elderly High Rise 5th & Leavenworth

Was there really a Hamlet - did Cassius actually hate Mark Anthony? was Portney's complaint really legitimate; is Mark Twain real? These sessions will provide a freewheeling discussion of the great works in English literature, current best sellers, fiction. The focus will be determined by the group. The first meeting will set the scene, and we can go from there. (Lyman teaches English at the University and has a wide knowledge in all kinds of literature.)

### HISTORY FILM SERIES

Tues, 7:30pm Location: Williams Auditorium Umberger Hall Cost: \$3 season ticket

The KSU History Department offers the following films as part of their ongoing and acclaimed history series.

Sept 10.....Medea

Oct 1 .....Caesar & Cleopatra

Oct 22..... A Walk With Love & Death Nov 19.....Queen Christiana

### STUDY SKILLS CENTER

Mark Reeves 532-6432

Study Skills groups are being ized through the SSC at Farrell Library, 5th floor, KSU. The study groups focus upon several areas of study skills, including scheduling, notetaking, goal-setting, and preparation for exams. You may sign up at Farrell Library, 5th floor, KSU, or with Mark Reeves at Holtz Hall, KSU. Time scheduling is quite flexible.

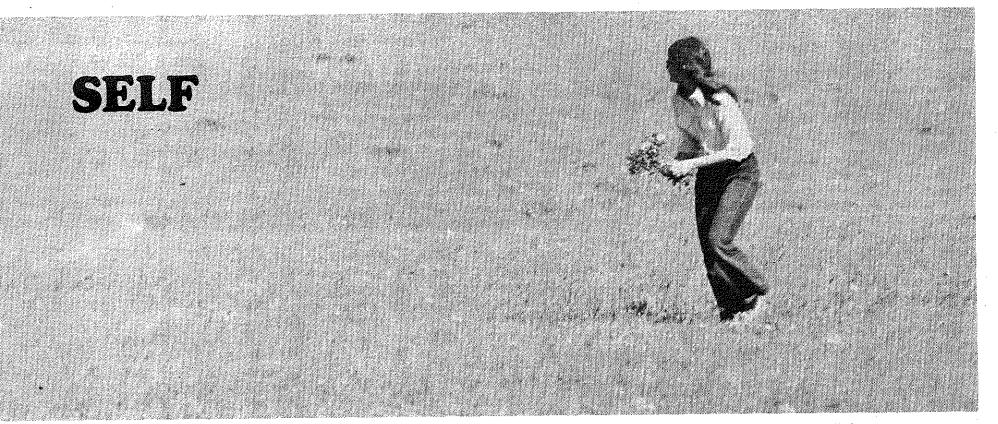
### DORM ROOM REMODELING MADE EASY

Fred Singer

539-2281 (119)

Saturdays, 10:00am First meeting: Sept. 28 Location: 119 Goodnow Hall

We will remodel one dull dorm room with an imaginative design of yours or one that I have and you'd like to see built. You will have to furnish all the tools needed. (Saw, hammers, tape, nails, etc). We will build the room some week end in September or October at our mutual convenience. Cost depends on what you build. It could cost up to \$200 for the wood and other accessories. Fred has constructed two rooms in dorms and has had some carpentry and shop



### "CELEBRATION I"

Warren Rempel

539-4281

Length of course: 3 days Meeting dates: Nov 15-17 Friday evening Saturday 9am -6pm Sunday afternoon Location: UMHE, 1021 Denison

To celebrate is to enter the lived moment, to look around it it, re-live it in a fresh way...."I am the joy of existence, the depth of other persons, the realities of this lived world... to uncover the wealth in this lived space." A weekend of exploring the myriad ways in which to celebrate life and its meaning.

### LIVING FEMALE/MALE TODAY

Limit:12 Betty Ayres Sign up at registration 539-7056

I am no expert on being a woman in our society today. I am raising three children, trying to make sense out of a late-blooming ambition, and confused about male-female relations. I have experienced some of the struggles, and satisfactions women face in our society. We are continuing the group from last summer and would like to invite both men and women who might be interested in exploring todays world from a people point of view, to join the group.

### "I'M OK--YOU'RE OK" INTENSIVE WEEKENDS

Dr. Warren Rempel 539-4281

Weekend I - Oct 18-20 Weekend II - Nov 1-3 Fri. 7:30 - 11:00pm Sat 9am - 5pm

Sun 1pm - 5pm (both weekends)

Location: 1021 Denison Ave. UMHE Limit: 15

An introductory workshop in understanding the tools and resources of Transactional Analysis, for self-growth and awareness and help in dealing with problems that every person faces in relations with himself and others.

### NORMAL DEVELOPMENT OF THE ADOLESCENT

Tony Jurich Family Resource Center 611 Poyntz

776-6566

Tues, 7:30pm First Meeting: Oct 1 Location: 611 Poyntz Length of Course: 3 weeks

A discussion group for the parents of adolescents emphasizing developmental changes occuring in the teenage years. The 3 week program will be under the direction of A.J. Jurich - Department of Family and Child Development. Child care will be available.

### LIFE PLANNING WORKSHOPS

Barbara Rockwell 532-6432

Life Planning Workshops are offered several times during the fall as a means of self-assessment and goal setting for future development. workshop has been designed to involve the individual in the process of in-Hopefully, fluencing future plans. by the end of the session, the individual will have increased self-awareness and will realize the need for a specific, but flexible plan of action related to reaching future goals. This workshop involves a number stuctural exercises which can completed in one seminar. Those doing the workshop work in small groups (3-4 students). Activities do not clude sensitivity training or basic encounter sessions. Workshops begin at 3:00pm. Workshops will be formed on demand.

### GAY CONSCIOUSNESS GROUP

Keith 537-8395

Tuesdays, 7:30pm First Meeting: Oct 1 Location: 709 Bluemont

We are a group of students and community people gathering together to share feelings and problems as well as community. We are for the most part concerned with the broad issue of supporting each other to express and understand our gayness as openly and freely as we individually choose. Some of us have a long way we would like to go yet, while others are not in so much of à hurry. Regardless of our differences we have much to share. If you are a human being who feels you might benefit from this in any way, feel free to join us this fall.

### BREAKTHROUGH

Caroline Hagmauer Thurs., 7:30 First Meeting: Contining 537-1553 Margaret Sedlacket Location: Unitarian 776-9392 Fellowship 709 Bluemnot

The Riley County Mental Health Association is sponsoring a group open to all interested individuals who have had a brush with mental illness, either from their own experience or with relatives of friends who have had emotional problems. Some of the plans for the future include (1) social interaction and support with others who have had similar experiences, (2) educational & creative programs, (3) professional speakers, (4) referral to helping agencies if this help is needed or requested.

### THE MAGIC OF BELIEVING

Skippy Rizotto

537-7413

Thurs 7:00 pm First meeting: Sept. 26 Length of course: indefinite Location: KSU Union, Rm. 207

This course if for people who are aware of and believe in the power of the mind. People who have finished debating the truth of mind power, and are ready to apply this force in apractical manner. Group designed to directly affect the lives of each member and to enhance his/her own potential as a creative force. (Skippy has led UFM classes almost from its beginning and is ready to branch out into a new area).

### MEN'S AWARENESS

Chris Banner

457-3715

Thurs 7:00 pm First meeting: Sept 26 Length of course: indefinite Location: UFM library (1st meeting only)

What is it like to be an American man? Are you being forced into an unsatis factory life or into meeting demands you aren't cut out for because of your sex? Men need to be liberated Possible areas: relations with others, jobs, expression of self. Open to needs of group. Group will set goals. Let's talk it over. (Chris is a house-husband and started this group last June).

### INSENSITIVITY TRAINING: BEYOND MUSHROOM LOVE AND SELF-ACTUALIZATION

J. Killacky 539-8304 L. Rappoport

Wed, 8pm First meeting: Oct 2 Location: UFM

1

Limit: 8 Dialogical inquiry aimed at exploring modes of being-in-the-world beyond the horizons of the human potential movement. To this end, dialectical relationships and zen ways to knowledge serve as alternatives to the growth fulfillment ideologies of humanistic psychologies. Attention to reality machines: Auschwitz, Disneyland, Esalen Academic backgrounds of the conveners are in sociology and psychology.

### REEVALUATION COUNSELING

Mon, 7:00pm Berit Grechi 537-8941 First meeting: Sept 30 Location: Unitarian Fellowship 709 Bluemont Cost: \$12 for books

Reevaluation counseling teaches people of all ages education and experience to help each other free themselves from distress. Two take turns as counselor and client. Goal is a healing or emotional discharge followed by reevaluation. Call for preliminary meeting Monday or Friday 9:00ar -noon,537-8941

### self

### ASSERTIVE TRAINING

Margaret Nordin Thurs, 7:00pm 532-6432 First Meeting: Oct 31 Length of course: Oct 31-Nov21 Limit: 14

Are you one of those persons who hesitates to express yourself and then is irritated later that you did not open up and speak out. Assertive training is designed to help you stand up for your own rights and yet not infringe upon the rights of others or become aggresessive. It helps you become a much more efficient effective person. A group will start Oct 31 to try and learn the principles and practices of assertive training.

### OLDER STUDENTS ON CAMPUS (OSOC)

Uteva Powers
776-5832 Fridays, 11:30am-1:20pm
First meeting: Sept. 27
Location: Union, State room 3

Do you feel "older" than other students? Well, you are not alone. There are lots of us - in late 20's, 30's, 40's and on up. Let's get together for a weekly luncheon, and share with one another some of the fears, joys, frustrations, that are part of being an "older student." Vets are particuraly welcome. (Uteva is an older student who strongly feels the need for such a group.)

### GESTALT MARRIED COUPLES MARATHON

Dr. Shel Edelman

Ms. Charlotte Edelman Tues, 7:30pm 539-2624 First Meeting: Oct 2 Location: UFM 615 Fairchild Tce.

This group will be based on the Gestalt psychology techniques. The topics for discussion related to the marriage relationship will be decided by the group. The first meeting we'll be dealing with directions we want to go in and when to hold the marathon. The marathon comes next and then a wrap-up meeting to discuss our feelings. (Shel and Charlotte, have both lead many such groups before.)

### GESTALT SINGLES MARATHON

Shel and Charlotte Edelman 539-2624

i39-2624 Mon 7:30 pm
First meeting: Oct 7
Length of course: 3 times

Location: UFM library 615 Fairchild Tce.

Based on the same format and principles as the group above, this group for singles will discuss interpersonal communications and relations.

### YOUNG MOTHERS GROUP

Family Resource Center 611 Poyntz 776-6566

Group for mothers of infants from newborn to one year old. Informal discussion on growth and development, and related information on parentood. Interested persons please call Ginny at the Family Resource Center.

### GAY COUNSELING

Keith 537-8395

A group of gay men and women are working together to develop a counseling service for gay people. We will be participating in a training program together to develop paraprofessional abilities. If you are interested in learning about what we are doing or would like to work with us, call Keith.

### PAIRING

Evie Gauther Wed, 7:30-9:30
537-8208 First meeting: Oct 2
Jerry Eads Length of course: 7 weeks
537-8208 Location: First
Congregational Church

The purpose of this group is to explore attitudes and learn skills which better allow men and women to form authentic intimate relationships. We will use structured exercises. roleplaying, and open discussion. Topics to be covered include: the courting, ethic, reaching out, rejection, sex, conflict, and breaking up. The course is based on the book Pairing by Bach and Deutsch. This group is not appropriate for couples.

### DROP IN BEFORE YOU DROP OUT

Caroline Peine

532-6432 Location: Holtz Hall (103)

Thinking of dropping out of school? I'd really like to talk with you before you do, so I can understand why you feel the need to and we can explore alternatives.

### SENSITIVITY GROUP

Paul McKenna Wed, 7pm
Bruce Wilson First Meeting: Oct 2
537-8073 Limit: 10

This 8 week group experience is designed to increase self-awareness and improve communication skills. The group will incorporate exercises involving guided imagery, body language, sensory awareness, and effective communication. The group will be conducted by Paul McKenna and Bruce Wilson, graduate students in guidance and counseling.

### SINGLE AGAIN

Caroline Peine 532-6432 539-2562

If you have been widowed or divorced and need a listening ear-call and/or come over to Holtz Hall, room 103 or 505 Oakdale Drive.

### MARRIAGE SEMINAR

John Graham 537-0518

Sundays, 4:00

First meeting: Nov. 10 Location: 1st Presbyterian Church

For those planning marriage, an afternoon and evening seminar, with clergymen, counsellors, bankers, doctors, & lawyers. A seminar designed to assist couples as they face the future as hubband and wife. (John is the 1st Presbyterian pastor).

### COUPLES CO-OPERATIVE

David Fly 537-0593 Teresa Hayder

Teresa Hayden Wed, 7:30pm 539-5630 First Meeting: Oct 2 Location: Unitarian Universalist

i: Unitarian Universalist Fellowship, 709 Bluemont

The purpose of this group is to enable couples to increase open and honest communication. The group will hopefully provide a co-operative setting in which relationships can be explored and strengthened. Although this group will explore such issues as conflict and problem solving, it is not meant to be a therapy group. Couples only. (Couples need not be married.)



# THE SCIENCE OF CREATIVE INTELLIGENCE AND TRANSCENDENTAL MEDITATION

Ann Foncannon Mon, 7:30pm 539-3405 First Meeting: Sept 30 Location: 1605 Humboldt Length of Course: one time

This will be a special presentation on the Science of Creative Intelligence (SCI) and Transcendental Meditation(TM) We will investigate the creative process and analyse the nature, origin, range, growth and application of SCI in its various forms and phenomena. TM, a technique which has been formed to increase creativity while reducing tension will be examined. (The class will not include instruction.) Ann is recently returned from a six month training program in Europe.

### MEDITATION WORKSHOP

Warren Rempel Sat, 9am-6pm
539-4281 First meeting: Oct 26
Location: UMHE 1021 Denison
Limit: 20
A day-long workshop on meditation reflection techniques and resources.
Varying modes of meditation, audio and
visual resources for meditation freefloating and non-traditional modes, related to the inward growth and aware-

### EDUCATION OF THE SELF

Peter A. D. Sherrard, EdD.
532-6432 Thurs, 3:30-5pm
First meeting: Sept 26
Location: Holtz 111

The course will utilize the "laboratory approach" to facilitate each participant's exploration of the issues of identity, connectedness and power. Exercises, techniques, and procedures will be offered in order to give participants a structured and productive experience in working with emotions and behaviors which are of concern to them. Required: A journal of participant experiences.

### ACUPUNCTURE

Dr. Dave Chen 532-5666

First meeting: Oct. 8

Length of course: 1 time
Location: Vet. Med. Bldg., rm 201

(Denison Ave).

Limit: 50

Dr. Chen is a physiologist at the Vetinary Med. Center at KSU. He would like to exchange his knowledge about the many facets of acupuncture through discussion, a film, slides and literature.

# SELF

### INTRODUCTION TO BIOFEEDBACK

Dr. Dave Danskin
532-6432
Tim Lowenstein
532-6432
Thurs, 7:30pm
Only Meeting: Sept 26
Location: Union213

A means for exploring the realms of human potential, for gaining awareness and for developing voluntary self-control. An explanation of the instruments used. Information concerning recent developments in the field of biofeedback and a outline of the biofeedbackback training program as offered at K-State which is the only one of it's kind in the nation. Dr. Danskin and Tim have been developing the biofeedback training program for several years. Both are active members of the Biofeedback Research Society.

### SELF DEFENSE FOR WOMEN

ness of persons.

Jim Rund Tues., 7:00pm 539-6329 First meeting: Oct. 1 Location: Douglas Center basement 900 Yuma

Self Defense techniques from Martial arts of Karate, Kung Fu, and Aikido will be taught. Weapons consist of hands and feet. Hat pins, keys, and lighted cigarette techniques will not be taught. Emphasis will be on area of conrtolling others by controlling yourself. No previous experience in Martial arts is necessary. Wear clothing which is loose and/or old. Jim has studied three different forms of Karate under Kung Fu master and Aikido master.

### WOMEN'S COALITION

Now is the time for all good women to come to the aid of their sisters. To actively work towards better understanding of the needs and concerns of KSU women through these four action areas:

- 1.) Communication/Responsibility Promotes communication and cooperation between existing women's organizations and the women's coalition. Identifying organizations to interest groups and to humanity. Contact Debi Allman, 537-2009 or Mary Allen, 539-2381.
- 2.) Legislation and Representation Adequate and adamant representation in SGA and all forms of university governance. Initiate and monitor campus, state and national legislation. Contact Lynda Russell or Debra Schultz 537-2009 or Kristin Clark, 537-8825.
- 3.) Search and Destroy
  Elimination of sexism in classrooms,
  publications, counseling and in the
  hearts of millions! Contact Paulette
  Johnson, 539-3312

4.) MS. BIZ
What everywoman needs to know to survive
after graduation. Information, counseling, and programs on career choices
and job opportunities. Contact Jan
Garton, 776-5641 or Juanita Briggs
Ft. Riley, 239-9122.

General Coalition meetings will be held the first Tuesday of every month, at the Union Beginning October 1.

September 26: "54 plus 1." A political reception. 6:00pm, Union.

# WOMEN

# NATIONAL ORGANIZATION FOR WOMEN (NOW) Manhattan Chapter

Pat Trautman, President 776-6712 Location: to be determined

NOW is open to both men and women. It is a feminist organization interested in problems concerning men and women caused by women's everchanging choice of role in society, specifically in Manhattan.

### SELF HEALTH CARE Candace Bogart 539-3511 (103) Sue Sandmeyer 539-8304

Women have long been denied proper medical attnetion. We have not learned enough about our bodies and often what we have been taught is vague or mythical. We need to know the facts about how our bodies work, to help us become more familiar with ourselves and to learn the language of the medical people to make the medical profession seem less mysterious and frightening. This is not a course as of yet . . . . what we're wanting to do is begin a health care clinic - run by and for women. At this moment, we are trying to form an interest group of people who would be interested in getting the clinic under way. Please sign at registration and you'll be contacted as to a time when we will all meet to find a direction.

### KSU DAMES

Carol Thayer 776-5209

Student wives and married women students get together once a month to discuss common interests, and participate in a variety of programs to broaden horizons and provide a night out with congenial company. They meet every first Wednesday usually in the Big 8 room of the KSU Union at 7:30pm. Child care is provided during meetings at the First Lutheran Church nursery.

### RAPE PREVENTION

Caroline Peine 532-6432

Manhattan isn't the scariest place in the country as far as rape is concerned and we hope it stays that way. We are preparing programming utilizing films and discussion leaders to help groups and individuals become more aware of preventive possibilities. Persons in terested in working with us or asking our assistance should call Caroline Peine at 532-6432.

### WOMEN'S SELF DEFENSE

Clifford Conrad

776-8039

Tues, 7:30pm First meeting: Oct 1 Limit: 25

Location: sign up at registration and you'll be notified

Women's self defense and beginning Karate. People who want to learn and STICK WITH IT, are encouraged to join.

### CONSCIOUSNESS RAISING

Debi Allman Thursdays, 7:00m
537-2009 First meeting: Sept. 26
Location: 1101 Denison
Length of course: indefinite

Your changing self in a changing world ...want to talk? Topics can be whatever is on your mind. It takes a long time to know yourself but the answer is worth the search (and you gotta start somewhere)! Debi is deeply involved in the women's movement on campus.

### WOMEN'S LUNCHEON

Margaret Nordin Wednesdays, 11:45-1:30 532-6432 Limit: 30

An ad hoc group of women interested in meeting one another and interested in discussing what women at KSU are doing-will meet for lunch Wednesday noons in State Room #3 of the Union. First and third Wednesdays will feature informal gatherings; on the second and fourth Wednesdays special topics will be highlighted. Pick and choose your time, or come very Wednesday.

### SISTERHOOD IS POWERFUL

Debbie Schultz 537-2009 Linda Russell 537-2009

Thursdays, 6:00 First meeting: Oct 3 Location: UFM house 615 Fairchild Terr.

They used to say, The hand that rocks the cradle rules the world." Women in a bid for self fulfillment, were influential, inconspicuously whispering their turned-inward ambitions into the ears of their sons and husbands. Today, however, that thwarted ambition has, among other ways, turned to writing books, essays, poetry, etc. This course is an opportunity to share with other women your ideas and feelings about specific womens literature that will be covered in the course. Included is a potluck dinner-we'll share in food and thought. Bring a dish Thursday night.

### TITLE IX

Margaret Nordin

532-6432

First meeting: Oct. 16 Location: KSU Union

The guidelines to Title IX are soon to be published in final form. What are they? What do they mean to KSU staff and students?

October 16: Dorothy Thompson Margaret Nordin

Earl Nolting

These people will discuss the guidelines in Room K, Union, 7:30

October 22: Mary Allen IAWS president will discuss the implications for college women and existing women's organizations. Union, rm. 205 B & C, 7:30

### AUTO COMMUNICATIONS FOR WOMEN

Norman Peck Thursdays, 7:3 537-9883 First Meeting: Sept 2 Steve Stewart Ackert Hall, Rm 10 539-5373 Limit: 2

Do you know how to come to terms wi your car? You should, since almos everyone either finds or may find : necessary to own one. We are here try to help you avoid really big repa bills with preventive maintenance and a little understanding of and talking to your car. How to avoid gettingri ped off with big bills; how to talk mechanics about your car - how to buy We will have some field tri planned. Come and talk with us abo what you want to know. Norm and Stev have taught this popular course for t several times before.

# 

BAHA'I

Mary Hoffman 539-6758

Tues., 8:00pm First meeting: Sept. 24 Length of course: continuous Location: 1821 Colorado

This class teaches a new, fast growing religion. Doctrines including that the major religions have all had their messiahs but all have the same This includes Buddha, Zoroater, Krishna, Christ, Mohammed, and the latest, Baha u 11a'h.

### READINGS IN THEOLOGY

Charles B. Bennett

Tues., 7:45pm 776-8821 Length of course: continuous Location: 612 Poyntz 1st Methodist Church Limit: 12

The major areas of theology will be investigated. Books used for the most part, will be available from the church library. (Rev. Charles Bennett is the pastor of the First Methodist Church).

### BETWEEN SCIENCE & RELIGION

J. Lackey Sun, 5:30-7:00pm539-4281 First meeting: Sept 22 T. Barklev Location: 1021 Denison 539-4281

This will be an informal presentation and discussion on Western Man's search for a determinant factor in the establishment of personal and social values. particularly the entrenchment of Christianity and the challenge by Scientific Naturalism. Special emphasis will be placed upon the biological sciences. A sandwich supper (60c donation) will be provided. (J. Lackey is a campus minister for the United Ministry of Higher Education. T. Barkley is a professor of Biology at KSU).

### ATOMIC PRAY-IN

PBC Committee Sat, 7:30pm 539-4281 First meeting: Oct 5 Length of course: 1 time Location: South of Marshall Field Exit on to I-70

A candlelight gathering south of the Marshall Field Exit to I-70, in the hope of changing a bicentennial monument to war called "Freedom Park" to a monument dedicated to keeping the Flint Hills unscathed and green, as a reminder of the peaceful contributions Kansans have made over the past 200 years. (Freedom Park calls for the re-creation of battlefields from past wars, and a 280mm atomic cannon to highlight "CANNON WALK."

### CHRISTIAN THEOLOGY AND OUR FAITH

John Graham 537-0518

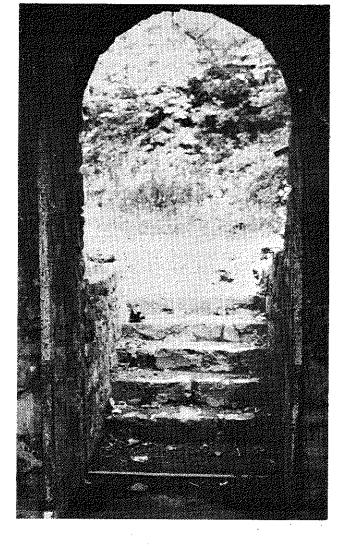
Sun, 7:00pm First Meeting: Sept 29 Location: Downstairs Lounge, First Presby' Church

On the third Sunday evening of September, October and November, an informal discussion and study on Christian Theology. Three topics will be covered. "The Centrality of Christ", "Church History", and "The Confession of Faith". This is a primer on theology-a putting together of our faith with understand-

BORN TO LOVE: TRANSACTIONAL ANALYSIS IN THE CHURCH

Bill McCutchen Wed, 7:30pm 776-8790 First meeting: Nov 6 Length of course: eight weeks Location: Available at registration

This course is a STUDY course (not an encounter or therapy group) for people involved in the church or considering being involved in the church. It will teach the basic principles of Transactional Analysis as a tool for understanding human relationships. It will also study applications of TA to life in the church. (Rev. Bill McCutchen is Associate Minister of First Christian Church and an intern in Consultant / Trainers Southwest.)



SUFI DANCING

Sat, 7:30p Melody Williams First Meeting: Sept 2 776-5460 Location: Baptist Cente 1801 Anderso

Sufism is an ancient mystical offshoo of Islam-an early Sufi use of dance i the spinning of the "whirling dervishes." We will use simpler, westernized dances, with chanting from various religious traditions as well; the goal is to focus group energy and achieve an altered awareness and devotional state. We will decide whether to continue after the original meeting

### DAILY WORD STUDY AND MEDITATION

Dorothy Leonard Sun, 11:00am 539-1971 Ongoing Connie Batson Location: 1401 Poyntz 537-7400

The purpose of this group is to work towards satisfactory relationships between God and man and between men and in the process overcome some of the difficulties which beset our daily lives. Basic material for the course is from the Unity Institute. Both Dorothy and Connie have attended the Unity Institute for Continuing Educa -

DAILY WORD METAPHYSICAL BIBLE STUDY AND MEDITATION

John Harris Thurs, 7:00pm 539-2544 First meeting: Sept 26 Location: 514 Wickham Rd

The goal of this group will be to better understanding and apply the Bible teachings in our daily lives. (John Harris has attended the Unity Institute for Continuing Education). YOGA AFTER FORTY

Bert Franklin 539-0495

Tuesdays, 5:00pm First meeting: Sept. 24 Length of course: 8 weeks Location: Newman Center, 711 Denison

Breath control, meditation and asanas (Hatha Yoga) for those who initiate yoga practice in the middle or later years. Objectives: physical and mental poise, relief from tension.

### JESUS CHRIST FOR TODAY

John Graham Tues, 12noon First Meeting: Oct 15 537-0518 Location: Downstairs Lounge, First Presby' Church

A seven week study of the Gospel according to Luke. Studying the person of Jesus Christ as seen in the Gospel, permitting a contemporary understanding of Christ, and the relevant response of Christians today. Participants may bring a sack lunch. (coffee&tea available.)

### STUDIES IN CHRISTIAN THOUGHT

Protestant/Catholic leadership offer KSU students an interesting scholarly series of studies in six major areas of Christian thought and practice.

Personal Religious Developments: Don Fallon, Lutheran Campus Minister-539-4451

Church, as Movement and Movements-Dave Fly, Episcopalian Campus Minister 537-0593

Liturgical and Worship Practices: Carmen Chirveno, Catholic volunteer worker with UMHE, 539-4281

Appreciation of our Sacred Literature: Dave Stewart, American Baptist Campus Minister, 539-3051

Systems of Christian Thought: Jim Lackey, United Ministries in Higher Education, 539-4281

Christian Approaches to Ethics: Warren Rempel, United Ministries in Higher Education, 539-4281.

Sessions start: September 12, Thursday evenings, 7-9:30. Sessions held at St. Isidore Catholic Center, 711 Denison - for further information, call any of the above persons. Unlimited persons. No fee. ORGANIZER: Jim Lackey 539-4281 All of the people mentioned above have been involved in Campus Ministry for several years.

### HATHA YOGA

Bert Franklin
539-0495 Thursdays, 5:00
First meeting: Sept. 26
Location: Catholic Center, 711 Denison
Limit: 8

Training and practice in the approach to self-realization through the highly developed system of asanas known as Hatha Yoga as it is taught today by Professor Y. Krishnamacharya of Madras and his pupils. The course proceeds through training in breath control, asanas, yogic meditation to integral development of the body and personality towards its highest potential. Those partaking should wear light loose clothing. Bert has practiced yoga for 21 years and studied under Krishnamacharya. MEET THE MORMANS

Bill Jefferies 537-8839

Wed, 7:30pm First meeting: Oct. 2 Location: 1820 Claflin

An informal course designed to provide information to interested persons about the Church of Jesus Christ Latter Day Saints. A variety of topics will be presented by way of film and discussions such as: Family Home Evenings, Where Did You Come From, Why Are You Here, Where Are You Going, Christ in Ancient America, Does Death Really Part Families. (Bill Jefferies is the LDS Institute director for Manhattan).

### INTRODUCTION TO ISLAMIC STUDIES

Mohammad Ganjidoost 539-5994

Fridays, 8:30pm First meeting: Sept. 27 Location: Union 213

This group will discuss the essential beliefs of Islam, life of Prophet Mohamed. The Holy Quran, Islamic Cultura 1 life, and Islamic World view. Mohammad is from Teheran and is president of the local Islamic Association and has long been interested in philosophy and relgious studies.

### WOMEN AND THE CHURCH

Elaine Bagley Wed, 12noon 539-2505 First Meeting: Oct 9 Location: UMHE Center, 1021 Denison

Six studies on current issues regarding roles of women in the life of the church and the churches. Discussions of history, ordination, clergy wives, sexist religious language, etc., will be some of the topics.

### BAPTISM OF THE HOLY SPIRIT

It's Sign: Sept. 25-Oct. 2, 7:30pm
It's Fruit: Oct. 23-Oct. 30, 7:30pm
It's Gifts: (time & date listed later)

Rev. Robert Myers

539-5706

Location: 530 Osage United Pentecostal

Robert is the pastor of the United Pentecostal Church.

# LEARNING EXCHANGE

At University for Man, we are constantly endeavoring to expand our philosophy and services to as many willing participants as possible. Realizing the diverse means by which people learn, we feel there is another method of sharing skills and interests besides through classes.

Therefore, UFM, in conjunction with the University Learning Network, has developed a Learning Exchange at KSU. A Learning Exchange symbolizes a new concept in education — that people have the knowledge, skills, talent, interests and tools that make for a dynamic exchange of learning between interested people. We also feel that most people are willing to share what they know with others, thus it becomes possible for learning teaching and sharing to be enjoyable as well as enlightening.

The Learning Exchange's function is reflected in its name— a proposed exchange of interests among members of the KSU—Manhattan community. It can be used to learn or teach a skill or craft, to find a tutor, to find a discussion group or a speaker. This summer, we sent out questionaires to all the faculty and staff at KSU. The returns were numerous and encouraging— everything from acupuncture to barbed wire collecting to behavior mod.

To use the Learning Exchange, call ULN at 532-6442 & let them know what subject you want to learn, teach, or would like to speak on, or are interested in. If there is a person with a similiar interest in their files, they'll give you that person's name & phone number and contact with that person will be left up to you.

OR

Fill in the form and return to:

ULN
Holtz Hall
KSU
Manhattan, KS
66506

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refinishing, Judaism

# LEARINDRE EXCLARIS

-Share what you know with someone who wants to know it.

-Learn a new skill, art, language.

-Find someone who shares your interests.

<sup>ca11</sup> 532- 6442

University Learning Network

9a.m. - 9p.m., Monday-Friday

The LEARNING EXCHANGE is for everyone, all ages, all interests.

I would like to share what I know about	· •.
I would like to learn about	•
I would like to find others interested in	<u> </u>
Name Phone or address	

barbed wire collecting, bass fiddle, TM, French cooking, behavior mod, sewing,

prairie ecology, bicycling, silverworking

# WHAT WE DO & WHO WE ARE-

The main basis for what we do is the simple belief that in each and every community there are people who can teach and people who want to learn. With this in mind we endeavor to seek out these teachers and to develope learning situations for the pursuit of knowledge which are accessible to everyone. UFM is a medium for people to exchange all kinds of knowledge and information.

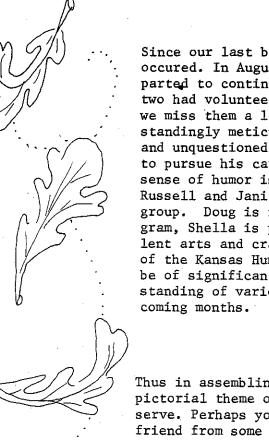
University for Man is a free university. The "free!" here refers to the process of education. Our aim is the provision of human learning and active thinkers and doers rather than establishing citadels of elitism and lonliness which are very common in other educational institutions. Education should be an adventure which involves the total environment, occuring in a community in which every individual is a participant in the decisions which influence his/her existance. The free university attempts to help an individual's selfgrowth and augment a community's services. Titles such as "dropout", "professor", "Doctor", "housewife", are left behind as we become all people wishing to learn and grow together in a spirit which will perpetuate a real sense of community.

In the pages of this brochure you will find a wide variety of offerings ranging from beekeeping to ballet. These two hundred or so events represent what University for Man is all about. We make every effort to meet the diverse needs present in the community by providing as broad a range of programs as possible and so we hope that everyone will find something of which they can be a part.

The course offerings are diverse as well as practical, innovative as well as useful, relaxing as well as stimulating. To reiterate, free u. courses reflect what people need, what they want to learn and what resources are available in the community One could think of these courses in terms of three main categories under which the ten sections fall i.e. "skills", "awareness", and academics". the only authoritative work in this field (Bring Your Own Bag - A Report On Free Universities, 1971) our good friend Jane Lichtman tells us that in the 64 existing free u's across the country, half of all the courses offered are "skills" - the goal being the achievement of a specific ability. Twenty-five percent had to do with "academics" and less than a quarter concentrated on the attainment of new personnel insights -"awareness". UFM's current offerings include 47% "skills", 33%"awareness" and 24% "academics".

Where we will be or what we will offer in another six years or indeed another six months, is at best uncertain. Our main objective, in this regard, is to try to be constantly aware of where people's interest lie, and attempt to fulfill them. Consequently a great deal of our time is spent hunting out leaders for courses people request. For example someone asked us recently for a modern dance group. After some sleuthing through the People's Resource Directory and a local group, we found a person who was glad to offer such a course - and another person who wanted to offer "Sufi" a religous dance group. Other courses and ideas come from casual conversations, reading brochures from other free u's, conferences, people who volunteer to lead something and a large number of residents who constantly support our work.

The people who put these programs together are equally diverse and varied in background. We range from a high school student to a forty-five year old community worker. We have grown up in many different states and countries.



Since our last brochure some staff changes have occured. In August Kathy Doran and Alan Norton departed to continue their studies elsewhere. These two had volunteered to work the summer with us and we miss them a lot - not only because of their outstandingly meticulous work, but also their kindness and unquestioned reliability. Art Elliot also left to pursue his career in architecture and his drole sense of humor is missed. Doug Hoseney, Shella Russell and Jani Sherrard are newcomers to the group. Doug is in charge of the high school program, Shella is primarily responsible for the excellent arts and crafts section and Jani is director of the Kansas Humanities grant project which will be of significant help in bringing greater understanding of various community issues during the

Thus in assembling this brochure we've selected a pictorial theme of UFM events and the people we serve. Perhaps you will recognize yourself or a friend from some of the photos. Thanks to George Kren and Stan Lewis for the use of part of their collections. In addition we want to say a special thank you to our good friends in the Division of Continuing Education who helped with the typing.

As we look to the year ahead we feel a sense of excitment and anticipation. We are in the process of assembling the necessary information for a community Learning Exchange. In October we will be presenting some programs at a national Free University Conference in Boulder. On November 6, we will present the Paul Winter Comsort in a live performance on the K-State campus. On Sunday November 10, we will offer a day long program covering the various aspects of the nation's number one drug problem - ALCOHOL. Also in November we will continue our work in smaller communities by doing programs in Clay Center, Abilene, and Marysville. In the early part of the spring of '75 - we plan along with several K-State and community organizations to host a national Alternatives Conference dealing with education, lifestyles, families -- and featuring several nationally known figures.

We are in the process of developing an Arts and Crafts Center at the Old Douglass School, 9th and Yuma. Thanks to our continued funding from the United Way one of our staff members will be working with educational and human service programs through the Douglass Community Center.

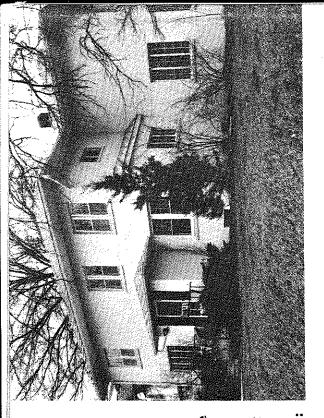
Each Wednesday, commencing September 18 at 6:30pm, UFM will be featured on Manhattan TV-2. During the coming months on our show we hope to feature a wide range of events from our brochure.



We have talked in this note about our classes, some of our ideas and ourselves. We have kept the most important point until last. In this day of soaring costs, times when a sense of skepticism and fledgling paranoia seem to be abroad in the land it is heartening to know that there are people in this community who support us like they do. We speak of the two hundred some folks who will do classes for us this fall, and the many others who in a thousand different ways - from bringing over a beer late at night as we try to put the brochure together to making financial contributions -- let us know that they believe in us and the work which is done here. Without these people University for Man would not exist and our lives would be much emptier. JK & SS

# REGISTRATION

the 23,24, Registration locations are μ classes with limregis-ន and yourοĘ below, please call 9:00am early events and partake. any September to t o accept us time between a 1 1 <u>;</u> to help which you wish to taking make and during cannot istrations for 532-5866, for any nok cannot bу locations pm. e K ask at 5. 6:00 you



23,24,25	23,24,25	24,25	24	24
September	September	September	September	September

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am-4:00	am-4:00 pm	9:00 am-4:00	am-3:30	9:00 am-9:00
9:00	00:6	9:00	11:30	9:00
K-State Union	UFM, 615 Fairchild Terr.	Douglass Center	Manhattan High School	Public Library

# 20599 STATE UNIVERS 615 FAIRCHILD TERRACE EOR RAZ MANHATTAN, KANSAS KANGAS

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